

## CURRICULUM VITAE

**Daniel Le Grange, Ph.D.**  
**Benioff UCSF Professor in Children's Health**  
**University of California, San Francisco**

*and*  
**Emeritus Professor of Psychiatry and Behavioral Neuroscience**  
**The University of Chicago**

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## APPOINTMENTS

### Academic Appointments:

- 1990-1991 **Research Worker.** Department of Child and Adolescent Psychiatry, Institute of Psychiatry, University of London, UK.
- 1991-1994 **Senior Lecturer in Psychology.** Department of Psychology & The Child Guidance Clinic, University of Cape Town, South Africa.
- 1994-1995 **Postdoctoral Fellow in Eating Disorders.** Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, CA.
- 1996-1998 **Research Assistant Professor of Psychiatry and Fellow,** Applied Behavioral Medicine Research Institute, Department of Psychiatry, State University of New York at Stony Brook, NY.
- 1998-2005 **Assistant Professor of Psychiatry.** The University of Chicago, Department of Psychiatry & Behavioral Neuroscience, Chicago, IL.
- 2005-2008 **Associate Professor of Psychiatry.** The University of Chicago, Department of Psychiatry & Behavioral Neuroscience, Chicago, IL.
- 2009-2014 **Professor of Psychiatry with Tenure.** The University of Chicago, Department of Psychiatry & Behavioral Neuroscience, Chicago, IL.
- 2014-date **Emeritus Professor of Psychiatry.** The University of Chicago, Department of Psychiatry & Behavioral Neuroscience, Chicago, IL.
- 2014-date **Distinguished Professor.** Benioff UCSF Professor in Children's Health. Departments of Psychiatry & Pediatrics. University of California, San Francisco.

### Visiting or Honorary Appointments:

- 2008      **International Visiting Fellow.** University of Sydney, Department of Psychology, Sydney, Australia (March through May).
- 2009-2015      **Professorial Fellow.** University of Melbourne, Department of Pediatrics, Melbourne, Australia.
- 2013-2014      **Presidential Chair.** University of California, San Francisco, Department of Pediatrics and Department of Psychiatry, San Francisco, CA.
- 2015      **Visiting Expert.** Ministry of Health, Government of Singapore, KK Hospital for Women and Children, Singapore (January 26 – 30, 2015).
- 2022      **BIH Visiting Professor, Stiftung Charité.** Klinik für Psychiatrie, Psychosomatik und Psychotherapie des Kindes- und Jugendalters, Charité – Universitätsmedizin, Berlin, Germany (April - September 2022).

### Clinical Appointments:

- 1990-1991      **Staff Clinical Psychologist.** Department of Children and Adolescents, Bethlem Royal and the Maudsley Hospital, London. Department Psychiatry and The Eating Disorders Unit: Bethlem Royal and the Maudsley Hospital, London, UK.
- 1991-1994      **Consultant Clinical Psychologist.** Child Guidance Clinic, University of Cape Town, Department of Psychiatry, Stellenbosch University Medical School, and Kenilworth Clinic Eating Disorders Unit, Cape Town, South Africa.
- 1994-1995      **Postdoctoral Fellow in Eating Disorders.** Behavioral Medicine Clinic, Department of Psychiatry and Behavioral Science, Stanford University School of Medicine, Stanford, CA.
- 1998-2014      **Director, Eating Disorders Program.** The University of Chicago Medical Center, Department of Psychiatry & Behavioral Neuroscience, Chicago, IL.
- 2014-date      **Director, Eating Disorders Program.** Departments of Psychiatry and Pediatrics, University of California, San Francisco, San Francisco, CA.

### ACADEMIC TRAINING

#### Undergraduate

- BA** (Psychology), University of Johannesburg, South Africa      1980  
**BA (Hons)** (Psychology), University of Johannesburg      1981

#### Graduate

- MA** (Clinical Psychology), University of Johannesburg      1983  
**PhD** (Psychology), University of London, UK      1989

#### Postdoctoral Training

- Eating Disorders, University of London, London, UK      1990-1991  
Eating Disorders, Stanford University, California, USA      1994-1995

## LICENSURE

1997	Clinical Psychologist	Illinois, # 005579
1998	Clinical Psychologist	New York, # 013380 (inactive)
2016	Clinical Psychologist	California, # PSY28110

## ACCREDITATION

2015	Clinical Psychologist	National Register of Health Service Psychologists, #54931
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## SCHOLARSHIP

### Journal Articles (Underlined = Trainees/Students)

1. Eisler, I., & **Le Grange, D.** Excessive exercise and anorexia nervosa. *International Journal of Eating Disorders*, 1990, 9, 377-386.
2. **Le Grange, D.**, Eisler, I., Dare, C., & Russell, G.F.M. Evaluation of family treatments in adolescent anorexia nervosa: A pilot study. *International Journal of Eating Disorders*, 1992, 12, 347-357.
3. **Le Grange, D.**, Eisler, I., Dare, C., & Hodes, M. Family ratings of expressed emotion in adolescent anorexia nervosa. *Journal of Family Therapy*, 1992, 14, 177-192.
4. **Le Grange, D.** Family therapy outcome in adolescent anorexia nervosa: A review. *South African Journal of Psychology*, 1993, 23, 174-179.
5. **Le Grange, D.** Exercise prescription and mental health: Recent developments. *Continuing Medical Education*, 1993, 11, 191-199.
6. **Le Grange, D.**, & Eisler, I. The link between eating disorders and excessive exercise: A review. *European Eating Disorders Review*, 1993, 1, 100-119.
7. Hodes, M., & **Le Grange, D.** Expressed Emotion in the investigation of eating disorders. *International Journal of Eating Disorders*, 1993, 13, 279-288.
8. Dare, C., **Le Grange, D.**, Eisler, I., & Rutherford, J. Redefining the psychosomatic family: The pre-treatment family process in 26 eating disorder families. *International Journal of Eating Disorders*, 1994, 16, 211-226.
9. Lewis, L., & **Le Grange, D.** The experience and impact of pregnancy in bulimia nervosa: a series of case studies. *European Eating Disorders Review*, 1994, 2, 93-105.
10. **Le Grange, D.**, Tibbs, J. & Noakes, T.D. The implications of a diagnosis of anorexia nervosa in a ballet school. *International Journal of Eating Disorders*, 1994, 15, 369-376.
11. **Le Grange, D.**, Tibbs, J., & Selibowitz, J. Eating attitudes, body shape and self-disclosure in a community sample of adolescent boys and girls. *Eating Disorders: The Journal of Treatment and Prevention*, 1995, 3, 253-264.
12. **Le Grange, D.** Psychological treatment in eating disorders. *Continuing Medical Education*, 1995, 13, 491-498.

13. **Evans, J., & Le Grange, D.** Body size and parenting in eating disorders. A comparative study of the attitudes of mothers towards their children. *International Journal of Eating Disorders*, 1995, 18, 39-48.
14. **Le Grange, D.** Family therapy for adolescents with anorexia nervosa. *Revista Argentina de Clinica Psicologica*, 1995, iv (2), 115-125.
15. **Le Grange, D.** Cross-cultural issues in eating disorders. *Clinical Psychology Forum*, 1996, 92, 9-23.
16. Eisler, I., Dare, C., Russell, G.F.M., Sz mukler, G.I., **Le Grange, D.**, & Dodge, E. Family and individual therapy in anorexia nervosa: A five-year follow-up. *Archives of General Psychiatry*, 1997, 54, 1025-1030.
17. **Le Grange, D.**, Telch, C.F., & Agras, W.S. Eating and general psychopathology in a sample of Caucasian and ethnic minority subjects. *International Journal of Eating Disorders*, 1997, 21, 285-293.
18. **Le Grange, D.**, Telch, C.F., & Tibbs, J. Eating attitudes and behaviors in 1435 South African Caucasian and non-Caucasian college students. *American Journal of Psychiatry*, 1998, 155, 250-254.
19. **Le Grange, D.**, Stone, A.A., & Brownell, K.D. Eating disturbances in white and minority female dieters. *International Journal of Eating Disorders*, 1998, 24, 395-403.
20. **Le Grange, D.**, & Gelman, T. The patient's perspective of treatment in eating disorders: A preliminary study. *South African Journal of Psychology*, 1998, 28, 182-186.
21. Szabo, C., Goldin, J., & **Le Grange, D.** Application of the family relations scale to a sample of anorexics, bulimics, and non-psychiatric controls: A preliminary study. *European Eating Disorders Review*, 1999, 7, 37-46.
22. **Le Grange, D.** Family therapy for adolescent anorexia nervosa. *Journal of Clinical Psychology*, 1999, 5, 727-740.
23. Wassenaar, D., **Le Grange, D.**, Winship, J., & Lachenicht, L. The prevalence of eating disorder pathology in a cross-ethnic population of female students in South Africa. *European Eating Disorders Review*, 2000, 8, 225-236.
24. Eisler, I., Dare, C., Hodes, M., Russell, G.F.M., Dodge, E., & **Le Grange, D.** Family therapy for adolescent anorexia nervosa: The results of a controlled comparison of two family interventions. *Journal of Child Psychology and Psychiatry*, 2000, 41, 727-736.
25. Dymek, M., **Le Grange, D.**, Nevan, K., & Alverdy, J. Psychosocial changes in morbidly obese patients before and after Roux-Y gastric bypass surgery. *Obesity Surgery*, 2001, 11, 32-39.
26. **Le Grange, D.**, Gorin, A., Catley, D., Stone, A.A. Does momentary assessment detect binge eating in overweight women that is denied at interview? *European Eating Disorders Review*, 2001, 9, 309-324.

27. Lock, J., & **Le Grange, D.** Can family-based treatment of anorexia nervosa be manualized? *The Journal of Psychotherapy Practice and Research*, 2001, 10, 253-261.
28. **Le Grange, D.**, & Dymek, M. From prevention to treatment in eating disorders. *Contemporary Psychology*, 2001, 46, 134-138.
29. Dymek, M., & **Le Grange, D.** Anorexia nervosa with comorbid psychosis and borderline mental retardation. *International Journal of Eating Disorders*, 2002, 31, 478-482.
30. **Le Grange, D.**, Gorin, A., Dymek, M., & Stone, A.A. Does intensive momentary assessment improve cognitive behavioral therapy for binge eating disorders: A pilot study. *European Eating Disorders Review*, 2002, 10, 316-328.
31. Dymek, M., **Le Grange, D.**, Nevan, K., & Alverdy, J. Quality of life after Gastric Bypass Surgery: A cross sectional study. *Obesity Research*, 2002, 10, 1135-1142.
32. **Le Grange, D.**, & Lock, J. Bulimia nervosa in adolescents: Treatment, eating pathology, and Comorbidity. *South African Psychiatry Review*, 2002, 5, 19-22.
33. Nevan, K., Dymek, M., **Le Grange, D.**, Maasdam, H., Boogerd, A.C., & Alverdy, J. The effects of Roux-en-Y gastric bypass surgery on body image. *Obesity Surgery*, 2002, 12, 265-269.
34. Johnsen, L.P., Gorin, A., Stone, A.A., & **Le Grange, D.** Characteristics of binge eating among women in the community seeking weight loss treatment. *Eating Behaviors. An International Journal*, 2003, 3, 295-305.
35. Gorin, A., **Le Grange, D.**, & Stone, A.A. Effectiveness of spouse involvement in cognitive behavioral treatment for binge eating disorder. *International Journal of Eating Disorders*, 2003, 33, 421-433.
36. **Le Grange, D.**, & Schwartz, S. Family therapy for identical twins with anorexia nervosa: Case report. *Eating and Weight Disorders*, 2003, 8, 84-87.
37. **Le Grange, D.**, Lock, J., & Dymek, M. Family-based therapy for adolescents with bulimia nervosa. *American Journal of Psychotherapy*, 2003, 57, 237-251.
38. Johnsen, L., Dymek, M., Alverdy, J., & **Le Grange, D.** Cross-cultural differences in morbidly obese females. *Obesity Research*, 2003, 11, 1002-1009.
39. Agras, W.S., Brandt, H., Bulik, C., Dolan-Sewell, R., Fairburn, C.G., Halmi, K.A., Herzog, D., Jimerson, D., Kaplan, A., Kaye, W., **Le Grange, D.**, Lock, J., Mitchell, J., Rudorfer, M., Street, L., Striegel-Moore, R., Vitousek, K., Walsh, B.T., Wilfley, D. Report of the National Institutes of Health Workshop on Overcoming Barriers to Treatment Research in Anorexia Nervosa. *International Journal of Eating Disorders*, 2004, 35, 509-521.
40. **Le Grange, D.**, Loeb, K., Van Orman, S., & Jellar, C. Adolescent bulimia nervosa: A Disorder in Evolution? *Archives of Pediatrics and Adolescent Medicine*, 2004, 158, 478-482.

41. Green, A., Dymek-Valentine, M., Pytluk, S., Le Grange, D., & Alverdy, J. Psychosocial outcomes in gastric bypass surgery for patients with and without binge eating. *Obesity Surgery*, 2004, 14, 975-985.
42. **Le Grange, D.** Family-based treatment for adolescent anorexia nervosa: A promising approach? *Clinical Psychologist*, 2004, 8, 56-63.
43. **Le Grange, D., Louw, J., Breen, A., & Katzman, M.** The meaning of 'self-starvation' in impoverished Black adolescents in South Africa. *Culture, Medicine and Psychiatry*, 2004, 28, 439-461.
44. Binford, R., Le Grange, D., & Jellar, C. Eating Disorder Examination versus Eating Disorder Examination-Questionnaire in adolescents with full and partial-syndrome bulimia nervosa and anorexia nervosa. *International Journal of Eating Disorders*, 2005, 37, 44-49.
45. **Le Grange, D., Binford, R., & Loeb, K.** Manualized family-based treatment for anorexia nervosa: A case series. *Journal of the American Academy of Child and Adolescent Psychiatry*, 2005, 44, 41-46.
46. **Le Grange, D., & Lock, J.** The dearth of psychological treatment studies for anorexia nervosa. *International Journal of Eating Disorders*, 2005, 37, 79-91.
47. Lock, J., & Le Grange, D. Family-based treatment for eating disorders. *International Journal of Eating Disorders*, 2005, 37, S64-67.
48. Wonderlich, S., Crosby, R., Joiner, T., Peterson, C., Bardone-Cone, A., Klein, M., Crow, S., Mitchell, J., Le Grange, D., Steiger, H., Kolden, G., Johnson, F., & Vrshek, S. Personality subtyping and bulimia nervosa: Psychopathological and Genetic Correlates. *Psychosomatic Medicine*, 2005, 35, 649-657.
49. Binford, R., & Le Grange, D. Adolescents with Bulimia Nervosa and Eating Disorder Not Otherwise Specified. *International Journal of Eating Disorders*, 2005, 38, 157-161.
50. **Le Grange, D.** The Maudsley family-based treatment for adolescent anorexia nervosa. *World Psychiatry*, 2005, 4, 142-146.
51. Engel, S.G., Corneliussen, S.J., Wonderlich, S.A., Crosby, R.D., Le Grange, D., Crow, S., Klein, M., Bardone-Cone, A., Peterson, C., Joiner, T., Mitchell, J.E., & Steiger, H. Impulsivity and compulsivity in bulimia nervosa. *International Journal of Eating Disorders*, 2005, 38, 244-251.
52. **Le Grange, D., & Schmidt, U.** The treatment of adolescents with bulimia nervosa. *Journal of Mental Health*, 2005, 14, 587-597.
53. Dennis, K., Le Grange, D., & Bremer, J. Case report of Olanzapine use in adolescent anorexia nervosa. *Eating and Weight Disorders*, 2006, 11, e53-e56.

54. **Le Grange, D., Binford, R., Peterson, C., Crow, S., Crosby, R., Klein, M., Bardone-Cone, A., Joiner, T., Mitchell, J., & Wonderlich, S.** DSM-IV Threshold versus Sub-Threshold Bulimia Nervosa. *International Journal of Eating Disorders*, 2006, 39, 462-467.
55. Bocchieri-Ricciardi, L., Chen, E.Y., Munoz, D., Fisher, S., Dymek-Valentine, M., Alverdy, J.C., Le Grange, D. An investigation of presurgical binge eating status: Effect on eating behavior and weight outcome in gastric bypass patients. *Obesity Surgery*, 2006, 16, 1198-1204.
56. Hewell, K., Hoste, R., & Le Grange, D. Recruitment for an adolescent bulimia nervosa Treatment Study. *International Journal of Eating Disorders*, 2006, 39, 594-597.
57. **Le Grange, D., Louw, J., Russell, B. Nel, T., & Silkstone, C.** Eating Attitudes and Behaviors in South African Adolescents and Young Adults. *Transcultural Psychiatry*, 2006, 43, 401-417.
58. **Le Grange, D.** How enthusiastic should we be about family-based treatment for adolescent anorexia nervosa? *European Eating Disorders Review*, 2006, 14, 373-375.
59. Lock, J., Le Grange, D., Forsberg, S., & Hewell, K. Is Family Therapy Effective for Children with Anorexia Nervosa? *Journal of the American Academy of Child and Adolescent Psychiatry*, 2006, 45, 1323-1238.
60. Celio Doyle, A., Le Grange, D., Goldschmidt, A., & Wilfley, D.E. Psychosocial and physical impairment in overweight adolescents at high-risk for eating disorders, *Obesity*, 2007, 15, 145-154.
61. **Le Grange, D., & Loeb, K.L.** Early Identification and Treatment of Eating Disorders: Prodrome to Syndrome, *Early Intervention in Psychiatry*, 2007, 1, 27-39.
62. Hoste, R., Hewell, K., & Le Grange, D. Family interaction among white and ethnic minority adolescents with bulimia nervosa and their parents. *European Eating Disorder Review*, 2007, 15, 152-158.
63. Peterson, C. Crosby, R., Wonderlich, S., Joiner, T., Crow, S., Mitchell, J., Bardone-Cone, A., Klein, M., & Le Grange, D. Psychometric Properties of the Eating Disorder Examination-Questionnaire: Factor Structure and Internal Consistency, *International Journal of Eating Disorders*, 2007, 40, 386-389.
64. Loeb, K.L., Walsh, B.T., Lock, J., Le Grange, D., Jones, J., Marcus, S., Weaver, J., Dobrow, I. Open Trial of Family-Based Treatment for Adolescent Anorexia Nervosa: Evidence of Successful Dissemination. *Journal of the American Academy of Child and Adolescent Psychiatry*, 2007, 46, 792-800.
65. Munoz, D., Chen, E., Fischer, S., Roehrig, M., Alverdy, J., Dymek-Valentine, M., & Le Grange, D. Considerations for the use of the Beck Depression Inventory in the Assessment of Weight-Loss Surgery Seeking Patients. *Obesity Surgery*, 2007, 17, 1097-1101.

66. Chen, E, Bocchieri-Ricciardi, L., Munoz, D., Fischer, S., Katterman, S., Roehrig, M., Dymek-Valentine, M., Alverdy, J., & **Le Grange, D.** Depressed mood in Class III obesity predicted by weight-related stigma. *Obesity Surgery*, 2007, 17, 669-671.
67. **Le Grange, D.**, Crosby, R.D., Rathouz, P.J., & Leventhal, B.L. A randomized controlled comparison of family-based treatment and supportive psychotherapy for adolescent bulimia nervosa. *Archives of General Psychiatry*, 2007, 64, 1049-1056.
68. Fischer, S., Chen, E., Katterman, S., Roehrig, M., Bochierrri-Ricciardi, L., Munoz, D., Dymek-Valentine, M., Alverdy, J., & **Le Grange, D.** Emotional Eating in a Morbidly Obese Bariatric Surgery Seeking Population. *Obesity Surgery*, 2007, 17, 778-784.
69. Hoste, R., Zaitsoff, S., Hewell, K., & **Le Grange, D.** What can dropouts teach us about retention in eating disorder treatment studies? *International Journal of Eating Disorders*, 2007, 40, 668-671.
70. Mitchell, J.E., Crosby, R.D., Wonderlich, S.A., Hill, L., **Le Grange, D.**, Powers, P., & Eddy, K. Latent Profile Analysis of a Cohort of Patients with Eating Disorders Not Otherwise Specified. *International Journal of Eating Disorders*, 2007, 40, S95-98.
71. Workgroup for Classification of Eating Disorders in Children and Adolescents (WCEDCA). Bravender T, Bryant-Waugh R, Herzog D, Katzman D, Kreipe RD, Lask B, **Le Grange D**, Lock J, Loeb K, Madden S, Nicholls D, O'Toole J, Pinhas L, Rome E, Sokol-Burger M, Wallen U, Zucker N. Classification of Child and Adolescent Eating Disturbances. *International Journal of Eating Disorders*, 2007, 40, S117-122.
72. Munoz, D., Lal, M., Chen, E., Bocchieri- Ricciardi, L., Fischer, S., Roehrig, M., Sanchez-Johnsen, L., Dymek-Valenitine, M., Alverdy J., & **Le Grange, D.** Why Patients Seek Bariatric Surgery: A Qualitative and Quantitative Analysis of Patient Motivation. *Obesity Surgery*, 2007, 17, 1487-1491.
73. Fischer, S., & **Le Grange, D.** Co-morbidity and High-Risk Behaviors in Treatment Seeking Adolescents with Bulimia Nervosa. *International Journal of Eating Disorders*, 2007, 40, 751-753.
74. Chen E., & **Le Grange, D.** Subtyping adolescents with bulimia nervosa into "dietary-depressive" and "depressive" subtypes. *Behavior Research and Therapy*, 2007, 45, 2813-2820.
75. **Le Grange, D.**, & Lock, J. New and emerging treatment options for adolescent bulimia nervosa. *Therapy*, 2007, 4, 841-849.
76. Eddy, K., Celio-Doyle, A., Hoste, R., Herzog, D., **Le Grange, D.** Eating disorder not otherwise specified (EDNOS): An examination of EDNOS presentations in adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*, 2008, 47, 156-164.
77. Maguire, S., **Le Grange, D.**, Surgenor, L., Marks, P., Lacey, H., & Touyz, S. Staging Anorexia Nervosa: Conceptualizing Illness Severity. *Early Intervention in Psychiatry*, 2008, 2, 3-10.



78. **Le Grange, D.**, Crosby, R., & Lock, J. Predictors and moderators of outcome in family-based treatment for adolescent bulimia nervosa. *Journal of the American Academy of Child and Adolescent Psychiatry*, 2008, 47, 464-470.
79. Bardone-Cone, A.M., Joiner, T.E., Crosby, R.D., Crow, S.J., Klein, M.H., **Le Grange, D.**, Mitchell, J.E., Peterson, C.B., & Wonderlich, S.A. Examining a psychosocial interactive model of binge eating and vomiting in women with bulimia nervosa and subthreshold bulimia nervosa. *Behavior Research and Therapy*, 2008, 46, 887-894.
80. Lock, J., **Le Grange, D.**, & Crosby, R. Exploring possible mechanisms of change in family-based treatment for adolescent bulimia nervosa. *Journal of Family Therapy*, 2008, 30, 260-271.
81. Zaitsoff, S., Celio-Doyle, A., Hoste, R., & **Le Grange, D.** Therapeutic alliance and treatment acceptability with adolescents with bulimia nervosa: A comparison between individual and family based treatments. *International Journal of Eating Disorders*, 2008, 41, 390-398.
82. Hoste, R., & **Le Grange, D.** Expressed emotion among white and ethnic minority families of adolescents with bulimia nervosa. *European Eating Disorders Review*, 2008, 16, 395-400.
83. Bardone-Cone, A., Maldonado, C., Crosby, R., Mitchell, J., Wonderlich, S., Joiner, T., Crow, S., Peterson, C., Klein, M., **Le Grange, D.** Revisiting differences in individuals with bulimia nervosa with and without a history of anorexia nervosa: Eating pathology, personality, and maltreatment. *International Journal of Eating Disorders*, 2008, 41. 697-704.
84. **Le Grange, D.**, Doyle, P., Crosby, R., & Chen E. Early response to treatment in adolescent bulimia nervosa. *International Journal of Eating Disorders*, 2008, 41, 755-757.
85. **Le Grange, D.**, & Eisler, I. Family interventions in adolescent anorexia nervosa. *Child and Adolescent Psychiatric Clinics of North America*, 2009, 18, 159-173.
86. Eddy, K.T., Crosby, R.D., Keel, P.K., Wonderlich, S.A., **Le Grange, D.**, Hill, L., Powers, P., & Mitchell, J.E. Application of latent profile analysis to empirically identify eating disorder phenotypes in a clinical sample. *Journal of Nervous and Mental Disease*, 2009, 197, 41-49.
87. Celio Doyle, A., McLean, C., Washington, B.N., Rienecke Hoste, R., & **Le Grange, D.** Are single-parent families different from two-parent families in the treatment of adolescent bulimia nervosa using family-based treatment? *International Journal of Eating Disorders*, 2009, 42, 153-157.
88. Anestis, M., Peterson, C., Bardone-Cone, A., Klein, M., Mitchell, J., Crosby, R., Wonderlich, S., Crow, S., **Le Grange, D.**, & Joiner, T. Affective lability and impulsivity in a clinical sample of women with bulimia nervosa: The role of affect in severely dysregulated behavior. *International Journal of Eating Disorders*, 2009, 42, 259-266.

89. Chen, E.Y., Roehrig M., Herbozo, S., McCloskey, M.S., Roehrig, J., Cummings, H., Alverdy, J., **Le Grange, D.** Compensatory Eating Disorder Behavior and Gastric Bypass Outcome. *International Journal of Eating Disorders*, 2009, 42, 363-366.
90. Burd, C., Mitchell, J., Crosby, R., Engel, S., Wonderlich, S., Lystad, C., **Le Grange, D.**, Peterson, C., & Crow, S. An assessment of daily food intake in anorexia nervosa subjects in the natural environment. *International Journal of Eating Disorders*, 2009, 42, 371-374.
91. Loeb, K., & **Le Grange, D.** Family-Based Treatment for Adolescent Eating Disorders: Current Status, New Applications, and Future Directions. *International Journal of Child and Adolescent Health*, 2009, 2, 243-254.
92. Chen, E., McCloskey, M., Doyle, P., Roehrig, J., Berona, J., Alverdy, J., & **Le Grange, D.** Body mass index as a predictor of one-year outcome in gastric bypass surgery. *Obesity Surgery*, 2009, 19, 1240-1242.
93. Marino, J., Ertelt, T., Wonderlich, S., Crosby, R., Lancaster, K., Mitchell, J., Fischer, S., Doyle, P., **Le Grange, D.**, Peterson, C., & Crow, S. Caffeine, artificial sweetener, and fluid Intake in anorexia nervosa. *International Journal of Eating Disorders*, 2009, 42, 540-545.
94. Doyle, P., **Le Grange, D.**, Celio-Doyle, A., Loeb, K., & Crosby, R. Early response to family-based treatment for adolescent anorexia nervosa. *International Journal of Eating Disorders*, 2010, 43, 659-662.
95. **Le Grange, D.**, Lock, J., Loeb, K., & Nicholls, D. An Academy for Eating Disorders Position Paper. The role of the family in eating disorders. *International Journal of Eating Disorders*, 2010, 43, 1-5.
96. Fitzpatrick, K., Moye, A., Hoste, R., Lock, J., & **Le Grange, D.** Adolescent-focused psychotherapy for adolescents with anorexia nervosa. *Journal of Contemporary Psychotherapy*, 2010, 40, 31-39.
97. Eddy, K., **Le Grange, D.**, Crosby, R., Hoste, R., Celio-Doyle, A., Smyth, A., & Herzog, D. Diagnostic classification of eating disorders in children and adolescents: How does DSM-IV-TR compare to empirically-derived categories? *Journal of the American Academy of Child and Adolescent Psychiatry*, 2010, 49, 277-287.
98. Workgroup for Classification of Eating Disorders in Children and Adolescents (WCEDCA). Bravender T, Bryant-Waugh R, Herzog D, Katzman D, Kreipe RD, Lask B, **Le Grange D**, Lock J, Loeb K, Madden S, Nicholls D, O'Toole J, Pinhas L, Rome E, Sokol-Burger M, Wallen U, Zucker N. Classification of eating disturbance in children and adolescents: Proposed changes for the DSM-V. *European Eating Disorders Review*, 2010, 18, 79-89.
99. Steffen, K., Mitchell, J., **Le Grange, D.**, Crow, S., Attia, E., Bulik, C., Bermudez, O., Erickson, A., Crosby, R., & Bansal-Dev, V. A Prevalence Study and Description of alli(r) Use by Patients with Eating Disorders. *International Journal of Eating Disorders*, 2010, 43, 472-479.

100. **Le Grange, D.** Family-based treatment for adolescent bulimia nervosa. *Australian and New Zealand Journal of Family Therapy*, 2010, 31, 165-175.
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123. Sanchez-Johnsen, L., Bolanos, L., Bastian, E., Reina, R., Delgado, J., Xie, H., Ortega, K., Elli, F., **Le Grange, D.**, & Fitzgibbon, M. Culture and obesity-related variables in Mexican and Puerto Rican men. *Annals Beh Med* 2015 49, S108-S108.
124. Hughes, E. Burton, C., **Le Grange, D.**, & Sawyer, S. How well are we engaging the family in family-based treatment for adolescent anorexia nervosa? The Australia & New Zealand Academy for Eating Disorders, Gold Coast, Australia, Proceedings, *J Eat Disord* 2015 3(Suppl 1):O49.
125. Lock, J., & **Le Grange, D.** Can Adaptive Treatment Improve Outcomes in Family-Based Therapy for Adolescents with Anorexia Nervosa? Feasibility and Treatment Effects of a Multi-Site Treatment Study. 21st Annual Eating Disorders Research Society Meeting, Taormina, Sicily, Proceedings, September, 2015.
126. **Le Grange, D.**, Lock, J., Agras, S., Bryson, S., & Jo, B. Randomized Clinical Trial of Family-Based Treatment and Cognitive-Behavior Therapy for Adolescent Bulimia Nervosa. International Conference on Eating Disorders, San Francisco, CA, Proceedings, May 2016.



127. Lock, J., **Le Grange, D.**, Agras, S., Fitzpatrick, K., Jo, B., Accurso, E., Forsberg, E., Anderson, K., Arnow, K., & Sztainer, M. Can Adaptive Treatment Improve Outcomes in Family-Based Therapy for Adolescents with Anorexia Nervosa? Feasibility and Treatment Effects of a Multi-Site Treatment Study. International Conference on Eating Disorders, San Francisco, CA, Proceedings, May 2016.

128. Loeb, K., Striegel, R., Walsh, T., Marcus, S., Pattanayak, C., Schron, D., Hail, L., Zucker, N., Newcorn, J., Taylor, B., Lock, J., & **Le Grange, D.** Comparison of Family-Based Treatment and Supportive Psychotherapy for Anorexia Nervosa Symptoms in High-Risk Youth: A Partially-Randomized Preference Design. International Conference on Eating Disorders, San Francisco, CA, Proceedings, May 2016.

129. Lavender, J., Mason, T., Utzinger, L., Wonderlich, S., Crosby, R., Engel, S., Mitchell, J., **Le Grange, D.**, Crow, S., & Peterson, C. Examining Affect and Maladaptive Perfectionism in Relation to Eating Disorder Symptoms among Women with Anorexia Nervosa. International Conference on Eating Disorders, San Francisco, CA, Proceedings, May 2016.

130. Graves, T.A., Tabri, N., Thompson-Brenner, H., Franko, D.L., Eddy, K.T., Bourion-Bedes, S., Brown, A., Constantino, M.J., Flückiger, C., Forsberg, S., Hildebrandt, T., Isserlin, L., Couturier, J., Paulsson Karlsson, G., Mander, J., Teufel, M., Mitchell, J.E., Crosby, R.D., Prestano, C., Satir, D.A., Simpson, S., Sly, R., Lacey, J.H., Stiles-Shields, C., Tasca, G.A., Waller, G., Zaitsoff, S.L., Rienecke, R., **Le Grange, D.**, & Thomas, J.J. A meta-analysis of the relation between therapeutic alliance and treatment outcome in eating disorders. International Conference on Eating Disorders, San Francisco, CA, Proceedings, May 2016.

131. Hughes, E.K., **Le Grange, D.**, Court, A., Yeo, M., Crosby, R., & Sawyer, S.M. Findings from a randomized clinical trial of parent-focused treatment for adolescent anorexia nervosa. The 14<sup>th</sup> Annual Conference of the Australian and New Zealand Academy of Eating Disorders. Christchurch, New Zealand, Proceedings, August 2016.

132. Hughes, E.K., van Langenberg, T., **Le Grange, D.**, & Sawyer, S.M. "They don't really get heard": Siblings of adolescents with anorexia nervosa. The 14<sup>th</sup> Annual Conference of the Australian and New Zealand Academy of Eating Disorders. Christchurch, New Zealand, Proceedings, August 2016.

133. Hughes, E.K., **Le Grange D.**, Court, A., Yeo, M., Crosby, R., & Sawyer, S.M. A comparison of conjoint family-based treatment and parent-focused treatment for adolescent anorexia nervosa. The 22nd Annual Meeting of the Eating Disorders Research Society. New York, NY, Proceedings, October 2016.

134. Goldschmidt, A., Crosby, R., Cao, L., Forbush, K., Moessner, M., & **Le Grange, D.** Dynamic interplay among eating disorder symptoms in a transdiagnostic sample of treatment-seeking youth: Further evidence for the importance of shape- and weight-related concerns. International Conference on Eating Disorders, Prague, Czech Republic, Proceedings, June 2017.

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136. Hughes, E., Burton, C., **Le Grange, D.**, & Sawyer, S. Family participation in family-based treatment for adolescent anorexia nervosa: tautology or not? International Conference on Eating Disorders, Prague, Czech Republic, Proceedings, June 2017.
137. Lesser, J., Eckhardt, S., **Le Grange, D.**, & Ehrenreich-May, J. Integrating Family Based Treatment with the Unified Protocols for the Treatment of Emotional Disorders in Children and Adolescents: A Novel Treatment for Avoidant Restrictive Food Intake Disorder. International Conference on Eating Disorders, Prague, Czech Republic, Proceedings, June 2017.
138. **Le Grange, D.** This time it's "personal": Adapting Empirically Based Therapies for Adolescent Eating Disorders in the Era of Personalized Medicine. International Conference on Eating Disorders, Prague, Czech Republic, Proceedings, June 2017.
139. Hughes, E., Allen, E., Sawyer, S., McLean, L., & **Le Grange, D.** Parental Expressed Emotion during parent-focused treatment for adolescent anorexia nervosa. The 15<sup>th</sup> Annual Conference of the Australian and New Zealand Academy of Eating Disorders. Sydney, Australia, Proceedings, August 2017.
140. Kimber, M., Dimitropoulos, G., Loeb, K., Hughes, E., Garber, A., Elliott, A., Vyver, E., and **Le Grange, D.** Tackling Mixed Messages: Therapists Reflections, Challenges and Strategies for Working with Adolescents with Atypical Anorexia and their Families. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
141. Dimitropoulos, G., Kimber, M., Loeb, K., Hughes, E., Garber, A., Elliott, A., Vyver, E. and **Le Grange, D.** Stay the Course: Therapist Reflections on Implementing Family-Based Treatment with Adolescents with Atypical Anorexia. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
142. Hail, L., Loeb, K. L., McGrath, R. E., Murray, S. B., Hughes, E. K., Sawyer, S. M., & **Le Grange, D.** Adapting the Eating Disorder Examination for Parents as Symptom Informants: Psychometric Properties and Influence on Diagnosis. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
143. Egbert, A., Wilfley, D., Eddy, K., Boutelle, K., Zucker, N., Peterson, C., Celio Doyle, A., **Le Grange, D.**, & Goldschmidt, A. ADHD Symptoms among Youth with Loss of Control May not be the Only Answer. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
144. Wonderlich, J., Fischer, S., Wonderlich, S., Crosby, R., Engel, S., Peterson, C., Scott, C., & **Le Grange, D.** Negative Affect and Binge Eating: Assessing the unique trajectories of negative affect before and after binge episodes across diagnostic classifications. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
145. Garber, A., Buckelew, S., Kapphahn, C., Golden, N., Accurso, E., **Le Grange, D.**, Sally, A., Cheng, J., Machen, V., Moscicki, A-B., Kreiter, A., Sy, A., Leslie, W., & Krinkel, A. The Study of Refeeding to Optimize Inpatient Gains (StRONG) Protocol: A Multi-Center Randomized Controlled Trial of Refeeding in Anorexia Nervosa. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.

146. Keery, H. Eckhardt, S., Barnes, T., Lesser, J., Peterson, C., & **Le Grange, D.** Just how different are Avoidant Restrictive Food Intake Disorder Subtypes? International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.

147. Byrne, C., Wonderlich, J., Curby, T., Fischer, S., Lock, J., & **Le Grange, D.** Using bivariate latent basis growth curve analysis to better understand treatment outcome in youth with anorexia nervosa. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.

148. Hughes, E., Burton, C., **Le Grange, D.**, & Sawyer, S. The Importance of Fathers in Family-Based Treatment for Adolescent Eating Disorders. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.

149. Pogos, D., Pradel, M., Hughes, E., & **Le Grange, D.** Stepped care for adolescent anorexia nervosa: implementation and preliminary findings. Australia New Zealand Academy for Eating Disorders Annual Conference, Melbourne, Australia, Proceedings, August 2018.

150. Lebow, J., Gewirtz O'Brien, J., Mattke, A., Narr, C., Geske, J., Billings, M., Clark, M., Jacobson, R., Phelan, S., **Le Grange, D.**, & Sim, L. A pilot project: the preliminary efficacy of a primary care-based treatment for adolescent restrictive eating disorders. International Conference on Eating Disorders, New York, NY, Proceedings, March 2019.

151. Gorrell, S., Hail, L., Kinasz, K., Forsberg, S., Bruett, L., Delucchi, K., Lock, J., & **Le Grange, D.** A test of the DSM-5 severity specifier for bulimia nervosa in adolescents: can we anticipate clinical treatment outcomes? International Conference on Eating Disorders, New York, NY, Proceedings, March 2019.

152. Hail, L., Gorrell, S., Kinasz, K., Trainor, C., Hughes, E., Sawyer, S., **Le Grange, D.**, & Loeb, K. Fear of weight gain in restrictive eating disorders among adolescents: does current weight status matter? International Conference on Eating Disorders, New York, NY, Proceedings, March 2019.

153. Garber, A., Machen, V., Golden, N., Kreiter, A., Kapphahn, Sy, A., **Le Grange, D.**, Buckelew, S., Wilson, L., Cheng, J., Adams, S., Accurso, E., & Moscicki, A. Rate of weight loss predicts degree of bradycardia in patients with restrictive eating disorders. International Conference on Eating Disorders, New York, NY, Proceedings, March 2019.

155. Lacey, H., Hay, P., Touyz, S., & **Le Grange, D.** Severe and enduring anorexia nervosa: From adolescence to adulthood. London Eating Disorders Conference 2019, London, UK, Proceedings, March 2019.

156. Lebow, J., Mattke, A., Gewirtz O'Brien, J., Narr, C., Billings, M., Clark, M., **Le Grange, D.**, & Sim, L. Embedding treatment for adolescent restrictive eating disorders in primary care to improve early detection and treatment: Results from 3 case studies. *Journal of Adolescent Health*, Vol. 64, Issue 2, S50, February 2019.

157. Kinasz, K., Gorrell, S., Trainor, C., & **Le Grange, D.** Anorexia nervosa and Avoidant/Restrictive Food Intake Disorder (ARFID) in treatment seeking adolescents: How do these populations differ? *Journal of the American Academy of Child & Adolescent Psychiatry*, Vol. 58, Issue 10, S149, October 2019

158. Gorrell, S., Hughes, E., Sawyer, S., Nagata, J., Yeo, M., Thompson, A., Lock, J., **Le Grange, D.** Gender-based clinical differences in family-based treatment for adolescent anorexia and bulimia nervosa: Analysis of aggregated randomized controlled trials. International Conference on Eating Disorders, Sydney, Australia, Proceedings, June 2020.
159. Garber, A., Accurso, E., Adams, S., Buckelew, S., Cheng, J., Kapphahn, C., Kreiter, A., **Le Grange, D.**, Machen, V., Moscicki, A., Saffran, K., Sy, A., Wilson, L., & Golden, N. Short-term outcomes of a Multi-Center Randomized Controlled Trial of Refeeding in Anorexia Nervosa: the Study of Refeeding to Optimize iNpatient Gains (StRONG). International Conference on Eating Disorders, Sydney, Australia, Proceedings, June 2020.
160. Burton, C., Dimitropulos, G., Eckhardt, S., **Le Grange, D.**, & Ehrenreich, J. Integrating Family Based Treatment with the Unified Protocols for the Treatment of Emotional Disorders in Children and Adolescents: A Novel Treatment for Avoidant/Restrictive Food Intake Disorder. International Conference on Eating Disorders, Sydney, Australia, Proceedings, June 2020.
161. Pradel, M., Pogos, D., & **Le Grange, D.** Clinical Research beyond an RCT – Stepped Care Effectiveness Study for Adolescent Anorexia Nervosa. International Conference on Eating Disorders, Sydney, Australia, Proceedings, June 2020.
162. Garber, A.K., Cheng, J., Accurso, E.C., Adams, S.H., Buckelew, S., Kapphahn, C.J., Kreiter, A., **Le Grange, D.**, Machen, V.I., Moscicki, A-B., & Golden, N.H. Short-term outcomes of higher calorie refeeding in hospitalized patients with atypical anorexia nervosa: findings from the Study of Refeeding to Optimize iNpatient Gains (StRONG). Top abstract; Eating Disorder Research Society; Sitges, Spain 2020.
163. Blalock, D. V., **Le Grange, D.**, Johnson, C., Duffy, A., Manwaring, J., Tallent, C. N., Schneller, K., Solomon, A. M., Mehler, P. S., McClanahan, S. F., & Rienecke, R. D. Pilot Assessment of a Virtual Intensive Outpatient Program for Adults with Eating Disorders. Eating Disorders Research Society, October 2020.
164. Van Huysse, J., **Le Grange, D.**, Lock, J., & Rienecke, R. Family-Based Treatment (FBT) for Adolescent Anorexia Nervosa: Weight Gain and Parent Self-Efficacy in Outpatient FBT versus a Family-Based Partial Hospitalization Program. International Conference on Eating Disorders, Virtual, Proceedings, June 2021.
165. **Le Grange, D.**, Eckhardt, S., Dalle Grave, R., Crosby, R., Peterson, C., Keery, H., Lesser, J., Martell, C. Enhanced Cognitive-Behavior Therapy and Family-Based Treatment for adolescents with an eating disorder: A non-randomized effectiveness trial. International Conference on Eating Disorders, Virtual, Proceedings, June 2021.
166. Johnson, M., Gorrell, S., Lock, J., & **Le Grange, D.** Therapeutic alliance: how does the child-therapist relationship impact outcomes in evidence-based treatment for bulimia nervosa? International Conference on Eating Disorders, Virtual, Proceedings, June 2021.
167. Arnio-Peterson, C., Schaffer, A., Modi, A., Mara, C., & **Le Grange, D.** Emotion coaching as an augmentation to family-based treatment for adolescents with anorexia nervosa: Acceptability and feasibility pilot. International Conference on Eating Disorders, Virtual, Proceedings, June 2021.

168. Rienecke, R., Gorrell, S., Lock, J., & **Le Grange, D.** Evaluation of the impact of parental expressed emotion on clinical outcomes following treatment for adolescent anorexia nervosa. International Conference on Eating Disorders, Virtual, Proceedings, June 2021.

169. Garber, A.K., Cheng, J., Accurso, E.C., Adams, S.H., Buckelew, S., Kapphahn, C.J., Kreiter, A., **Le Grange, D.**, Machen, V.I., Moscicki, A-B., Wilson, L., & Golden, N.H. Higher calorie refeeding in atypical anorexia nervosa: Short-term outcomes from the Study of Refeeding to Optimize inpatient Gains (StRONG). Society for Adolescent Health and Medicine Annual Meeting, Proceedings, March 2022.

170. Dimitropoulos, G., Sing, M., Bruett, L., Kimber, M., Eckhardt, S., Pradel, M., Allan, E., Forsberg, S., Keery, H., **Le Grange, D.**, Sauerwein, J., & Loeb, K. Examining Clinicians' Perspectives on Working with Diverse Families in Family Based Treatment (FBT). 28<sup>th</sup> International Conference on Eating Disorders Annual Meeting, Proceedings, Monterrey, Mexico, April 2022.

171. Gorrell, S., **Le Grange, D.** Accurso, E.C., Patten, S.B., MacMaster, F.P., Borgland, S.L., Devoe, D., Pedram, P., Stone, K., Singh, M., Godfrey, N. & Dimitropoulos, G. Parent and youth report: Do differing perceptions of baseline fear of weight gain impact early response to family-based treatment for anorexia nervosa? 28<sup>th</sup> International Conference on Eating Disorders Annual Meeting, Proceedings, Monterrey, Mexico, April 2022.

## **FUNDING (Grants/Contracts)**

### Completed

“Family therapy for adolescent bulimia nervosa: A controlled comparison”  
NIMH (K23 MH01923). USD 730,000; 04/01/2001 - 03/31/2006.  
Role: Principal Investigator.

“Family treatment for adolescent anorexia nervosa”  
NIMH (R01 MH070620). USD 1,250,000; 03/01/2004 - 02/28/2009.  
Role: Principal Investigator.

“Treatment of adolescent anorexia nervosa”  
NIMH (R01 MH070620S – Diversity Supplement). Recipient Renee Hoste. USD 209,068;  
06/05/2005 – 05/31/2008.  
Role: Principal Investigator.

“Ecological Momentary Assessment of anorexia nervosa”  
NIMH (R01 MH059674). USD 507,663; 01/01/2006 - 12/31/2010.  
Role: Co-Investigator (Subcontract PI: S. Wonderlich).

“Does inpatient weight restoration prior to outpatient family therapy improve outcomes in adolescent anorexia nervosa?”  
NHMRC (Project Grant 457235). AUD 528,000; 01/01/2007 - 12/31/2009.  
Role: Co-Principal Investigator (Co-PIs: S. Touyz, J. Lock).

“A randomized controlled trial of non-specific clinical management versus CBT in chronic anorexia nervosa”  
NHMRC (Project Grant 457419). AUD 505,563; 01/01/2007 - 12/31/2009.  
Role: Co-Principal Investigator (Co-PIs: S. Touyz, H. Lacey).

“A family system approach to weight restoration in young adults with anorexia nervosa”  
University of Sydney, International Research Fellowship. AUD 20,500; 03/01/2008 - 05/31/2008.  
Role: Principal Investigator.

“Intake surveys of alli<sup>TM</sup> use among eating disorder patients”  
GlaxoSmithKline Consumer Healthcare. USD 5,016.00; 07/01/2008 – 06/30/2009.  
Role: Site PI (Subcontract PI J. Mitchell).

“Latinos, Culture, and Obesity”  
NCI (R21-CA131433). USD 375,000; 07/01/2008 – 06/30/2010.  
Role: Co-Investigator (PI: L. Sanchez-Johnsen).

“Parent-Based Treatment of Pediatric Overweight”  
NICHD (R21-HD057394). USD 375,000; 07/01/2008 – 06/30/2011.  
Role: Co-Investigator (Subcontract PI: K. Loeb).

“Family-based treatment for young adults with anorexia nervosa”  
NIMH (R34 MH083914). USD 350,000; 07/01/2010-06/30/2012.  
Role: MPIs: E. Chen and D. Le Grange.

“Cultural Factors Underlying Obesity in Latino Men”  
NCI (R21CA143636-01). USD 250,000.00; 7/1/2010-6/31/2012.  
Role: Co-Investigator (PI: Sánchez-Johnsen).

“Treatment of adolescent bulimics”  
NIMH (R01 MH079979). USD1,500,000; 07/01/2008 – 10/31/2014.  
Role: Principal Investigator.

“Treatment of adolescent bulimics”  
NIMH (R01 MH079979 – Administrative Supplement). USD 208,662; 06/01/2009 - 02/28/2014.  
Role: Principal Investigator.

“Regional postdoctoral training grant in eating disorders research”  
NRSA T32 MH 082761. USD1,824,771; 07/01/2009 - 10/30/2015.  
Role: Site Director (Program Director and PI: S. Crow).

“SSRIs and Self-harm in Borderline Personality Disorder”  
NIMH (RO1 MH084904). USD 1,800,000.00; 08/25/2010 - 08/31/2014.  
Role: Co-Investigator (PI: E. Coccaro).

“Child and adolescent eating disorders”  
Baker Foundation, Melbourne, Victoria. AUD2,500,000; 06/01/2009 - 05/31/2015.  
Role: S. Sawyer and D. Le Grange (MPI) (Subcontract: University of Melbourne).

“Adaptive Family Treatment for Adolescent Anorexia”  
NIMH (R34-MH093768). USD 718,747.00; 09/01/2011 - 02/29/2016.  
Role: Principal Investigator.

“Refining family-based treatment for adolescent anorexia nervosa”  
Insight Behavioral Health. USD 191,000; 01/1/2013 - 12/31/2015.  
Role: Principal Investigator.

“Novel Family Based Intervention for Transition Age Youth and their Families: A Two-Phase Feasibility Study.”  
Ontario Mental Health Foundation. CAD 111,060; 04/01/2013-03/31/2015.  
Role: Collaborator (PI: G. Dimitropoulos).

“Eating Disorders at University of California, San Francisco.”  
UCSF Presidential Chair Award 2013-2014. USD 150,000; 9/01/13-08/31/14.  
Role: Principal Investigator.

“Family-Based Treatment Without Borders: Utilizing Telemedicine to Deliver Family-Based Therapy (FBT)”  
National Eating Disorders Association. USD 200,000; 01/01/14-12/31/2015.  
Role: PIs K. Anderson and D. Le Grange

“Optimizing Fidelity to Family-Based Treatment for Adolescent Anorexia Nervosa”  
NIMH (R21/R33-MH096779-01) USD 1,429,760: 07/1/2012 - 05/31-2018.  
Role: Subcontract PI (PI: J. Lock).

“Reconnecting for Recovery: A Relational/Motivational Multifamily Therapy Group for Young Adults with Anorexia Nervosa.”

Hilda and Preston Davis Foundation, USD 70,000; 06/01/15-05/31/18.

Role: Consultant (PI: M. Tantillo).

“The effectiveness of CBT-E and FBT for adolescent anorexia nervosa”.

Children’s Hospital and Clinics of Minnesota, USD109,500; 11/01/2014-07/31/20.

Role: Research Consultant/MPI.

“Multi-center Randomized Controlled Trial of Refeeding in Anorexia Nervosa”.

NICHD (R01HD082166) USD 1,500,000; 07/01/2015- 06/30/2020.

Role: Co-Investigator (PI: A. Garber).

### Current

“Stepped-Care for Adolescent Anorexia Nervosa”.

Royal Children’s Hospital, Melbourne, Australia, USD14,400; 07/01/2016-06/30/2022.

Role: Research Lead (MPI).

“Calgary Eating Disorder Program of Research”.

Alberta Children’s Hospital Foundation, Alberta, Canada, CAD200,000; 04/01/2017-03/31/2022.

Role: Co-Investigator (PI: G. Dimitropoulos).

“Confirming the Efficacy/Mechanism of an Adaptive Treatment for Adolescent Anorexia Nervosa”.

NIMH (RO1 MH 110538), 05/01/2017 – 04/30/2023.

Role: Co-Investigator (Site PI) (PI: J. Lock).

“Emotion coaching skills as an augmentation to family-based therapy for adolescents with anorexia nervosa: A pilot study”.

NIMH (R34 MH 0528675), 05/01/2019 – 04/30/2022.

Role: Co-Investigator, (PI: C. Peterson).

“Treatment Outcomes in Eating Disorders Across Higher Levels of Care”.

Eating Recovery Center, 04/01/2019 – 03/31/2024.

Role: Principal Investigator.

“Family Based Treatment via Telemedicine for Rural Adolescents with Anorexia Nervosa”.

InsideOut Institute, University of Sydney, 05/01/2020 – 04/30/2022.

Role: Principal Investigator (MPI: S. Maguire).

“Clinical Services Research Training Program”.

NIMH (T32 MH018261), 7/01/20 – 6/30/25.

Role: Faculty Mentor, (PI: L. Piffner).

“Trial of repetitive transcranial magnetic stimulation (rTMS) combined with family-based treatment (FBT) for adolescents (12 to 18 years old) with anorexia nervosa (AN).”

Mathison Centre Grant, 7/01/21 – 6/30/22.

Role: Co-Investigator, (MPI: Dimitropoulos, McMaster).



“Implementing Family-Based Treatment for Adolescent Anorexia Nervosa for Providers in Private Practice: A Feasibility Study”.  
NIMH (R34 MH622469), 06/01/2020 – 05/31/2023.  
Role: Principal Investigator (MPI: J. Lock).

“Implementation, outcome and mechanisms of family-based treatment for adolescent anorexia nervosa adapted for the home setting: A pilot effectiveness trial.”  
NIMH (R34MH123589), 02/01/2021 – 01/31/2024.  
Role: Consultant (PI: A. Goldschmidt).

“Individualized Study of Refeeding to Optimize inpatient Gains: Renewal of the Multi-center Randomized Controlled Trial of Refeeding in Anorexia Nervosa”.  
RNIH (R01HD082166-06), 04/01/2021 - 03/31/2026.  
Role: Co-I (PI: A. Garber).

“Anorexia Nervosa in adolescents: A multi-modal imaging study of epigenetic mechanisms”.  
Canadian Institutes of Health Research, 10/01/2022 - 09/30/2027.  
Role: Co-Investigator, (MPI: L. Booij, P. Arnold, G. Dimitropoulos).

#### Mentored Projects

“Novel group parent training program for anorexia nervosa”.  
NIMH (K23). 03/01/2005 - 06/30/2010.  
Role: Mentor, Principal Investigator: N. Zucker (Duke University).

“Early identification and treatment for anorexia nervosa”.  
NIMH (K23). 09/01/2005 - 08/31/2010.  
Role: Mentor, Principal Investigator: K. Loeb (Mount Sinai School of Medicine).

“Cognitive Behavioral Therapy for Intermittent Explosive Disorder”.  
NIMH (K23). 08/01/2006 – 07/31/2009.  
Role: Mentor, Principal Investigator: M. McCloskey (The University of Chicago).

“Neurocognitive understanding of loss of control eating in overweight adolescents”.  
CSTA/NIH (K12). 06/01/2013 – 05/31/2015.  
Role: Primary Mentor, Principal Investigator: A. Goldschmidt (The University of Chicago).

“Neurocognitive understanding of loss of control eating in overweight adolescents”.  
NIH (K23). 06/01/2015 – 05/31/2019.  
Role: Consultant, Principal Investigator: A. Goldschmidt (The University of Chicago).

“Personalizing a Transdiagnostic Approach to Young Adult Mental Health Assessment via Technology”.  
UCSF Digital Health Research, 01/01/2016 – 12/31/2016.  
Role: Primary Mentor, Principal Investigator: S. Darrow (University of California, San Francisco).

“Fear Conditioning and Fear Extinction in Anorexia Nervosa”.  
NIMH (K23), 10/01/2017 – 09/30/2022.  
Role: Primary Mentor, Principal Investigator: S. Murray (University of Southern California, Los Angeles).

“The Integration of Exposure Sessions into Family-Based Treatment for Anorexia Nervosa”.  
NIMH (F31), 07/01/2018 – 06/30/2020.

Role: Mentor, Principal Investigator: C. Byrne (George Mason University, Fairfax, VA).

“Adapting and Implementing Family-Based Treatment for Youth with Anorexia Nervosa in Publicly-Funded Settings”.

NIMH (K23), 01/01/2019 – 06/30/2023.

Role: Consultant, Principal Investigator: E. Accurso (University of California, San Francisco).

“Development of an integrative intervention to decrease overeating drive and improve weight loss maintenance”.

NCCIH (K23), 07/01/2020 – 06/30/2025.

Role: Advisor, Principal Investigator: R. Radin ((University of California, San Francisco).

“Neural Correlates of Reinforcement Learning Specific to Hyperactivity in Adolescent Anorexia Nervosa”.

NIMH (K23 MH121658), 04/01/2021 – 08/31/2026.

Role: Primary Mentor (PI: S. Gorrell, University of California, San Francisco).

#### Pending

“A comparative effectiveness study: primary care-based treatment versus standard regimens for the treatment of restrictive eating disorder in children and adolescents”.

PCORI, 01/01/2022 – 12/31/2026.

Role: MPI (MPI: J. Lebow, Mayo Clinic, Rochester, MN).

“Is outpatient, family-based treatment (FBT) a suitable alternative for long, inpatient weight restoration for severely malnourished children and adolescents with anorexia nervosa?”

BMBF Germany, 07/01/21 – 06/30/26.

Role: Co-Investigator (PI: C. Correll, Charité Universitätmedizin, Berlin).

“Assessment of Positive and Negative Valence Functions of Exercise in Eating Disorders”.

NIMH (R21 MH127233), 04/01/21 – 03/31/23

Role: Principal Investigator (MPI: K. Schaumberg, University of Wisconsin, Madison).

“Integrating Exposure into Family-based Treatment for Adolescent Anorexia Nervosa”.

NIMH (R34 MH127024), 07/01/21 – 06/30/24

Role: Principal Investigator.

## HONORS AND AWARDS

- 1978-1980 Anglo American Academic Merit Award, South Africa.  
1980 Free Press Award, Best Student in Sociology, Johannesburg University, South Africa.  
1981 BA (Hons) Cum Laude, Honors Grant, Human Sciences Research Council, South Africa.  
1982-1983 MA Cum Laude, Masters Grant, Human Sciences Research Council, South Africa.  
1983 Doctoral Grant, Human Sciences Research Council, South Africa.  
1986-1989 Overseas Research Student Award, Committee of Vice-Chancellors and Principals of the Universities of the United Kingdom (UK).  
1987 Tregaskis Bequest Award, University of London, UK.  
1988 Top rated abstracts, Academy for Eating Disorders, New York, NY.  
1993 Bremner Bequest Award, University of Cape Town, South Africa.  
2002 Elected Fellow of the Academy for Eating Disorders.  
2005-2006 Chair's Award for Most Outstanding Teaching, The University of Chicago, Department of Psychiatry.  
2006-2007 Chair's Award for Outstanding Scholarship, The University of Chicago, Department of Psychiatry.  
2007-2008 Chair's Award for Outstanding Scholarship, The University of Chicago, Department of Psychiatry.  
2008-2009 Chair's Award for Outstanding Scholarship, The University of Chicago, Department of Psychiatry.  
2010-2011 Chair's Award for Outstanding Scholarship, The University of Chicago, Department of Psychiatry.  
2011-2012 Chair's Award for Outstanding Scholarship, The University of Chicago, Department of Psychiatry.  
2013-2014 Presidential Chair, University of California, San Francisco, CA.  
2014- Emeritus Professor of Psychiatry and Behavioral Neuroscience, The University of Chicago, Chicago, IL.  
2014 American Academy of Child & Adolescent Psychiatry, Outstanding Mentor Award (Kathryn Kinasz, MD).  
2014 Academy for Eating Disorders Leadership in Research Award.  
2017 Eating Disorder Recovery Support Hall of Fame Research Award.  
2018 Journal of Eating Disorders Best Research Paper – senior author of PMID:30358513  
2019 Journal of Eating Disorders Best Poster at EDRS – senior author  
2022 Hilde Bruch Lecture Award, University of Tübingen, Germany

## INVITED PLENARIES, LECTURES OR WORKSHOPS

- 1989 Assessing change in anorexic families. Department of Child Psychiatry, Warneford Hospital, University of Oxford. Oxford, England. Invited Lecture, September.
- 1990 Eating disorders: An update. Department of Psychiatry, University of the Witwatersrand Medical School. Johannesburg, South Africa. Invited Lecture, March.
- The in-patient management of severe anorexia nervosa. Department of Pediatrics, University of the Witwatersrand Medical School. Johannesburg, South Africa. Invited Lecture, April.
- 1992 Eating Disorders and its treatment. Department of Psychology, University of Natal. Durban, South Africa. Invited Lecture, February.
- Family therapy for anorexia and bulimia nervosa. Department of Exercise Physiology, University of Cape Town Medical School. Cape Town, South Africa. Invited Lecture, February.
- Family Therapy Trials at the Maudsley Hospital, 1986-1991. Natal Psychiatric Association. Durban, South Africa. Invited Lecture, May.
- The management of Eating Disorders. Department of Clinical Psychology, University of Natal. Pietermaritzburg, South Africa. Invited Workshop, July.
- Eating disorders and The Maudsley Family Therapy Trials. Department of Child Psychiatry, University of Stellenbosch Medical School. Stellenbosch, South Africa. Invited Lecture, October.
- 1993 Family therapy with adolescent anorexia nervosa. Department of Child Psychiatry, University of Cape Town Medical School. Cape Town, South Africa. Invited Lecture, March.
- The etiology of eating disorders; Typical behaviors of patients with eating disorders; and Dealing with the difficult patient. Eli Lilly (SA) Eating Disorders Forum. Johannesburg, South Africa. Invited Presentations, May.
- The etiology and treatment of eating disorders. Department of Clinical Psychology, University of the Western Cape. Cape Town, South Africa. Invited seminar, June.
- Cognitive-Behavioral treatment for bulimia nervosa. Department of Psychiatry, University of Stellenbosch Medical School. Stellenbosch, South Africa. Invited Lecture, July.
- The treatment of eating disorders. Huntersgraig Hospital. Port Elizabeth, South Africa. Invited seminar, August.
- Controlled treatment trials in eating disorders. Department of Psychiatry, University of Cape Town Medical School. Cape Town, South Africa. Invited lecture, August.

- Family treatments in adolescent anorexia nervosa. 9th National Congress of Child & Adolescent Psychiatry and Allied Professions. Cape Town, South Africa, September.
- Cognitive Behavior Therapy for bulimia nervosa. Child and Family Unit, Lentegour Hospital. Cape Town, South Africa, South Africa. Invited lecture, October.
- 1994 Redefining the psychosomatic family: A study of 26 eating disorder families. Department of Psychiatry, The Toronto Hospital, Toronto, Canada. Invited lecture, January.
- Cognitive Behavior Therapy: Principles and value in the treatment of eating disorders. Second Eli Lilly Forum on Eating Disorders. Johannesburg, South Africa. Invited lecture, July.
- 1995 Eating and general psychopathology in Caucasian and minority subjects. Eating Disorders Action Group, Western Cape, Cape Town, South Africa. Invited lecture, December.
- 1998 Controlled treatment studies in eating disorders. A view of the past 10 years. Department of Psychiatry, School of Medicine, SUNY at Stony Brook, NY. Grand Rounds, February.
- The culture specificity of eating disorders. 10<sup>th</sup> Biennial Congress of the Society of Psychiatrist, Johannesburg, South Africa. Invited Lecture, September.
- 1999 Anorexia nervosa: An update on treatment. Department of Psychiatry, La Grange Hospital, Chicago, IL. Grand Rounds, January.
- Manualized family therapy for adolescents with anorexia nervosa. Department of Psychiatry, University of British Columbia, Vancouver, Canada. Workshop, July.
- Eating disorder pathology in South African Caucasian and non-Caucasian students. 11<sup>th</sup> World Congress of Psychiatry, Hamburg, Germany. Paper, August.
- Is there a gold-standard treatment for adolescents with anorexia nervosa? Department of Pediatrics, The University of Chicago Hospitals, Chicago, IL. Grand Rounds, August.
- Controlled treatment trials for adolescent anorexia nervosa. Department of Psychology, University of Illinois at Chicago, Chicago, IL. Seminar, December.
- 2001 Controlled treatment studies for adolescent eating disorders. Department of Psychiatry, The University of Chicago, Chicago, IL. Grand Rounds, February.
- Manualized family therapy for adolescents with anorexia nervosa. Castlewood Treatment Center for Eating Disorders, St Louis, MO. Workshop with James Lock, MD, February.
- How helpful are parents in the treatment of adolescent eating disorders? Food: Friend and Foe, ANAD Conference on Eating Disorders. La Grange, IL. Paper, March.

Manualized family therapy for adolescents with anorexia nervosa. Mary Bridge Children's Hospital and Health Center, Tacoma, WA. Workshop with James Lock, MD, March.

Manualized family therapy for adolescents with anorexia nervosa. Kaiser Permanente Group, Stanford, CA. Workshop with James Lock, MD, April.

Family therapy for eating disorders. Eating Disorders Conference and Meeting of the Iowa Psychiatric Society, Iowa City, IA. Paper, June.

Family therapy for eating disorders. Eating Disorders Program, Department of Psychiatry, Columbia University, New York, NY. Seminar, August.

Family therapy for adolescent eating disorders: An update. Department of Pediatrics, The University of Chicago, Chicago, IL. Grand Rounds, September.

Treatment of adolescent bulimia nervosa. Eating Disorders Program, Department of Psychiatry, Northwestern University, Chicago. Seminar, October.

Manualized family therapy for adolescents with anorexia nervosa. Eastern Ontario Children's Hospital, Ottawa, Canada. Workshop with James Lock, MD, October.

Manualized family therapy for adolescents with anorexia nervosa. Academy for Eating Disorders Regional Training Workshops, Atlanta and Chicago. Workshop, October.

2002 Family treatment for eating disorders. Department of Neuroscience, University of North Dakota, Fargo, ND. Grand Rounds, April 2002.

Manualized family therapy for adolescents with anorexia nervosa. Neuropsychiatric Research Institute, Fargo, ND. Workshop with James Lock, MD, April.

Family-based treatment for adolescent eating disorders. Department of Psychology, RUSH St. Luke's Presbyterian Medical Center, Chicago, IL. Colloquium, May.

Manualized family therapy for adolescents with anorexia nervosa. Department of Psychiatry, Halifax, Nova Scotia. Workshop with James Lock, June.

Evidence-based treatments for adolescent eating disorders. Department of Psychiatry, Douglas Hospital/McGill University, Montreal, Quebec. Grand Rounds, June.

Manualized family therapy for adolescents with anorexia nervosa. The Emily Program, Minneapolis, Minnesota. Workshop with James Lock, MD, September.

Recruitment and retention challenges in treatment trials. Research priorities for anorexia nervosa: A two-day workshop. NIMH, Rockville, Maryland. Invited Paper, September.

Family-based treatment for adolescent eating disorders. Invited Paper. Highland Park Hospital Eating Disorders Program, Highland Park, IL. Invited Lecture, December.

- 2003 Manualized family therapy for adolescents with anorexia nervosa. Department of Psychiatry, Westmead Children's Hospital, Sydney, Australia. Workshop with James Lock, MD, February 2003

Anorexia nervosa: A therapeutic approach directed at the family. International Symposium on Advances in the Pathophysiology and Treatment of Obesity, Bulimia and Anorexia Nervosa. Madrid, Spain. Invited Paper, May.

A controlled trial of family-based treatment for adolescent bulimia nervosa: An update. Department of Psychiatry, The University of Chicago Hospitals, Chicago, IL. Grand Rounds, May.

Evidence-based treatments for adolescent eating disorders. Department of Psychiatry, Northwestern University, Evanston Hospital, Evanston, IL. Grand Rounds, May.

Manualized family therapy for adolescents with anorexia nervosa. Eating Disorders Program, Duke University, Durham, NC. Workshop with James Lock, MD, June.

Family-based treatment for adolescent anorexia nervosa: The Maudsley approach. National Eating Disorders Association Annual Meeting, St Charles, IL. Paper, October.

Family-based treatment for adolescent bulimia nervosa: A controlled comparison. The University of Iowa, Iowa City, IA. Research Seminar, November.

Parental involvement in anorexia nervosa post hospitalization: Help or hindrance? The University of Iowa, Iowa City, IA. Grand Rounds, November.

- 2004 Family-based treatment for adolescent eating disorders. Eating Disorders Program, Edward Hospital, Naperville, IL. Invited Lecture, February.

Manualized family-based treatment for adolescent anorexia nervosa: A case series. Department of Psychiatry, Royal Prince Alfred Hospital, University of Sydney, Australia. Invited Lecture, March.

Family-based treatment for adolescent bulimia nervosa: A controlled comparison. Academy for Eating Disorders Annual Meeting. Orlando, FL. Invited Plenary Presentation, May.

Manualized family therapy for adolescents with anorexia nervosa. Department of Psychiatry, St. John's, Newfoundland, Canada. Workshop with James Lock, MD, May.

Manualized family therapy for adolescents with eating disorders. Unity Health Care, University of Rochester, Rochester, NY. One-day seminar, June.

Manualized family therapy for adolescents with anorexia nervosa. Department of Psychology, Boston University, Boston, MA. workshop with James Lock, MD, July.

Family-based treatment for adolescent eating disorders. Department of Psychiatry, Northwestern University, Chicago, IL. The Warren Wright Lecture, December.

- 2005 The paucity of randomized controlled treatment trials in adolescent eating disorders. Department of Psychiatry, The University of Chicago, Chicago, IL. Grand Rounds, January.
- Family-based treatment for adolescent eating disorders. Department of Psychiatry, Children's Memorial Hospital, Chicago, IL. Seminar, February.
- Parents of eating disorder adolescents: Help or hindrance? Sydney, Australia. The Second Peter Beumont Memorial Lecture, March.
- Eating Disorders in Adolescents: Psychopathology, Behaviors and Treatment. South Suburban Hospital, Hazel Crest, IL. Lecture, April.
- The progress of ethnic minority adolescents in family-based treatment. 11<sup>th</sup> International Conference on Eating Disorders. Montreal, Canada. Paper, April.
- Helping families help their adolescent with anorexia nervosa: A clinician's perspective. Department of Psychiatry, Advocate Lutheran General Hospital, Park Ridge, IL. Grand Rounds, May.
- Evidenced-based treatment for adolescent eating disorders: The role of the family. University of Iowa Family Conference. Cedar Rapids, IA. Lecture, May.
- Eating disorders and the University of Chicago Program. Department of Pediatrics, The University of Chicago, Chicago, IL. Grand Rounds, June.
- Family-based treatment for adolescent anorexia nervosa: A manualized approach. Suburban Center for Eating Disorders, Bethesda, MD. Workshop with James Lock, MD, July.
- Family approaches to eating disorders. Second Hispano Latin American Conference on Eating Disorders. Monterrey, Mexico. Invited Plenary Presentation, October.
- Evidenced-based treatment for adolescent eating disorders: The role of the family. University of Barcelona, Barcelona, Spain. Invited Plenary Lecture, November.
- 2006 Evidenced-based treatment for adolescent eating disorders: The role of the family. Timberline Knolls Eating Disorders Program, La Mont, IL. Lecture, January.
- The Maudsley approach to outpatient treatment for adolescent eating disorders Park House Infant, Child and Adolescent Mental Health Service, Liverpool, Sydney, Australia. Seminar, March.
- Family-based treatment for adolescent anorexia nervosa: A manualized approach Princeton Medical Center, Princeton, NJ. Workshop with James Lock, MD, April.
- Family-based treatment and individual therapy for adolescents with bulimia: A controlled comparison. Department of Psychiatry, University of Minnesota, MN. Grand Rounds, May.



Family-based treatment for adolescent anorexia nervosa: A manualized approach Eating Disorders Institute, Methodist Hospital, St Louis Park, MN. Workshop with James Lock, MD, May.

Family-based treatment and individual therapy for adolescents with bulimia: A controlled comparison. Department of Psychiatry and Psychology, Mayo Clinic, Rochester, MN. Grand Rounds, June.

The case for early intervention in eating disorders: Are adolescents really easier to treat than adults? Eating Disorders Research Society Annual Meeting, Port Douglas, Queensland, Australia. Plenary Address, August.

Family-based treatment and individual therapy for adolescents with bulimia: A controlled comparison. Department of Psychiatry, University of Melbourne, Melbourne, Australia. Colloquium, September.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Center for Effective Interventions, Denver, CO. Workshop with James Lock, MD, Nov.

2007 Advances in family-based treatment for anorexia and bulimia nervosa. Northern California Kaiser Permanente, Berkeley, CA. Workshop, Jan.

Advances in family-based treatment for adolescent eating disorders. The Victoria Centre of Excellence in Eating Disorders, The Royal Melbourne Hospital, Melbourne, Australia. Seminar, March.

Recent developments in the treatment of adolescents with eating disorders. Royal Prince Alfred Hospital, University of Sydney, Sydney, Australia. Seminar, March.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Eating Disorders Program, Rogers Memorial Hospital, Oconomowoc, WI. Workshop with James Lock, MD, April.

Family-based treatment for adolescent bulimia nervosa. Swedish Anorexia and Bulimia Society, Stockholm, Sweden. Invited Plenary, May.

Family-based treatment for adolescent eating disorder. Eating Disorders Program, North York General Hospital, Toronto, Canada. Seminar, June.

Family-based treatment for adolescent eating disorders. Center for Excellence for Eating Disorders, Melbourne, Australia. Seminar, July.

The Maudsley Method (clinical practicum on eating disorders). American Academy of Child and Adolescent Psychiatry, Boston, MA. Symposium, October.

A controlled comparison of family-based treatment and supportive psychotherapy for adolescent bulimia nervosa. Eating Disorder Research Society Annual Meeting, Pittsburgh, PA. Plenary Address, October.

Family-based treatment for adolescent eating disorders. South West Healthcare Child & Adolescent Mental Health Service, Warrnambool, Australia. Workshop, November.

Case discussion of family-based treatment for adolescent eating disorders. Center for Excellence for Eating Disorders, Melbourne, Australia. Workshop, November 2007.

Treatment model for adolescents with eating disorders. Eating Disorders Forum, Department of Health Services, Melbourne, Australia. Lecture November.

- 2008 Family-based treatment and supportive psychotherapy for adolescent bulimia nervosa: A controlled comparison. Department of Psychiatry, Mt Sinai School of Medicine, New York, NY. Grand Rounds, February.

Family-based treatment for adolescent anorexia nervosa. Center for Excellence for Eating Disorders, Melbourne, Australia. Workshop, April.

The Maudsley approach to treating eating disorders. Sydney Children's Hospital, University of New South Wales, Department of Pediatrics, Sydney, Australia. One-day seminar, May.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Eating Disorders Unit, British Columbia Children's Hospital, Vancouver, Canada, Workshop with James Lock, MD, June.

Family-based treatment for adolescent bulimia nervosa. Cleveland Center for Eating Disorders, Cleveland, OH. One-day seminar, July.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Sydney Children's Hospital, University of New South Wales, Department of Pediatrics, Sydney, Australia. Workshop, September.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Eating Disorders Unit, Mainely Girls, Portland, Maine. Workshop with James Lock, MD, September.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Baystate Health Eating Disorders Program, Western MA. Workshop with James Lock, MD, October.

Research in Australia: Where do we fit in the world picture? Butterfly Foundation: Facilitating Research into Eating Disorders, Sydney, Australia. Plenary Address, November.

Clinical Case Forum with Center for Excellence in Eating Disorders (CEED). Videoconference with CEED, Melbourne, Australia. December.

- 2009 Family-based treatment for adolescent anorexia nervosa: A manualized approach. Institute for Child and Adolescent Eating Disorders. Palo Alto, CA. Workshop with James Lock, MD, February.

Why parents are not to blame for anorexia nervosa. The 75<sup>th</sup> William Beattie Smith Lecture. Dean's Lecture Series. University of Melbourne, Melbourne, Australia. March.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Institute of Advanced Studies. University of Western Australia, Perth, Australia. March.

Application of latent profile analysis for the empirical identification of eating disorder Phenotypes in a clinical sample of adolescents. Eating disorders: Diagnosis and Classification Meeting, Washington DC. March.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Center for Excellence in Eating Disorders, Victoria. Melbourne, Australia. April.

Another look at family-based treatment for adolescent eating disorders. South West Healthcare Child & Adolescent Mental Health Service, Warrnambool, Australia. April.

Family-based treatment for adolescent eating disorders. International Conference on Eating Disorders. Cancun, Mexico. April (meeting cancelled due to H1N1).

Evidence for treating adolescent eating disorders. American Psychological Association Annual Convention. Toronto, Canada. August.

Individual and family therapy for adolescent anorexia nervosa: A controlled comparison. Annual meeting of the Eating Disorders Research Society. Brooklyn, NY. September.

Family-based treatment for anorexia and bulimia nervosa: The Maudsley Approach. National Capitol Area Half-day Conference on Family-Based Treatment. Bethesda, MD. October.

Family-based treatments for adolescent eating disorders: Recent Advances. Eating Disorders Awareness Coalition of Waterloo Region, Kitchener, Canada. October.

A multisite comparison of FBT and AFT for adolescent anorexia nervosa. American Academy for Child and Adolescent Psychiatry Annual Meeting, Honolulu, Hawaii. October.

Evidence-Based Psychosocial Treatments for Child and Adolescent Eating Disorders. American Academy for Child and Adolescent Psychiatry Annual Meeting, Honolulu, Hawaii. October.

Outpatient Treatments for Children and Adolescent Eating Disorders. American Academy for Child and Adolescent Psychiatry Annual Meeting, Honolulu, Hawaii. October.

2010 A multisite comparison of FBT and AFT for adolescent anorexia nervosa. Department of Psychiatry, Feinberg School of Medicine, Northwestern University, Chicago, IL, Grand Rounds, January.

A multisite comparison of FBT and AFT for adolescent anorexia nervosa. SickKids Psychiatry Rounds, University of Toronto, Toronto, Canada, Grand Rounds, February.

Family-based treatment for adolescent eating disorders. Eating Disorders Program, SickKids, University of Toronto, Toronto, Canada, Workshop, February.

Randomized controlled trials for adolescents with eating disorders. Department of Pediatrics, The University of Chicago, Chicago, IL, Grand Rounds (with Catherine Glunz, MD), March.

Family-based treatment for eating disorders: The Maudsley Approach. Working together for recovery: Families and professionals as partners in eating disorders treatment. Chicago, IL, One-day conference at the Quadrangle Club, April.

A multicenter comparison of adolescent focused therapy and family-based treatment for adolescent anorexia nervosa: Implications for families. Eating Disorders: Meeting the challenge. Sydney, Australia, Plenary Address, May.

A multicenter comparison of adolescent focused therapy and family-based treatment for adolescent anorexia nervosa. Department of Pediatrics, University of Melbourne, Melbourne, Australia, Grand Rounds, August.

Outcomes and implementation of family-based treatment for adolescent anorexia and bulimia nervosa. Eating disorders: New Insight. One-day conference at Sheppard Pratt Hospital, Baltimore, MD, Plenary Address, September.

Why are families necessary for fighting eating disorders? Harper Lecture Series, The University of Chicago Alumni Association, Greenwich, CT, Lecture, September.

Family-based treatment for adolescent eating disorders. Department of Psychiatry, University of the Witwatersrand, Johannesburg, South Africa, Two-Day Seminar, November.

Treatment studies of bulimia nervosa in children and adolescents. Developing Evidence-Based Services for Child and Adolescent Eating Disorders. Two-Day Conference, Institute of Psychiatry, King's College, The University of London, London, Plenary Address, December.

Manualized family-based treatment for adolescent bulimia nervosa. Developing Evidence-Based Services for Child and Adolescent Eating Disorders. Two-Day Conference, Institute of Psychiatry, King's College, The University of London, London, Workshop, December.

2011 Family-based treatment for adolescent eating disorders: The Maudsley Approach. From Research To Recovery, One-day MaudsleyParents.org Conference, La Jolla, California, Plenary Address, January.

Family-based treatment: New applications, Clinical Questions and Controversies. From Research To Recovery, One-day MaudsleyParents.org Conference, La Jolla, California, Seminar with Renee Hoste, PhD., January.

Family-based treatment for adolescent eating disorders: The Maudsley Approach. Department of Pediatrics Northshore Long Island Jewish Hospital, Manhasset, NY, Grand Rounds, February.

Family-based treatment for adolescent eating disorders: The Maudsley Approach. Department of Psychiatry, University of Illinois at Chicago, Chicago, IL, Grand Rounds, March.

Family-based treatment for adolescent anorexia nervosa. Department of Pediatrics, Children's Hospital, Vancouver, BC, Canada. Two-day workshop, March.

Family-based treatment – what dietitians can do to support the model. The Dietitians Association of Australia. Eating Disorders Update for Adolescents and Adults. Melbourne, Australia, Plenary Address, April.

Family-Based Treatment for Adolescent Eating Disorders: "Real World" Practice Implementation, Beyond the Randomized Controlled Trial. 2011 International Conference on Eating Disorders. Miami, FL, Workshop with K. Loeb, J. Jones, N. Zucker, April.

Family-Based Treatment for Adolescent Eating Disorders: From the Maudsley to Chicago. Uniformed Services University of the Health Sciences, Department of Medical Psychology, Bethesda, MD, Seminar, May.

Application of Latent Profile Analysis for the Empirical Identification of Eating Disorder Phenotypes in a Clinical Sample of Adolescents. Eating Disorders Research Society Annual Meeting, Edinburgh, Scotland, Symposium, September.

Evidenced-Based Treatment for Adolescent Anorexia and Bulimia Nervosa. American Psychological Society Division 53, Florida International University, Miami, FL, Plenary, October.

Family-Based Treatment for Adolescent Eating Disorders: From the Maudsley to Chicago. University of Pennsylvania, Department of Psychiatry, Philadelphia, PA, Lecture, November.

Family-Based Treatment for Adolescent Eating Disorders: The Maudsley Approach. The 21<sup>st</sup> Annual Renfrew Foundation Eating Disorders Conference for Eating Disorders, Philadelphia, PA, Workshop with Harriet Brown, November.

2012 Adolescent Eating Disorders: Working with Families. Annual MaudsleyParents One-Day Conference, Pearl River, NY, *Invited Presentation*, February.

Family-Based Treatment for Adolescent Anorexia Nervosa. Westmead Children's Hospital, Sydney, Australia, *Invited Master Workshop*, March.

Advances in Treatment of Adolescent Anorexia Nervosa. Department of Psychiatry, Dartmouth-Hitchcock Medical Center, Lebanon, NH. *Grand Rounds*, April.

An introduction to family-based treatment for adolescent eating disorders. Clinical Teaching Day, The International Conference on Eating Disorders, Austin, TX, *Workshop* with Jim Lock, MD, PhD, May.

Family-based treatment of pediatric overweight and obesity: An innovative application of the "Maudsley Method". The International Conference on Eating Disorders, Austin, TX, *Workshop* with Katharine Loeb, PhD, Angela Celio-Doyle, PhD, Kristen Anderson, MA, and Tom Hildebrandt, PsyD, May.

Family-based treatment for adolescent anorexia nervosa. APA 53 Workshop at Florida International University, Miami, FL. *Workshop* with James Lock, MD, PhD, May.

The Prevalence and Treatment of Eating Disorders in Adolescence: Public Health Impact. Clinical and Public Health Research Seminar, University of Melbourne, Australia, *Lecture*, May.

Experimental methods: Psychotherapy & Behavior Intervention Trials. 9<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Bocca Di Magra, Italy, *Lecture*, June.

Syndromal Studies: Eating Disorders. 9<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Bocca Di Magra, Italy, *Lecture*, June.

A multi-center comparison of CBT and SSCM for chronic anorexia nervosa. Eating Disorders Research Society, Porto, Portugal, *Plenary* with Stephen Touyz, PhD, September.

Helping families cope with family-based treatment. One-Day Maudsley Parents Meeting, Waltham, MA, *Plenary*, September.

2013 The prevalence and treatment of child and adolescent eating disorders: Pediatricians as our first line defense. Department of Pediatrics, Feinberg School of Medicine, Northwestern University, Chicago, IL, *Grand Rounds*, January.

New Developments in Family-Based Treatment for Adolescent Eating Disorders. Two-Day Conference on Learning and Applying New Skills to Treat the Most Difficult Eating Disorders, San Diego, CA. *Plenary*, February.

The prevalence and treatment of child and adolescent eating disorders. Department of Psychiatry, University of Illinois at Chicago, Chicago, IL. *Lecture*, March.

The Prevalence and Treatment of Adolescent Eating Disorders. Eating Disorders Symposium Series, Purdue University, West Lafayette, IN, *Plenary*, April.

Engaging Resistant Families. Chicago Symposium for Treatment of Ivy Plus College Students with Eating Disorders, Chicago, IL. *Plenary*, April.

Helping Parents Help Their Kids: Understanding Family-based Treatment. Madison Conference on Adolescent Eating Disorders, Madison, Wisconsin, WI. *Plenary*, April.

Family-Based Treatment for Adolescent Anorexia Nervosa: Two-Day Training. University Medical Center at Princeton, Princeton, NJ. *Workshop* with Jim Lock, MD, April.

New Evidence and Approaches in the Psychological Treatment of Severe and Enduring Anorexia Nervosa. International Conference on Eating Disorders, Montreal, Canada. *Workshop* with Stephen Touyz, PhD, Hubert Lacey, MD, and Phillipa Hay, MD, May.

Evidence-based Interventions for Eating Disorders. 2013 Spring Pediatric Update Promoting healthy weight in children and adolescents: Addressing the spectrum from obesity to eating disorders. Minneapolis, MN, Plenary, April.

Advanced Training Workshop for Family-Based Treatment. ANZED *Workshop* for At Home with Eating Disorders, Brisbane, Australia, May.

Helping Parents Help Their Kids: Understanding Family-Based Treatment. At Home with Eating Disorders, Brisbane, Australia, *Keynote Address*, May.

From the Laboratory to the Bedside: Insights from Empirical Science, New Randomized Controlled Trials and Health Services Research. Royal Australian and New Zealand College of Psychiatrists Annual Meeting, Sydney, Australia. *Symposium* with Phillipa Hay, Stephen Touyz, and Sarah Maguire, May.

Experimental methods: Psychotherapy & Behavior Intervention Trials. 10<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Bocca Di Magra, Italy, *Lecture*, June.

Syndromal Studies: Eating Disorders. 10<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Bocca Di Magra, Italy, *Lecture*, June.

To eat or not to Eat? With or without parents? Centre Hospitalier Universitaire Vaudois, Unité Multidisciplinaire De Santé des Adolescents, Lausanne, Switzerland, *Lecture*, July.

Family-based treatment for adolescent eating disorders. Department of Social Work, Queensland University of Technology, Brisbane, Australia, *Two-Day Workshop*, August.

An RCT of Parent-Focused and Family-Based Treatment for Adolescent Anorexia Nervosa. Eating Disorders Research Society Annual Meeting, Bethesda, MD. *Symposium*, September.

To eat or not to Eat - With or without parents? Division of Adolescent and Young Adult Medicine, Department of Pediatrics, University of California, San Francisco, San Francisco, *Lecture*, September.

Family-based treatment for adolescent anorexia nervosa. The Emily Program, Minneapolis, Minnesota, *One-Day Workshop*, October.

Family-based treatment for adolescent eating disorders: Overvalued or undervalued? Department of Psychiatry, University of California, San Francisco, San Francisco, *Grand Rounds - Distinguished Visiting Lecturer Series*, November.

Family-based treatment for adolescent eating disorders: Progress over the past 20 years. Department of Psychiatry, University of Toronto, Toronto, Canada, *Grand Rounds*, November.

2014 Evidence-based treatment for adolescent eating disorders. Department of Psychiatry, Rush University, Chicago, IL. *Colloquium*, February.

Eating Disorders in children and adolescents. Conversation of Children's Health, University of California, San Francisco, San Francisco, CA. *Lecture*, February.

Family-based treatment for adolescent eating disorders. Deutsche Gesellschaft für Esstörungen, Leipzig, Germany. *Plenary Lecture*, March.

Family-based treatment for adolescent anorexia nervosa. International Conference on Eating Disorders, New York, New York, *Workshop with James Lock, MD*, March.

A Comprehensive and Measured Critique and Discussion of Maudsley and Family Based Therapy: The Civilizing Influence of Rigorous and Impartial Debate. International Conference on Eating Disorders, New York, New York, *Workshop with Michael Strober, PhD*, March.

Therapies for Patients with Eating Disorders and Substance Use Disorders. International Conference on Eating Disorders, New York, New York, *Workshop with Amy Baker Dennis, PhD, Therese Killeen, PhD, Lucene Wisniewski, PhD, Kristin von Ranson, PhD, and Timothy Brewerton, MD*, March.

Challenges for Clinicians Providing Evidence-Based Treatment for Adolescents and Children with Eating Disorders. International Conference on Eating Disorders, New York, New York, Presented by the Child & Adolescent, Family Based Treatment and Nutrition SIGs, *with Rebecka Peebles, MD, Scott E. Moseman, MD, Kortney M. Parman, RD, RN*, March.

Atypical Anorexia, Anorexia: Where Do We Draw the Line? Diagnostic, Clinical and Research Implications. International Conference on Eating Disorders, New York, New York, Presented by the Medical Care and Assessment & Diagnosis SIGs, *with Carol B. Peterson, PhD, Joanna Marino, PhD, Richard E. Kreipe, MD, and Rebecka Peebles, MD*, March.

Challenges in implementing family-based treatment. Illinois IAEDP Chapter, Schaumburg, IL. *Plenary Lecture*, March.

The prevalence and treatment of adolescent eating disorders: Pediatricians as first line of defense. Department of Pediatrics, University of California, San Francisco, San Francisco, CA. *Grand Rounds*, April.

Clinical Research: The prevalence and treatment of adolescent eating disorders. 11<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Camposampiero, Venice, Italy, *Lecture*, May.

Syndromal Studies: Eating Disorders. 11<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Camposampiero, Venice, Italy, *Workshop*, May.



Current best practice in the treatment of adolescents with eating disorders. First UCSF Eating Disorders Summit. University of California, San Francisco, San Francisco, CA. *Plenary Lecture*, June.

Adolescent eating disorders: Recent advances in treatments. 47<sup>th</sup> Annual Advances & Controversies in Clinical Pediatrics. University of California, San Francisco, San Francisco, CA. *Invited Lecture*, June.

Adolescent eating disorders: Recent treatment developments. Convegno Internazionale: Il ruolo della famiglia nel trattamento dei disturbi alimentari Misano Adriatico, Italy. *Workshop and Plenary Lecture*, June.

2015 Evidence-based approach to hospital and outpatient management of eating disorders. Department of Pediatrics, Division of Adolescent Medicine, KK Hospital for Women and Children, Singapore, *Lecture*, January.

Implementation of different care models and Challenges of FBT for Eating Disorders in a Tertiary Setting. Department of Pediatrics, Division of Adolescent Medicine, KK Hospital for Women and Children, Singapore, *Lecture*, January.

Evidence-based approach to hospital and outpatient management of eating disorders. Institute of Mental Health, Singapore, *Lecture*, January.

Challenges in family-based treatment for adolescents with eating disorders. Eating Disorders Program, Singapore General Hospital, Singapore, *Lecture*, January.

Treatment Advances in Adolescent Eating Disorders: An Update for Adolescent Medicine and Psychiatry. Department of Pediatrics Grand Rounds, University of Michigan, Ann Arbor, MI. *Second David Rosen Lectureship Presentation*, March.

Eating Disorders in Adolescence: An Update. Eating Disorders Program, Children's Hospitals and Clinics of Minnesota, Minneapolis, MN. *Lecture*, March.

Treatment Advances in Adolescent Eating Disorders: An Update for Adolescent Medicine and Psychiatry. Department of Pediatrics Grand Rounds, San Francisco General Hospital, San Francisco, CA. *Grand Rounds*, March.

Eating Disorders. American Academy for Child and Adolescent Psychiatry Annual Review, San Francisco, CA. *Lecture*, March.

Family-Based Therapy for the Treatment of Anorexia Nervosa. 2015 Eating Disorders Conference Meeting the Challenge Across the Lifespan, Johns Hopkins University, Baltimore, MD. *Plenary Lecture*, May.

Parent Training: An Introduction to Family Based Treatment of Eating Disorders. 2015 Eating Disorders Conference Meeting the Challenge Across the Lifespan, Johns Hopkins University, Baltimore, MD. *Workshop*, May.

Treatment effectiveness and optimal treatment targets for individuals with severe and enduring anorexia nervosa (SE-AN). Eating Disorders Research Society, Catania, Italy. *Symposium* (Lead by Touyz et al), September.

Evidence-Based Treatments for Adolescent Eating Disorders. Department of Psychiatry, University of Stellenbosch, Tygerberg, South Africa. *Invited Lecture*, September.

The Elusive Etiology of Anorexia Nervosa: Finding Answers in an Integrative Biopsychosocial Approach. Biological Psychiatry Congress, Somerset West, South Africa. *Plenary Lecture*, September.

What is Support? Guidance and best practices for supporting a loved one struggling with an eating disorder. National Association for Eating Disorders Annual Conference, San Diego, CA. *Invited Panel Presentation*, October.

Family-Based Treatment Across Borders: Developing a Telemedicine Approach for FBT. National Association for Eating Disorders Annual Conference, San Diego, CA. *Invited Plenary Presentation*, October.

Family-based treatment for adolescent anorexia nervosa. Developmental Psychopathology Class – John Weisz, PhD, Department of Psychology, Harvard, Cambridge, MA. *Invited commentary*, October.

Family-Based Treatment for Adolescent Anorexia Nervosa. Sala Teatro Santo Spirito, Rome, Italy. *Invited Workshop*, November.

Adolescents and Eating Disorders - An Overview. Youth Health Conference 2015, Melbourne, Australia. *Invited Workshop*, With Martin Pradel, Michele Yo, and Andrew Court, November.

2016 Treatment of adolescent bulimia nervosa vs. anorexia nervosa: Which is ahead? Department of Psychiatry, Division of Child and Adolescent Psychiatry, University of California, San Francisco, San Francisco, CA. *Grand Rounds*, February.

Family Therapy for Adolescent Anorexia Nervosa: Past, Present and Future. International Conference on Eating Disorders, San Francisco, CA. *SIG Panel Presentation with Ivan Eisler*, May.

Closing the Eating Disorder Treatment Gap with Technology and Innovations. International Conference on Eating Disorders, San Francisco, CA. *SIG Panel Presentation with Kristen Anderson*, May.

Clinical Trails and Level of Evidence. 12<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Fondazione Child, Bertinoro, Italy, *Lecture*, June.

Family-based treatment for adolescent eating disorders. Department of Health, Contra Costa County, Hercules, CA, *Two-Day Workshop*, September.

What have we learned in the 30 years since the first randomized clinical trial in adolescent eating disorders? Eating Disorders Program, University Medical Center of Princeton, Princeton, NJ, *Invited Plenary Lecture*, October.

What to do when FBT does not work? Webinar for the Australia New Zealand Academy for Eating Disorders, *Invited Lecture*, October.

Family therapy for adolescents with eating disorders: A Master Class. Eating Disorders Program, University of California, San Diego, San Diego, CA, *Two-day Master Class with Ivan Eisler, PhD*, October.

Family-based treatment for adolescent eating disorders. Calgary Eating Disorders Program, Alberta Health Services, Calgary, AB, Canada, *Two-day workshop with Gina Dimitropoulos, PhD*. October.

Do the Past Trials and Tribulations in the Treatment of Adolescents with Eating Disorders tell us where to go from here? Department of Psychiatry, University of Calgary, Calgary, AB, Canada. *Grand Rounds*, October.

The fundamentals of family-based treatment. Two-day workshop for ARFID. Eating Disorders Program, Children's Hospital and Clinics of Minnesota, Minneapolis, MN, *Invited Lecture*, November.

Past Trials and Tribulations in the Treatment of Adolescents with Eating Disorders: Where do we go from here? The Department of Psychiatry, Massachusetts General Hospital, Boston, MA. *The 6<sup>th</sup> Annual Jack Green, MD, Endowed Grand Rounds Lecture*, November.

The Elusive Etiology of Anorexia Nervosa: Finding Answers in an Integrative Biopsychosocial Approach. World Psychiatric Association, Cape Town, South Africa. *Symposium Speaker*, November.

2017 Understanding Levels of Evidence: Their Role in Clinical Research Design. 13<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Fondazione Child, Bertinoro, Italy, *Lecture*, March.

Past Trials and Tribulations in the Treatment of Adolescents with Eating Disorders: Where do we go from here? Department of Psychiatry, Loyola University Medical Center, Chicago, IL. *Grand Rounds*, April.

This Time it's "Personal": Adapting Empirically Based Therapies in the Era of Personalized Medicine. International Conference on Eating Disorders, Prague, Czech Republic, *Invited Plenary Presentation*, June.

Family-Based Treatment: From the Ivory Tower to the Real World, at All Levels of Care. International Conference on Eating Disorders, Prague, Czech Republic, *Workshop with Ellen Fletcher, PhD, and Erin Accurso, PhD*, June.

Weight, Health, and the Growing Brain: Contemporary Considerations in Treatment Goal Weight Determination for Children and Adolescents with Restrictive Eating Disorders. International Conference on Eating Disorders, Prague, Czech Republic, *Workshop with Debra Katzman, MD, Rebecka, Peebles, MD, and Andrea Garber, PhD*, June.

Treatment of Eating Disorders and Evidence Behind it. Treating Eating Disorders One Meal at a Time: Family-Based Treatment for Youth and Adolescents. Baystate Department of Pediatrics, Baystate Department of Child Behavioral Health and Baystate Continuing Interprofessional Education, Hadley, MA, *Workshop*, September.

Family-based treatment for adolescent anorexia nervosa: A Master Class. Baystate Department of Pediatrics, Baystate Department of Child Behavioral Health and Baystate Continuing Interprofessional Education, Hadley, MA, *Workshop*, September.

This Time it's "Personal": Adapting Empirically Based Therapies in the Era of Personalized Medicine. Department of Adolescent Medicine, University of Melbourne, Melbourne, Australia, *Invited Lecture*, September.

Family-based treatment for adolescent anorexia nervosa. Center for Diabetes and Weight Management, Lifespan, Brown University, Providence, RI, *Workshop*, October.

2018 Family-Based Treatment for Adolescent Anorexia Nervosa: Two-Day Training. Rintveld Eating Disorders Program, Utrecht-Zeist, The Netherlands, *Workshop*, March.

Adults Only: Parent-Focused Treatment for Restrictive Eating Disorders in Youth. International Conference on Eating Disorders, Chicago, IL, *Workshop with Katharine L. Loeb, PhD, and Martin Pradel, MA*, April.

Early Career SIG Panel. International Conference on Eating Disorders, Chicago, IL, *Special Interest Group, Early Career, Panelist*, April.

Family-Based Treatment: From the Ivory Tower to the Real World. 2018 Eating Recovery Conference, Denver, CO, *Invited Plenary with Ellen Astrachan-Fletcher, PhD.*, October.

E-mental health and why it is needed. Current research trials and the Eating Disorders Program in Leiden. InsideOut Institute Inaugural Lecture by Eric van Furth, PhD, Sydney, Australia, *Invited Panel Member*, October.

Family-Based Treatment for Adolescent Eating Disorders: Where are we now? Educational Seminar, Royal Children's Hospital, Melbourne, Australia. *Invited Lecture*, October.

2019 Family-Based Treatment Without Borders: Utilizing Telemedicine to Deliver FBT. National Eating Disorders Association, New York, NY. *Invited Talk*, March.

The Therapeutic Use of Humor and Irreverence in Treatment for AN: Levity in the Context of a Deadly Serious Disorder. International Conference on Eating Disorders Teaching Day, New York, NY. *Workshop conducted with Nancy Zucker, PhD, Katharine Loeb, PhD, Kathryn Huryk, MA, Martin Pradel, MA, & Gina Dimitropoulos, PhD*, March.

Parent-Focused Treatment for Adolescent Anorexia Nervosa. International Conference on Eating Disorders Teaching Day, New York, NY. *Invited Workshop presented by Sasha Gorrell, PhD.*, March.

Severe and enduring anorexia nervosa: From adolescence to adulthood. London Eating Disorders Conference 2019, London, UK. *Invited Workshop with Hubert Lacey, MD, Philippa Hay, MD, & Stephen Touyz, PhD.* March.

Family-Based Treatment for Adolescent Eating Disorders, Klinik für Psychiatrie, Psychosomatik und Psychotherapie des Kindes- und Jugendalters, Charité – Universitätsmedizin, Berlin, Germany. *Invited Talk*, March.

Family-based treatment for adolescent eating disorders. Scuola Di Psicoterapia Cognitiva, Turin, Italy. *Invited Two-day Workshop*, March.

Understanding Levels of Evidence: Their Role in Clinical Research Design. 15<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Fondazione Child, Rome, Italy, *Lecture*, May.

Moderators and mediators of family-based treatment for adolescent anorexia nervosa. American Psychiatric Association Annual Meeting, San Francisco, *Symposium*, May.

Eating Disorders for the General Psychiatrist. Evidence-Based Treatments for Adolescent Anorexia and Bulimia Nervosa. American Psychiatric Association Annual Meeting, San Francisco, *Teaching Session*, May.

Family-based treatment for adolescent eating disorders. InsideOut Institute, University of Sydney, Sydney, Australia, *Two-day Workshop*, November.

2020 Family therapy for adolescent anorexia nervosa. UC San Diego 4th Annual Eating Disorders Conference, La Jolla, CA, *One-day Workshop with Ivan Eisler, PhD, and Roxanne Rockwell, PhD*, February.

Telehealth Family-based treatment. InsideOut Institute, University of Sydney, Sydney, Australia, *Webinar*, April.

Innovative Treatment Approaches. Eating Disorders Research Society Virtual Meeting 2020, *Invited workshop with Co-Chairs Anja Hilbert (Germany), Ulrike Schmidt (UK), and Katrin Giel (Germany)*, October.

COVID19 and Eating Disorders: Exploring the Impact on Patients-Carers and Management Challenges. Academy for Eating Disorders Zoom Webinar, *Invited speaker along with Janet Treasure (UK), and Valentina Cardi (UK/Italy), Moderator: Fernando Fernandez-Aranda (Spain)*, November.

Two-day Family-based treatment Online workshop. InsideOut Institute, University of Sydney, Sydney, Australia, *Webinar*, November.

2021 Two-day Family-based treatment Online workshop. InsideOut Institute, University of Sydney, Sydney, Australia, *Webinar*, February.

Enhanced cognitive-behavior therapy and family-based treatment for adolescents with an eating disorder: a non-randomized effectiveness trial. Royal Children's Hospital, Melbourne, Australia, *Invited Online Lecture*, March.

Family-based treatment for transition-aged youth. Academy for Eating Disorders Webinar. Presenter Gina Dimitropoulos, PhD, Moderator Daniel Le Grange, PhD, March.

A critical look at the elusive definition of recovery in anorexia nervosa. ACUTE at Denver Health, Denver, CO, *Invited Journal Club*, July.

Two-day Family-based treatment Online workshop. InsideOut Institute, University of Sydney, Sydney, Australia, *Invited Webinar*, August.

An Update on Family-Based Treatment for Adolescent Eating Disorders. Families Empowered and Supporting Treatment of Eating Disorders, F.E.A.S.T. *Invited Webinar*, June.

Interpreting Clinical Research: Design, Levels of Evidence & Standards of Reporting. 16<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Fondazione Child Rome, Italy, *Invited Lecture*, September.

Family-based treatment for adolescent eating disorders. 8<sup>th</sup> International Neuroscience Update Congress, and 2<sup>nd</sup> International Eating Disorders Conference, United Arab Emirates, *Invited Plenary*, November.

2022 Family-based treatment for adolescent anorexia nervosa: outcomes of a stepped-care Model. Department of Pediatrics, Division of Adolescent Medicine, Royal Children's Hospital, Melbourne, Australia, *Invited Lecture*, February.

## INVITED, ELECTED, OR APPOINTED EXTRAMURAL SERVICE

1993	Co-guest Editor: <i>South African Journal of Continuing Medical Education</i> (Special edition on Eating Disorders)
2006 – 2020	<i>International Journal of Eating Disorders</i> (Editorial Board)
2007 – 2017	<i>European Eating Disorders Review</i> (Editorial Board)
2010 – 2017	<i>BMC Psychiatry</i> (Associate Editor)
2013	F.E.A.S.T. “Family Guide to Choosing Treatment for Eating Disorders”, Family Guide to the Diagnosis of Eating Disorders”, and “Family Guide to Eating Disorders and Nutrition” (Co-Editor)
2016	<i>Journal of Eating Disorders</i> Special edition on inpatient nutritional rehabilitation in adolescent anorexia nervosa (Guest Editor)
2019	<i>Frontiers of Psychiatry</i> Special Edition on Family-Based Treatment for Adolescent Eating Disorders (Co-Guest Editor)
2020	<i>Journal of Eating Disorders</i> Special Edition on Clinical Advances in the Treatment of Anorexia Nervosa (Co-Guest Editor)
2012 – present	<i>BMC Journal of Eating Disorders</i> (Associate Editor)
2017 – present	<i>Eating Behaviours</i> (Editorial Board)
2018 – present	<i>European Eating Disorders Review</i> (Associate Editor)
2019 – present	<i>The Italian Journal of Eating Disorders and Obesity</i> (Editorial Board)
Ad Hoc Reviewer:	<i>American Journal of Psychiatry; Australian Clinical Psychologist; Annals of Behavioral Medicine; Appetite; JAMA Psychiatry; Behavior Therapy; Biological Psychiatry; Clinical Psychology Review; Cochrane Database of Systematic Reviews; Comprehensive Psychiatry; Culture, Medicine and Psychiatry; Early Intervention in Psychiatry; Eating and Weight Disorders; International Journal of Adolescent Medicine and Health; Health Psychology; Journal of Adolescent Health; Journal of Behavioral Medicine; Psychology and Health; Journal of Behavioral Medicine; Journal of Clinical Psychology; Journal of Clinical Child and Adolescent Psychology; Journal of the American Medical Association; Journal of the American College of Nutrition; Journal of Applied Social Psychology; Journal of Family Therapy; Journal of Nervous and Mental Disease; Journal of Psychosomatic Research; Journal of the American Academy of Child and Adolescent Psychiatry; Pediatrics; Psychological Medicine; Psychotherapy and Psychosomatics; South African Journal of Psychology; Transcultural Psychiatry.</i>

## MEMBERSHIP OF PROFESSIONAL & SCIENTIFIC SOCIETIES

1993-1994	Chairperson, National Eating Disorders Coordinating Committee, South Africa
1996-present	Academy for Eating Disorders (Elected Fellow 2002)
1996-present	Eating Disorders Research Society
2007-2012	Member, Clinical and Scientific Advisory Council, National Eating Disorders Association
2017-present	Member, Clinical and Scientific Advisory Council, National Eating Disorders Association

## EDUCATION

### Undergraduate:

*University of Cape Town, Department of Psychology* 1992-1994  
- Psychological Assessment  
- Ethics

### Graduate:

*University of London, Institute of Psychiatry* 1990-1991  
- Clinical teaching seminar coordinator

*University of Cape Town, Department of Psychology* 1992-1994  
- Director for Psychotherapy Course (also part of the Psychology Course for the Master of Medicine in Psychiatry)

*State University of New York at Stony Brook, Department of Psychiatry* 1996-1998  
- Coordinator of educational activities for Advanced Behavioral Medicine Research Institute

*The University of Chicago, Department of Psychiatry* 1998-2014  
- Co-director of the Behavioral Medicine Seminar Series (1998-2000)  
- Clinical and research supervision of Pre-doctoral Psychology Interns, Postdoctoral Fellows, and Child and Adolescent Psychiatry Fellows (1998-2014)  
- Research Seminar for Psychiatry Residents (2009-2014)  
- Professional Development Seminar for Pre-Doctoral Psychology Interns (2009-2014)

*University of California, San Francisco, Department of Psychiatry*  
- Lecturer in Pediatrics 180.01 Core Seminar – Winter 2015-present  
- Faculty Mentor for Clinical Psychology Training Program 2016-present  
- Faculty Mentor for Clifford Attkisson Clinical Services Research Training Program 2016-present

## PAST OR PRESENT TRAINEES

### Name

### Present or last Position

#### Undergraduate Thesis Committee

Lisa Brownstone AB Student, The University of Chicago, IL

#### Masters Thesis Examiner

Kate Godfrey University of Sydney, Sydney, Australia

#### Doctoral Students Dissertation Committee/Examiner

Amy Gorin, PhD State University of New York, Stony Brook, NY

Peter Doyle, PhD Northwestern University, Chicago, IL

Stephanie Klenotich, PhD Chair, The University of Chicago, IL

Sara La Casse, PhD Fordham University, NY

Lisa Hail, PhD Fairleigh Dickinson University, NJ

Athanasia Antonakas, MSocSci University of KwaZulu-Natal, South Africa



Lauren Todd, MS  
Ashlea Hambleton, MA

Fairleigh Dickinson University, NJ  
University of Sydney, Sydney, Australia

**Predoctoral Interns/Child Psychiatry Fellows/Adolescent Medicine Fellows**

Trisha Meyers, MA	Assistant Professor, University of North Dakota, ND
Shannon Tassava, MA	Mental Health Coordinator, Edina, MN
Kristy Vickers-Douglas, MA	Professor, Mayo Clinic, Rochester, MN
Lisa Johnsen, MA	Associate Professor, University of Illinois, Chicago
Jill Ehrenreich, MA	Professor, University of Miami, FL
Andrea Chronis, MA	Associate Professor, University of Maryland, MD
Renee Hoste, MA	Associate Professor, Northwestern University, Chicago, IL
Khytam Dawood, MA	Assistant Professor, Pennsylvania State University, PA
Shannon Zaitsoff, MA	Assistant Professor, Simon Fraser University, Vancouver
Kamryn Eddy, MA	Associate Professor, Harvard University, MA
Sylvia Herbozo, MA	Assistant Professor, Loma Linda University, CA
Kathryn Gordon, MA	Assistant Professor, University of North Dakota, ND
Daniel Munoz, PhD	Assistant Professor, University of Indianapolis, IN
Sarah Fischer, PhD	Associate Professor, George Mason University, DC
Angela Smyth, MD	Clinical Associate, The University of Chicago
Chris Thurstone, MD	Assistant Professor, University of Colorado, CO
David Hirsch, MD	Private Practice, Chicago, IL
Simone West, MD	Staff Psychiatrist, Timberline Knowles, La Mont, IL
Jeremy VanDerWeele, MD	Professor, Columbia University, NY
Julie Pan, MD	Staff Psychiatrist, UCLA Student Psychological Services
Sarah Maguire, MA	Service Development, NSW, Sydney, Australia
Peter Doyle, MA	Private Practice, Seattle, WA
Christopher Womack, MD	Staff Psychiatrist, Lakeshore Hospital, Chicago, IL
Jane Gaffrey, DO	Private Practice, VT
Kelly Berg, MA	Assistant Professor, University of Minnesota, MN
Kristen Culbert, MA	Assistant Professor, University of Nevada, Las Vegas, NV
Alissa Haedt-Matt, MA	Assistant Professor, Illinois Institute of Technology, IL
Anna Ciao, MS	Assistant Professor, Western Washington University, WA
Vincente Conzaga, MD	Staff Psychiatrist, Memorial Hospital of South Bend, IN
Ellen Fitzsimmons-Craft, MS	Associate Professor, Washington University, MO
Andrea Kass, MS	Assistant Professor, Northwestern University, Chicago, IL
Megen Vo, MD	Assistant Professor, Stanford University, CA
Paul Elizondo, DO	Child & Adolescent Psychiatry Fellow, UCSF, CA
Lisa Hail, MA	Assistant Professor, Department of Psychiatry, UCSF, CA
Kathryn Huryk, MA	Assistant Professor, Department of Psychiatry, UCSF, CA
Leigh Brosorf, MS	Predoctoral Fellow, Department of Psychiatry, UCSF, CA

**Postdoctoral Trainees**

Maureen Dymek, PhD	Professor, University of North Carolina, NC
Roslyn Binford, PhD	Humboldt Fellow, University of Heidelberg, Germany
Marla Engelberg, PhD	Staff Psychologist, York Hospital, York, Canada
Daniel Munoz, PhD	Assistant Professor, University of Indianapolis, IN
Sarah Fischer, PhD	Associate Professor, George Mason University, DC
Renee Hoste, PhD	Director of Research, ERC, and Associate Professor, Northwestern University, Chicago, IL.

Angela Celio Doyle, PhD	Co-Director, Evidence Based Treatment Centers of Seattle (EBTCS), WA
Kathryn Smith, PhD	Assistant Professor, University of Southern California, Los Angeles, CA
Lisa Hail, PhD	Clinical Assistant Professor, Department of Psychiatry, UCSF, San Francisco, CA
Kathryn Huryk, PhD	Department of Psychiatry and Behavioral Sciences, UCSF, San Francisco, CA

### **NRSA T32 Postdoctoral Fellows**

Peter Doyle, PhD	Private Practice, Seattle, WA
Andrea Goldschmidt, PhD	Associate Professor, University of Pittsburg Medical Center, Pittsburg, PA
Kristen Culbert, PhD	Assistant Professor, University of Nevada, Las Vegas, NV
Erin Accurso, PhD	University, Lansing, MI
Erin Accurso, PhD	Associate Professor, Department of Psychiatry University of California, San Francisco, CA
Anna Ciao, PhD	Assistant Professor, Western Washington University, Bellingham, WA
Sasha Gorrell, PhD	Assistant Professor, Department of Psychiatry, University of California, San Francisco, CA

### **UCSF Faculty Career/Research Mentor (past/present)**

Somer Bishop, PhD	Associate Professor, University of California, San Francisco, CA
Stuart Murray, PhD	Assistant Professor, University of California, San Francisco, CA
Sabrina Darrow, PhD	Assistant Professor, University of California, San Francisco, CA
Erin Accurso, PhD	Assistant Professor, University of California, San Francisco, CA
Rachel Radin, PhD	Assistant Professor, University of California, San Francisco, CA

### **UNIVERSITY AND OTHER SERVICE**

#### **Departmental/University**

<i>University of Cape Town, Department of Psychology</i>	1992-1994
- Departmental representative at Faculty of Science meetings	
- Administered departmental library	
<i>The University of Chicago, Biological Science Division</i>	
- Committee on Appointments and Promotions	2009-2011
- Judge, 64 <sup>th</sup> Annual Senior Scientific Session	05/2010
- Judge, 65 <sup>th</sup> Annual Senior Scientific Session	03/2011
- Judge, 66 <sup>th</sup> Annual Senior Scientific Session	03/2012
<i>The University of Chicago, Department of Psychiatry</i>	
- Grand Rounds Committee Member	2002-2014

- Mentorship Committee 2004-2014
- Committee on Appointments and Promotions 2005-2014
- Eating Disorders Task Force 2007-2008

*University of California, San Francisco, Department of Psychiatry*

- Search Committee Member, Chair of Child and Adolescent Psychiatry 2015
- Search Committee Member (Standing Committee), CAP Faculty 2015-2019
- CAP Education Task Force Member 2016-present
- Search Committee Member, Co-Medical Director, Eating Disorders Program, Department of Pediatrics 2020
- 2130T Change Management Committee 2020-2021

## Other Services

### Grant Reviewer Activities

#### NIMH Study Section (US)

- Child Intervention Research, October 2004.
- Child Intervention Research, February 2005.
- Adult Psychopathology and Disorders of Aging, October 2008.
- Special Emphasis Panel, October 2008.
- Special Emphasis Panel, July 2013.
- Special Emphasis Panel, February 2015.
- Special Emphasis Panel, February 2016.
- Special Emphasis Panel, July 2019.
- Special Emphasis Panel, July 2020.

#### Swedish Research Council (Sweden)

- Grants for International Recruitment of Leading Researchers, March 2014.

#### Fonds National de la Recherche (Luxembourg)

- Grant review of the CORE 2014, June 2015.

#### Brain Canada Foundation (Canada)

- RBC Youth and Mental Health Review, July 2015.

#### National Eating Disorders Association (US)

- Feeding Hope Fund Review, October 2015.
- Feeding Hope Fund Review, October 2016.
- Feeding Hope Fund Review, October 2017.
- Feeding Hope Fund Review, October 2018.

#### The Guy's & St Thomas' Charity (UK)

- Grant Review, June 2016.

#### The HCF Research Foundation (Australia)

- Grant Review, August 2017.

#### National Institute for Health Research (UK)

- Health Technology Assessment (HTA), Grant Review, February 2018.

King's Health Partners Challenge Fund (UK)

Grant Review, June 2018.

Grant Review, November 2018.

Deutsche Forschungsgemeinschaft (DFG) (Germany)

Collaborative Research Center (CRC 1513) Grant Review, March 2022

Book Proposal Review

Tyler & Francis, June 2017.

Oxford University Press, July 2017.

Oxford University Press, February 2019.

Tyler & Francis, June 2019.

Academy for Eating Disorders (AED)

Book Reviews, AED Newsletter 2000–2002

Special Interest Groups Committee Member 2002–2003

Membership Council Chair 2003–2006

Member, Scientific Program Committee 2000–2002

Co-Chair Elect, Scientific Program Committee 2002–2004

Co-Chair, Scientific Program Committee 2004–2006

Member, Scientific Program Committee 2006–2008

Member, Fellows Committee 2008 -2011

Mentorship Program, ICED Austin, TX 2012

Mentorship Program, ICED Montreal, Canada 2013

Member, Nonprofit and University Residential  
Treatment Centers Committee 2018-

National Eating Disorders Association

Member, Clinical and Scientific Advisory Council 2007-2012

2017-2020

Member, Research Advisory Council 2022-2023

Family Empowered and Supporting Treatment of Eating Disorders

Member, Professional Advisory Panel 2008-present

Center for Excellence in Eating Disorders, Victoria, Australia

Consultant 2008-2010

f1000medicine.com

Faculty Contributor 2008-2013

Training Institute for Child and Adolescent Eating Disorders, LLC

[www.train2treat4ed.com](http://www.train2treat4ed.com) 2009-present

Co-Founder and Co-Director

Maudsley Parents

[www.maudsleyparents.org](http://www.maudsleyparents.org) 2009-2015

Clinical Advisor

Advance Medical, Inc.

Expert Medical Opinion 2012-2013

<u>Commonwealth Department of Health, Australia</u> Consultant to Expert Advisory Group	2016
<u>Optum Eating Disorders Expert Panel</u> Expert Panel Member	2018
<u>Patient-Centered Outcomes Research Institute (PCORI)</u> Comparative Effectiveness of Outpatient Treatments for Adolescents and Young Adults with Eating Disorders Consultation	2018
<u>WW Adolescent Eating Disorders</u> Expert Panel Member	2018-present
<u>Journal of the Canadian Academy of Child and Adolescent Psychiatry</u> External Reviewer for the Canadian Clinical Practice Guidelines for Children and Adolescents with Eating Disorders	2019
<u>Equip Health</u> Clinical Advisory Board Member	2020-present
<u>PsychWire</u> Expert Consultant	2022-present