## **CURRICULUM VITAE**

## Daniel Le Grange, Ph.D. Benioff UCSF Professor in Children's Health University of California, San Francisco

and

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## **APPOINTMENTS**

2014-date

<b>Academic Ap</b> 1990-1991	pointments: Research Worker. Department of Child and Adolescent Psychiatry, Institute of Psychiatry, University of London, UK.
1991-1994	<b>Senior Lecturer in Psychology</b> . Department of Psychology & The Child Guidance Clinic, University of Cape Town, South Africa.
1994-1995	<b>Postdoctoral Fellow in Eating Disorders</b> . Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, CA.
1996-1998	<b>Research Assistant Professor of Psychiatry and Fellow</b> , Applied Behavioral Medicine Research Institute, Department of Psychiatry, State University of New York at Stony Brook, NY.
1998-2005	<b>Assistant Professor of Psychiatry</b> . The University of Chicago, Department of Psychiatry & Behavioral Neuroscience, Chicago, IL.
2005-2008	<b>Associate Professor of Psychiatry</b> . The University of Chicago, Department of Psychiatry & Behavioral Neuroscience, Chicago, IL.
2009-2014	<b>Professor of Psychiatry with Tenure.</b> The University of Chicago, Department of Psychiatry & Behavioral Neuroscience, Chicago, IL.
2014-date	<b>Emeritus Professor of Psychiatry.</b> The University of Chicago, Department of Psychiatry & Behavioral Neuroscience, Chicago, IL.

Distinguished Professor. Benioff UCSF Professor in Children's Health.

Departments of Psychiatry & Pediatrics. University of California, San Francisco.

# **Visiting or Honorary Appointments:**

2008	<b>International Visiting Fellow.</b> University of Sydney, Department of Psychology, Sydney, Australia (March through May).
2009-2015	<b>Professorial Fellow.</b> University of Melbourne, Department of Pediatrics, Melbourne, Australia.
2013-2014	<b>Presidential Chair.</b> University of California, San Francisco, Department of Pediatrics and Department of Psychiatry, San Francisco, CA.
2015	<b>Visiting Expert.</b> Ministry of Health, Government of Singapore, KK Hospital for Women and Children, Singapore (January 26 – 30, 2015).

# **Clinical Appointments:**

1990-1991	<b>Staff Clinical Psychologist</b> . Department of Children and Adolescents, Bethlem Royal and the Maudsley Hospital, London. Department Psychiatry and The Eating Disorders Unit: Bethlem Royal and the Maudsley Hospital, London, UK.
1991-1994	<b>Consultant Clinical Psychologist</b> . Child Guidance Clinic, University of Cape Town, Department of Psychiatry, Stellenbosch University Medical School, and Kenilworth Clinic Eating Disorders Unit, Cape Town, South Africa.
1994-1995	<b>Postdoctoral Fellow in Eating Disorders</b> . Behavioral Medicine Clinic, Department of Psychiatry and Behavioral Science, Stanford University School of Medicine, Stanford, CA.
1998-2014	<b>Director, Eating Disorders Program</b> . The University of Chicago Medical Center, Department of Psychiatry & Behavioral Neuroscience, Chicago, IL.

Eating Disorders Director. Departments of Psychiatry and

## **ACADEMIC TRAINING**

2014-date

Undergraduate  BA (Psychology), University of Johannesburg, South Africa BA (Hons) (Psychology), University of Johannesburg	1980 1981
Graduate  MA (Clinical Psychology), University of Johannesburg	1983
PhD (Psychology), University of London, UK  Postdoctoral Training	1989
Eating Disorders, University of London, London, UK	1990-1991
Eating Disorders, Stanford University, California, USA	1994-1995

Pediatrics, University of California, San Francisco, San Francisco, CA.

3

## LICENSURE

1997 Clinical Psychologist Illinois, # 005579

1998 Clinical Psychologist New York, # 013380 (inactive)

2016 Clinical Psychologist California, # PSY28110

## **ACCREDITATION**

2015 Clinical Psychologist National Register of Health Service Psychologists,

#54931

## **SCHOLARSHIP**

**Journal Articles** (Underlined = Trainees/Students)

- 1. Eisler, I., & **Le Grange**, **D.** Excessive exercise and anorexia nervosa. *International Journal of Eating Disorders*, 1990, 9, 377-386.
- 2. **Le Grange, D.,** Eisler, I., Dare, C., & Russell, G.F.M. Evaluation of family treatments in adolescent anorexia nervosa: A pilot study. *International Journal of Eating Disorders*, 1992, 12, 347-357.
- 3. **Le Grange, D.,** Eisler, I., Dare, C., & Hodes, M. Family ratings of expressed emotion in adolescent anorexia nervosa. *Journal of Family Therapy*, 1992, 14, 177-192.
- 4. **Le Grange D.** Family therapy outcome in adolescent anorexia nervosa: A review. *South African Journal of Psychology*, 1993, 23, 174-179.
- 5. **Le Grange, D.** Exercise prescription and mental health: Recent developments. *Continuing Medical Education*, 1993, 11, 191-199.
- 6. **Le Grange, D.,** & Eisler, I. The link between eating disorders and excessive exercise: A review. *European Eating Disorders Review*, 1993, 1, 100-119.
- 7. Hodes, M., & **Le Grange, D.** Expressed Emotion in the investigation of eating disorders. *International Journal of Eating Disorders*, 1993, 13, 279-288.
- 8. Dare, C., **Le Grange, D.,** Eisler, I., & Rutherford, J. Redefining the psychosomatic family: The pre-treatment family process in 26 eating disorder families. *International Journal of Eating Disorders*, 1994, 16, 211-226.
- 9. <u>Lewis, L., & Le Grange, D.</u> The experience and impact of pregnancy in bulimia nervosa: a series of case studies. *European Eating Disorders Review*, 1994, 2, 93-105.
- 10. **Le Grange**, **D.**, <u>Tibbs</u>, <u>J</u>. & Noakes, T.D. The implications of a diagnosis of anorexia nervosa in a ballet school. *International Journal of Eating Disorders*, 1994, 15, 369-376.
- 11. **Le Grange, D.,** <u>Tibbs, J.,</u> & <u>Selibowitz, J.</u> Eating attitudes, body shape and self-disclosure in a community sample of adolescent boys and girls. *Eating Disorders: The Journal of Treatment and Prevention*, 1995, 3, 253-264.
- 12. **Le Grange, D.** Psychological treatment in eating disorders. *Continuing Medical Education*, 1995, 13, 491-498.

- 13. <u>Evans, J., & Le Grange, D.</u> Body size and parenting in eating disorders. A comparative study of the attitudes of mothers towards their children. *International Journal of Eating Disorders*, 1995, 18, 39-48.
- 14. **Le Grange, D.** Family therapy for adolescents with anorexia nervosa. *Revista Argentina de Clinica Psicologica*, 1995, iv (2), 115-125.
- 15. **Le Grange, D.** Cross-cultural issues in eating disorders. *Clinical Psychology Forum*, 1996, 92, 9-23.
- 16. Eisler, I., Dare, C., Russell, G.F.M., Szmukler, G.I., **Le Grange, D.,** & Dodge, E. Family and individual therapy in anorexia nervosa: A five-year follow-up. *Archives of General Psychiatry*, 1997, 54, 1025-1030.
- 17. **Le Grange, D.,** Telch, C.F., & Agras, W.S. Eating and general psychopathology in a sample of Caucasian and ethnic minority subjects. *International Journal of Eating Disorders*, 1997, 21, 285-293.
- 18. **Le Grange, D.,** Telch, C.F., & <u>Tibbs, J.</u> Eating attitudes and behaviors in 1435 South African Caucasian and non-Caucasian college students. *American Journal of Psychiatry*, 1998, 155, 250-154.
- 19. **Le Grange, D.,** Stone, A.A., & Brownell, K.D. Eating disturbances in white and minority female dieters. *International Journal of Eating Disorders*, 1998, 24, 395-403.
- 20. **Le Grange**, **D.**, & <u>Gelman</u>, <u>T</u>. The patient's perspective of treatment in eating disorders: A preliminary study. *South African Journal of Psychology*, 1998, 28, 182-186.
- 21. Szabo, C., Goldin, J., & **Le Grange, D.** Application of the family relations scale to a sample of anorexics, bulimics, and non-psychiatric controls: A preliminary study. *European Eating Disorders Review*, 1999, 7, 37-46.
- 22. **Le Grange**, **D.** Family therapy for adolescent anorexia nervosa. *Journal of Clinical Psychology*, 1999, 5, 727-740.
- 23. Wassenaar, D., **Le Grange, D.**, Winship, J., & Lachenicht, L. The prevalence of eating disorder pathology in a cross-ethnic population of female students in South Africa. *European Eating Disorders Review*, 2000, 8, 225-236.
- 24. Eisler, I., Dare, C., Hodes, M., Russell, G.F.M., Dodge, E., & **Le Grange, D.** Family therapy for adolescent anorexia nervosa: The results of a controlled comparison of two family interventions. *Journal of Child Psychology and Psychiatry*, 2000, 41, 727-736.
- 25. <u>Dymek, M.</u>, **Le Grange, D.**, Nevan, K., & Alverdy, J. Psychosocial changes in morbidly obese patients before and after Roux-Y gastric bypass surgery. *Obesity Surgery*, 2001, 11, 32-39.
- 26. **Le Grange, D.,** Gorin, A., Catley, D., Stone, A.A. Does momentary assessment detect binge eating in overweight women that is denied at interview? *European Eating Disorders Review*, 2001, 9, 309-324.

- 27. Lock, J., & **Le Grange, D.** Can family-based treatment of anorexia nervosa be manualized? *The Journal of Psychotherapy Practice and Research,* 2001, 10, 253-261.
- 28. **Le Grange, D.,** & <u>Dymek, M.</u> From prevention to treatment in eating disorders. *Contemporary Psychology*, 2001, 46, 134-138.
- 29. <u>Dymek, M.</u>, & **Le Grange, D.** Anorexia nervosa with comorbid psychosis and borderline mental retardation. *International Journal of Eating Disorders*, 2002, 31, 478-482.
- 30. **Le Grange, D.,** Gorin, A., Dymek, M., & Stone, A.A. Does intensive momentary assessment improve cognitive behavioral therapy for binge eating disorders: A pilot study. *European Eating Disorders Review*, 2002, 10, 316-328.
- 31. <u>Dymek, M.</u>, **Le Grange, D.**, Nevan, K., & Alverdy, J. Quality of life after Gastric Bypass Surgery: A cross sectional study. *Obesity Research*, 2002, 10, 1135-1142.
- 32. **Le Grange, D.,** & Lock, J. Bulimia nervosa in adolescents: Treatment, eating pathology, and Comorbidity. *South African Psychiatry Review*, 2002, 5, 19-22.
- 33. Nevan, K., <u>Dymek, M.</u>, **Le Grange, D.,** Maasdam, H., Boogerd, A.C., & Alverdy, J. The effects of Roux-en-Y gastric bypass surgery on body image. *Obesity Surgery*, 2002, 12, 265-269.
- 34. <u>Johnsen, L.P., Gorin, A.,</u> Stone, A.A., & **Le Grange, D.** Characteristics of binge eating among women in the community seeking weight loss treatment. *Eating Behaviors. An International Journal*, 2003, 3, 295-305.
- 35. <u>Gorin, A.</u>, **Le Grange, D.**, & Stone, A.A. Effectiveness of spouse involvement in cognitive behavioral treatment for binge eating disorder. *International Journal of Eating Disorders*, 2003, 33, 421-433.
- 36. **Le Grange, D.,** & <u>Schwartz, S.</u> Family therapy for identical twins with anorexia nervosa: Case report. *Eating and Weight Disorders*, 2003, 8, 84-87.
- 37. **Le Grange, D.,** Lock, J., & <u>Dymek, M.</u> Family-based therapy for adolescents with bulimia nervosa. *American Journal of Psychotherapy*, 2003, 57, 237-251.
- 38. <u>Johnsen, L., Dymek, M., Alverdy, J., & Le Grange, D. Cross-cultural differences in morbidly obese females. *Obesity Research*, 2003, 11, 1002-1009.</u>
- 39. Agras, W.S., Brandt, H., Bulik, C., Dolan-Sewell, R., Fairburn, C.G., Halmi, K.A., Herzog, D., Jimerson, D., Kaplan, A., Kaye, W., **Le Grange**, **D.**, Lock, J., Mitchell, J., Rudorfer, M., Street, L., Striegel-Moore, R., Vitousek, K., Walsh, B.T., Wilfley, D. Report of the National Institutes of Health Workshop on Overcoming Barriers to Treatment Research in Anorexia Nervosa. *International Journal of Eating Disorders*, 2004, 35, 509-521.
- 40. **Le Grange, D.,** Loeb, K., Van Orman, S., & <u>Jellar, C</u>. Adolescent bulimia nervosa: A Disorder in Evolution? *Archives of Pediatrics and Adolescent Medicine*, 2004, 158, 478-482.

- 41. <u>Green, A., Dymek-Valentine, M., Pytluk, S., **Le Grange, D.,** & Alverdy, J. Psychosocial outcomes in gastric bypass surgery for patients with and without binge eating. *Obesity Surgery*, 2004, 14, 975-985.</u>
- 42. **Le Grange, D.** Family-based treatment for adolescent anorexia nervosa: A promising approach? *Clinical Psychologist*, 2004, 8, 56-63.
- 43. **Le Grange, D.,** Louw, J., Breen, A., & Katzman, M. The meaning of 'self-starvation' in impoverished Black adolescents in South Africa. *Culture, Medicine and Psychiatry*, 2004, 28, 439-461.
- 44. <u>Binford, R.</u>, **Le Grange, D.**, & <u>Jellar, C.</u> Eating Disorder Examination versus Eating Disorder Examination-Questionnaire in adolescents with full and partial-syndrome bulimia nervosa and anorexia nervosa. *International Journal of Eating Disorders*, 2005, 37, 44-49.
- 45. **Le Grange, D.,** <u>Binford, R.,</u> & Loeb, K. Manualized family-based treatment for anorexia nervosa: A case series. *Journal of the American Academy of Child and Adolescent Psychiatry*, 2005, 44, 41-46.
- 46. **Le Grange, D.,** & Lock, J. The dearth of psychological treatment studies for anorexia nervosa. *International Journal of Eating Disorders*, 2005, 37, 79-91.
- 47. Lock, J., & **Le Grange, D.** Family-based treatment for eating disorders. *International Journal of Eating Disorders*, 2005, 37, S64-67.
- 48. Wonderlich, S., Crosby, R., Joiner, T., Peterson, C., Bardone-Cone, A., Klein, M., Crow, S., Mitchell, J., **Le Grange, D.,** Steiger, H., Kolden, G., Johnson, F., & Vrshek, S. Personality subtyping and bulimia nervosa: Psychopathological and Genetic Correlates. *Psychosomatic Medicine*, 2005, 35, 649-657.
- 49. <u>Binford, R.</u>, & **Le Grange, D.** Adolescents with Bulimia Nervosa and Eating Disorder Not Otherwise Specified. *International Journal of Eating Disorders*, 2005, 38, 157-161.
- 50. **Le Grange, D.** The Maudsley family-based treatment for adolescent anorexia nervosa. *World Psychiatry*, 2005, 4, 142-146.
- 51. Engel, S.G., Corneliussen, S.J., Wonderlich, S.A., Crosby, R.D., **Le Grange, D.,** Crow, S., Klein, M., Bardone-Cone, A., Peterson, C., Joiner, T., Mitchell, J.E., & Steiger, H. Impulsivity and compulsivity in bulimia nervosa. *International Journal of Eating Disorders*, 2005, 38, 244-251.
- 52. **Le Grange, D.,** & Schmidt, U. The treatment of adolescents with bulimia nervosa. *Journal of Mental Health*, 2005, 14, 587-597.
- 53. <u>Dennis, K.</u>, **Le Grange, D.**, & Bremer, J. Case report of Olanzapine use in adolescent anorexia nervosa. *Eating and Weight Disorders*, 2006, 11, e53-e56.

- 54. **Le Grange, D.,** <u>Binford, R.</u>, Peterson, C., Crow, S., Crosby, R., Klein, M., Bardone-Cone, A., Joiner, T., Mitchell, J., & Wonderlich, S. DSM-IV Threshold versus Sub-Threshold Bulimia Nervosa. *International Journal of Eating Disorders*, 2006, 39, 462-467.
- 55. <u>Bocchieri-Ricciardi, L.</u>, Chen, E.Y., <u>Munoz, D.</u>, <u>Fisher, S.</u>, <u>Dymek-Valentine, M.</u>, Alverdy, J.C., **Le Grange, D.** An investigation of presurgical binge eating status: Effect on eating behavior and weight outcome in gastric bypass patients. *Obesity Surgery*, 2006, 16, 1198-1204.
- 56. <u>Hewell, K., Hoste, R., & Le Grange, D.</u> Recruitment for an adolescent bulimia nervosa Treatment Study. *International Journal of Eating Disorders*, 2006, 39, 594-597.
- 57. **Le Grange, D.,** Louw, J., & Russell, B. Nel, T., & Silkstone, C. Eating Attitudes and Behaviors in South African Adolescents and Young Adults. *Transcultural Psychiatry*, 2006, 43, 401-417.
- 58. **Le Grange**, **D.** How enthusiastic should we be about family-based treatment for adolescent anorexia nervosa? *European Eating Disorders Review*, 2006, 14, 373-375.
- 59. Lock, J., **Le Grange, D.,** Forsberg, S., & <u>Hewell, K.</u> Is Family Therapy Effective for Children with Anorexia Nervosa? *Journal of the American Academy of Child and Adolescent Psychiatry,* 2006, 45, 1323-1238.
- 60. <u>Celio Doyle, A., Le Grange, D., Goldschmidt, A., & Wilfley, D.E. Psychosocial and physical impairment in overweight adolescents at high-risk for eating disorders, *Obesity*, 2007, 15, 145-154.</u>
- 61. **Le Grange, D.,** & Loeb, K.L. Early Identification and Treatment of Eating Disorders: Prodrome to Syndrome, *Early Intervention in Psychiatry*, 2007, 1, 27-39.
- 62. <u>Hoste, R., Hewell, K., & Le Grange, D.</u> Family interaction among white and ethnic minority adolescents with bulimia nervosa and their parents. *European Eating Disorder Review*, 2007, 15, 152-158.
- 63. Peterson, C. Crosby, R., Wonderlich, S., Joiner, T., Crow, S., Mitchell, J., Bardone-Cone, A., Klein, M., & **Le Grange, D.** Psychometric Properties of the Eating Disorder Examination-Questionnaire: Factor Structure and Internal Consistency, *International Journal of Eating Disorders*, 2007, 40, 386-389.
- 64. Loeb, K.L., Walsh, B.T., Lock, J., **Le Grange, D.,** Jones, J., Marcus, S., Weaver, J., Dobrow, I. Open Trial of Family-Based Treatment for Adolescent Anorexia Nervosa: Evidence of Successful Dissemination. *Journal of the American Academy of Child and Adolescent Psychiatry*, 2007, 46, 792-800.
- Munoz, D., Chen, E., Fischer, S., Roehrig, M., Alverdy, J., Dymek-Valentine, M., & Le Grange, D. Considerations for the use of the Beck Depression Inventory in the Assessment of Weight-Loss Surgery Seeking Patients. *Obesity Surgery*, 2007, 17, 1097-1101.

- 66. Chen, E, Bocchieri-Ricciardi, L., Munoz, D., Fischer, S., Katterman, S., Roehrig, M., Dymek-Valentine, M., Alverdy, J., & **Le Grange, D.** Depressed mood in Class III obesity predicted by weight-related stigma. *Obesity Surgery*, 2007, 17, 669-671.
- 67. **Le Grange, D.,** Crosby, R.D., Rathouz, P.J., & Leventhal, B.L. A randomized controlled comparison of family-based treatment and supportive psychotherapy for adolescent bulimia nervosa. *Archives of General Psychiatry*, 2007, 64, 1049-1056.
- 68. Fischer, S., Chen, E., Katterman, S., Roehrig, M., Bochierri-Ricciardi, L., Munoz, D., Dymek-Valentine, M., Alverdy, J., & **Le Grange, D.** Emotional Eating in a Morbidly Obese Bariatric Surgery Seeking Population. *Obesity Surgery*, 2007, 17, 778-784.
- 69. <u>Hoste, R., Zaitsoff, S., Hewell, K., & Le Grange, D.</u> What can dropouts teach us about retention in eating disorder treatment studies? *International Journal of Eating Disorders*, 2007, 40, 668-671.
- 70. Mitchell, J.E., Crosby, R.D., Wonderlich, S.A., Hill, L., **Le Grange, D.,** Powers, P., & <u>Eddy, K.</u> Latent Profile Analysis of a Cohort of Patients with Eating Disorders Not Otherwise Specified. *International Journal of Eating Disorders*, 2007, 40, S95-98.
- 71. Workgroup for Classification of Eating Disorders in Children and Adolescents (WCEDCA). Bravender T, Bryant-Waugh R, Herzog D, Katzman D, Kreipe RD, Lask B, **Le Grange D,** Lock J, Loeb K, Madden S, Nicholls D, O'Toole J, Pinhas L, Rome E, Sokol-Burger M, Wallen U, Zucker N. Classification of Child and Adolescent Eating Disturbances. *International Journal of Eating Disorders*, 2007, 40, S117-122.
- 72. Munoz, D., Lal, M., Chen, E., Bocchieri- Riccardi, L., Fischer, S., Roehrig, M., Sanchez-Johnsen, L., Dymek-Valenitine, M., Alverdy J., & **Le Grange, D.** Why Patients Seek Bariatric Surgery: A Qualitative and Quantitative Analysis of Patient Motivation. *Obesity Surgery*, 2007, 17, 1487-1491.
- 73. <u>Fischer, S.</u>, & **Le Grange, D.** Co-morbidity and High-Risk Behaviors in Treatment Seeking Adolescents with Bulimia Nervosa. *International Journal of Eating Disorders*, 2007, 40, 751-753.
- 74. Chen E., & **Le Grange, D.** Subtyping adolescents with bulimia nervosa into "dietary-depressive" and "depressive" subtypes. *Behavior Research and Therapy*, 2007, 45, 2813-2820.
- 75. **Le Grange**, **D.**, & Lock, J. New and emerging treatment options for adolescent bulimia nervosa. *Therapy*, 2007, 4, 841-849.
- 76. Eddy, K., Celio-Doyle, A., Hoste, R., Herzog, D., Le Grange, D. Eating disorder not otherwise specified (EDNOS): An examination of EDNOS presentations in adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*, 2008, 47, 156-164.
- 77. <u>Maguire, S.</u>, **Le Grange, D.**, Surgenor, L., Marks, P., Lacey, H., & Touyz, S. Staging Anorexia Nervosa: Conceptualizing Illness Severity. *Early Intervention in Psychiatry*, 2008, 2, 3-10.

- 78. **Le Grange, D.,** Crosby, R., & Lock, J. Predictors and moderators of outcome in family-based treatment for adolescent bulimia nervosa. *Journal of the American Academy of Child and Adolescent Psychiatry*, 2008, 47, 464-470.
- 79. Bardone-Cone, A.M., Joiner, T.E., Crosby, R.D., Crow, S.J., Klein, M.H., **Le Grange, D.,** Mitchell, J.E., Peterson, C.B., & Wonderlich, S.A. Examining a psychosocial interactive model of binge eating and vomiting in women with bulimia nervosa and subthreshold bulimia nervosa. *Behavior Research and Therapy*, 2008, 46, 887-894.
- 80. Lock, J., **Le Grange, D.,** & Crosby, R. Exploring possible mechanisms of change in family-based treatment for adolescent bulimia nervosa. *Journal of Family Therapy*, 2008, 30, 260-271.
- 81. Zaitsoff, S., Celio-Doyle, A., Hoste, R., & Le Grange, D. Therapeutic alliance and treatment acceptability with adolescents with bulimia nervosa: A comparison between individual and family based treatments. *International Journal of Eating Disorders*, 2008, 41, 390-398.
- 82. <u>Hoste, R.</u>, & **Le Grange, D.** Expressed emotion among white and ethnic minority families of adolescents with bulimia nervosa. *European Eating Disorders Review*, 2008, 16, 395-400.
- 83. Bardone-Cone, A., Maldonado, C., Crosby, R., Mitchell, J., Wonderlich, S., Joiner, T., Crow, S., Peterson, C., Klein, M., **Le Grange, D.** Revisiting differences in individuals with bulimia nervosa with and without a history of anorexia nervosa: Eating pathology, personality, and maltreatment. *International Journal of Eating Disorders*, 2008, 41. 697-704.
- 84. **Le Grange, D.,** <u>Doyle, P.,</u> Crosby, R., & Chen E. Early response to treatment in adolescent bulimia nervosa. *International Journal of Eating Disorders*, 2008, 41, 755-757.
- 85. **Le Grange, D.,** & Eisler, I. Family interventions in adolescent anorexia nervosa. *Child and Adolescent Psychiatric Clinics of North America*, 2009, 18, 159-173.
- 86. <u>Eddy, K.T.</u>, Crosby, R.D., Keel, P.K., Wonderlich, S.A., **Le Grange, D.,** Hill, L., Powers, P., & Mitchell, J.E. Application of latent profile analysis to empirically identify eating disorder phenotypes in a clinical sample. *Journal of Nervous and Mental Disease*, 2009, 197, 41-49.
- 87. <u>Celio Doyle, A., McLean, C., Washington, B.N., Rienecke Hoste, R., & Le Grange, D.</u> Are single-parent families different from two-parent families in the treatment of adolescent bulimia nervosa using family-based treatment? *International Journal of Eating Disorders*, 2009, 42, 153-157.
- 88. Anestis, M., Peterson, C., Bardone-Cone, A., Klein, M., Mitchell, J., Crosby, R., Wonderlich, S., Crow, S., **Le Grange, D.,** & Joiner, T. Affective lability and impulsivity in a clinical sample of women with bulimia nervosa: The role of affect in severely dysregulated behavior. *International Journal of Eating Disorders*, 2009, 42, 259-266.

- 89. Chen, E.Y., Roehrig M., Herbozo, S., McCloskey, M.S., <u>Roehrig, J.</u>, Cummings, H., Alverdy, J., **Le Grange, D.** Compensatory Eating Disorder Behavior and Gastric Bypass Outcome. *International Journal of Eating Disorders*, 2009, 42, 363-366.
- 90. Burd, C., Mitchell, J., Crosby, R., Engel, S., Wonderlich, S., Lystad, C., **Le Grange, D.,** Peterson, C., & Crow, S. An assessment of daily food intake in anorexia nervosa subjects in the natural environment. *International Journal of Eating Disorders*, 2009, 42, 371-374.
- 91. Loeb, K., & **Le Grange, D.** Family-Based Treatment for Adolescent Eating Disorders: Current Status, New Applications, and Future Directions. *International Journal of Child and Adolescent Health*. 2009. 2. 243-254.
- 92. Chen, E., McCloskey, M., <u>Doyle, P.</u>, Roehrig, J., Berona, J., Alverdy, J., & **Le Grange, D.** Body mass index as a predictor of one-year outcome in gastric bypass surgery. *Obesity Surgery*, 2009, 19, 1240-1242.
- 93. Marino, J., Ertelt, T., Wonderlich, S., Crosby, R., Lancaster, K., Mitchell, J., Fischer, S., Doyle, P., **Le Grange, D.**, Peterson, C., & Crow, S. Caffeine, artificial sweetener, and fluid Intake in anorexia nervosa. *International Journal of Eating Disorders*, 2009, 42, 540-545.
- 94. <u>Doyle, P., Le Grange, D., Celio-Doyle, A., Loeb, K., & Crosby, R. Early response to family-based treatment for adolescent anorexia nervosa. *International Journal of Eating Disorders*, 2010, 43, 659-662.</u>
- 95. **Le Grange, D.,** Lock, J., Loeb, K., & Nicholls, D. An Academy for Eating Disorders Position Paper. The role of the family in eating disorders. *International Journal of Eating Disorders*, 2010, 43, 1-5.
- 96. Fitzpatrick, K., Moye, A., Hoste, R., Lock, J., & **Le Grange, D.** Adolescent-focused psychotherapy for adolescents with anorexia nervosa. *Journal of Contemporary Psychotherapy*, 2010, 40, 31-39.
- 97. <u>Eddy, K.</u>, **Le Grange, D.**, Crosby, R., Hoste, R., Celio-Doyle, A., Smyth, A., & Herzog, D. Diagnostic classification of eating disorders in children and adolescents: How does DSM-IV-TR compare to empirically-derived categories? *Journal of the American Academy of Child and Adolescent Psychiatry*, 2010, 49, 277-287.
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- 94. Mitchison, D., Hay, P., Engel, S., Crosby, R., **Le Grange, D.,** Lacey, H., Mond, J., Slewa-Younan, S., & Touyz, S. Assessment of quality of life in people with severe and enduring anorexia nervosa: A comparison of generic and specific instruments. Australia and New Zealand Academy for Eating Disorders Annual Meeting, Journal of Eating Disorders, 2013, 1, (Suppl 1):O42.
- 95. Peterson, C., **Le Grange, D.,** Crosby, R., Berg, K., Swanson, S., Wonderlich, S., & Crow, S. Transition patterns in binge eating episode types among adolescents receiving psychotherapy treatment for bulimia nervosa. Eating Disorders Research Society Annual Meeting, Bethesda, MD, Proceedings, September 2013.

47

- 96. De Young, K. P., Lavender, J. M., Crosby, R. D., Wonderlich, S. A., Engel, S. G., Mitchell, J. E., Crow, S., Peterson, C. B., & **Le Grange, D.** Caloric restriction begets binge eating, which begets caloric restriction, in anorexia nervosa. Eating Disorders Research Society Annual Meeting, Bethesda, MD, Proceedings, September 2013.
- 97. **Le Grange, D.,** Hughes, E., Court, A., Yeo, M., Loeb, K., & Sawyer, S. An RCT of Parent-Focused and Family-Based Treatment for Adolescent Anorexia Nervosa. Eating Disorders Research Society Annual Meeting, Bethesda, MD, Proceedings, September 2013.
- 98. Zucker, N., Merwin, R., Moskovich, A., Bulik, C., Detloff, A, Lock, J., **Le Grange, D.,** & Loeb, K. Group Parent and Adolescent Skills Training for Adolescent Anorexia Nervosa: Preliminary Outcomes, Advantages, and Challenges. Eating Disorders Research Society Annual Meeting, Bethesda, MD, Proceedings, September 2013.
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- 100. Hughes, E., **Le Grange, D.,** Olsson, C., O'Connor, M., Macdonald, J., & Little, K. Developmental antecedents of risky eating attitudes and behaviors. International Conference on Eating Disorders, New York, New York, Proceedings, March 2014.
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- 102. Barak, R., Sztainer, M., Goldschmidt, A., & **Le Grange, D.** Family meal frequency among children and adolescents with eating disorders. International Conference on Eating Disorders, New York, New York, Proceedings, March 2014.
- 103. Goldschmidt, A., Wonderlich, S., Crosby, R., Cao, L., Engel, S., Lavender, J., Peterson, C., **Le Grange, D.,** Crow, S., & Mitchell, J. Latent profile analysis of eating episodes in women with anorexia nervosa. International Conference on Eating Disorders, New York, New York, Proceedings, March 2014.
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- 105. Culbert, K., Klump, K., Accurso, E., Keel, P., Sisk, C., Neal, M., Boker, S., Burt, A., & **Le Grange, D.** Puberty matters: Maturational status and timing predict eating disorder risk. International Conference on Eating Disorders, New York, New York, Proceedings, March 2014.
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- 114. White, E., Warren, C., Cao, L., Crosby, R., Engel, S., Wonderlich, S., Mitchell, J., Peterson, C., Crow, S., & **Le Grange, D.** Media exposure and media stress contribute to eating pathology: Daily and momentary associations. The International Conference on Eating Disorders. Boston, MA, Proceedings, April 2015.
- 115. Elran-Barak, R., Fitzsimmons-Craft, E., Benyamini, Y., Crow, S., Peterson, C., Hill, L., Crosby, R., Mitchell, J., & **Le Grange, D.** Anorexia Nervosa, Bulimia Nervosa, and Binge Eating Disorder in Midlife and Beyond. The International Conference on Eating Disorders, Boston, MA, Proceedings, April 2015.
- 116. Ciao, A., Accurso, E., & **Le Grange, D.** Child versus adolescent eating disorders: A comparison of clinical characteristics in a treatment–seeking sample. The International Conference on Eating Disorders, Boston, MA, Proceedings, April 2015.

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- 118. Goldschmidt, A., Accurso, E., Crosby, R., Li, C., Engel, S., Mitchell, J., Crow, S., Peterson, C., **Le Grange, D.,** & Wonderlich, S. Emotional, behavioral, and environmental context of purging episodes in anorexia nervosa. The International Conference on Eating Disorders, Boston, MA, Proceedings, April 2015.
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- 122. Madden, S., Miskovic, J., Wallis, A., Kohn, M., Lock, J., **Le Grange, D.,** Clarke, S., Hay, P., & Touyz, S. A Randomized Controlled Trial of Inpatient Treatment for Anorexia Nervosa in Medically Unstable Adolescents. The International Conference on Eating Disorders, Boston, MA, Proceedings, April 2015.
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- 125. Lock, J., & **Le Grange, D.** Can Adaptive Treatment Improve Outcomes in Family-Based Therapy for Adolescents with Anorexia Nervosa? Feasibility and Treatment Effects of a Multi-Site Treatment Study. 21st Annual Eating Disorders Research Society Meeting, Taormina, Sicily, Proceedings, September, 2015.
- 126. **Le Grange, D.,** Lock, J., Agras, S., Bryson, S., & Jo, B. Randomized Clinical Trial of Family-Based Treatment and Cognitive-Behavior Therapy for Adolescent Bulimia Nervosa. International Conference on Eating Disorders, San Francisco, CA, Proceedings, May 2016.

- 127. Lock, J., **Le Grange, D.,** Agras, S., Fitzpatrick, K., Jo, B., <u>Accurso, E.,</u> Forsberg, E., Anderson, K., Arnow, K., & <u>Sztainer, M.</u> Can Adaptive Treatment Improve Outcomes in Family-Based Therapy for Adolescents with Anorexia Nervosa? Feasibility and Treatment Effects of a Multi-Site Treatment Study. International Conference on Eating Disorders, San Francisco, CA, Proceedings, May 2016.
- 128. Loeb, K., Striegel, R., Walsh, T., Marcus, S., Pattanayak, C., Schron, D., Hail, L., Zucker, N., Newcorn, J., Taylor, B., Lock, J., & **Le Grange, D.** Comparison of Family-Based Treatment and Supportive Psychotherapy for Anorexia Nervosa Symptoms in High-Risk Youth: A Partially-Randomized Preference Design. International Conference on Eating Disorders, San Francisco, CA, Proceedings, May 2016.
- 129. Lavender, J., Mason, T., Utzinger, L., Wonderlich, S., Crosby, R., Engel, S., Mitchell, J., **Le Grange, D.,** Crow, S., & Peterson, C. Examining Affect and Maladaptive Perfectionism in Relation to Eating Disorder Symptoms among Women with Anorexia Nervosa. International Conference on Eating Disorders, San Francisco, CA, Proceedings, May 2016.
- 130. Graves, T.A., Tabri, N., Thompson-Brenner, H., Franko, D.L., Eddy, K.T., Bourion-Bedes, S., Brown, A., Constantino, M.J., Flückiger, C., Forsberg, S., Hildebrandt, T., Isserlin, L., Couturier, J., Paulsson Karlsson, G., Mander, J., Teufel, M., Mitchell, J.E., Crosby, R.D., Prestano, C., Satir, D.A., Simpson, S., Sly, R., Lacey, J.H., Stiles-Shields, C., Tasca, G.A., Waller, G., Zaitsoff, S.L., Rienecke, R., **Le Grange, D.,** & Thomas, J.J. A meta-analysis of the relation between therapeutic alliance and treatment outcome in eating disorders. International Conference on Eating Disorders, San Francisco, CA, Proceedings, May 2016.
- 131. Hughes, E.K., **Le Grange, D.,** Court, A., Yeo, M., Crosby, R., & Sawyer, S.M. Findings from a randomized clinical trial of parent-focused treatment for adolescent anorexia nervosa. The 14<sup>th</sup> Annual Conference of the Australian and New Zealand Academy of Eating Disorders. Christchurch, New Zealand, Proceedings, August 2016.
- 132. Hughes, E.K., van Langenberg, T., **Le Grange, D.,** & Sawyer, S.M. "They don't really get heard": Siblings of adolescents with anorexia nervosa. The 14<sup>th</sup> Annual Conference of the Australian and New Zealand Academy of Eating Disorders. Christchurch, New Zealand, Proceedings, August 2016.
- 133. Hughes, E.K., **Le Grange D.**, Court, A., Yeo, M., Crosby, R., & Sawyer, S.M. A comparison of conjoint family-based treatment and parent-focused treatment for adolescent anorexia nervosa. The 22nd Annual Meeting of the Eating Disorders Research Society. New York, NY, Proceedings, October 2016.
- 134. Goldschmidt, A., Crosby, R., Cao, L., Forbush, K., Moessner, M., & **Le Grange, D.** Dynamic interplay among eating disorder symptoms in a transdiagnostic sample of treatment-seeking youth: Further evidence for the importance of shape- and weight-related concerns. International Conference on Eating Disorders, Prague, Czech Republic, Proceedings, June 2017.
- 135. Lavender, J., Smith, K., Mason, T., Wonderlich, S., Crosby, R., Mitchell, J., Bardone, A., Joiner, T., Klein, M., **Le Grange, D.,** Crow, S., & Peterson, C. Unique Associations of Affect and Maladaptive Perfectionism with Eating Disorder Symptoms in Women with Bulimia. International Conference on Eating Disorders, Prague, Czech Republic, Proceedings, June 2017.

- 136. Hughes, E., Burton, C., **Le Grange, D.,** & Sawyer, S. Family participation in family-based treatment for adolescent anorexia nervosa: tautology or not? International Conference on Eating Disorders, Prague, Czech Republic, Proceedings, June 2017.
- 137. Lesser, J., Eckhardt, S., **Le Grange, D.,** & Ehrenreich-May, J. Integrating Family Based Treatment with the Unified Protocols for the Treatment of Emotional Disorders in Children and Adolescents: A Novel Treatment for Avoidant Restrictive Food Intake Disorder. International Conference on Eating Disorders, Prague, Czech Republic, Proceedings, June 2017.
- 138. **Le Grange, D.** This time it's "personal": Adapting Empirically Based Therapies for Adolescent Eating Disorders in the Era of Personalized Medicine. International Conference on Eating Disorders, Prague, Czech Republic, Proceedings, June 2017.
- 139. Hughes, E., Allen, E., Sawyer, S., McLean, L., & **Le Grange, D.** Parental Expressed Emotion during parent-focused treatment for adolescent anorexia nervosa. The 15<sup>th</sup> Annual Conference of the Australian and New Zealand Academy of Eating Disorders. Sydney, Australia, Proceedings, August 2017.
- 140. Kimber, M., Dimitropoulos, G., Loeb, K., Hughes, E., Garber, A., Elliott, A., Vyver, E., and **Le Grange, D.** Tackling Mixed Messages: Therapists Reflections, Challenges and Strategies for Working with Adolescents with Atypical Anorexia and their Families. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
- 141. Dimitropoulos, G., Kimber, M., Loeb, K., Hughes, E., Garber, A., Elliott, A., Vyver, E. and **Le Grange, D**. Stay the Course: Therapist Reflections on Implementing Family-Based Treatment with Adolescents with Atypical Anorexia. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
- 142. Hail, L., Loeb, K. L., McGrath, R. E., Murray, S. B., Hughes, E. K., Sawyer, S. M., & **Le Grange, D.** Adapting the Eating Disorder Examination for Parents as Symptom Informants: Psychometric Properties and Influence on Diagnosis. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
- 143. Egbert, A., Wilfley, D., Eddy, K., Boutelle, K., Zucker, N., Peterson, C., Celio Doyle, A., **Le Grange, D.,** & Goldschmidt, A. ADHD Symptoms among Youth with Loss of Control May not be the Only Answer. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
- 144. Wonderlich, J., Fischer, S., Wonderlich, S., Crosby, R., Engel, S., Peterson, C., Scott, C., & **Le Grange**, **D.** Negative Affect and Binge Eating: Assessing the unique trajectories of negative affect before and after binge episodes across diagnostic classifications. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
- 145. Garber, A., Buckelew, S., Kapphahn, C., Golden, N., Accurso, E., **Le Grange, D.**, Sally, A., Cheng, J., Machen, V., Moscicki, A-B., Kreiter, A., Sy, A., Leslie, W., & Krinkel, A. The Study of Refeeding to Optimize Inpatient Gains (StRONG) Protocol: A Multi-Center Randomized Controlled Trial of Refeeding in Anorexia Nervosa. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.

- 146. Keery, H. Eckhardt, S., Barnes, T., Lesser, J., Peterson, C., & **Le Grange, D.** Just how different are Avoidant Restrictive Food Intake Disorder Subtypes? International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
- 147. Byrne, C., Wonderlich, J., Curby, T., Fischer, S., Lock, J., & **Le Grange, D.** Using bivariate latent basis growth curve analysis to better understand treatment outcome in youth with anorexia nervosa. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
- 148. Hughes, E., Burton, C., **Le Grange, D.,** & Sawyer, S. The Importance of Fathers in Family-Based Treatment for Adolescent Eating Disorders. International Conference on Eating Disorders, Chicago, IL, Proceedings, April 2018.
- 149. Pogos, D., Pradel, M., Hughes, E., & **Le Grange, D.** Stepped care for adolescent anorexia nervosa: implementation and preliminary findings. Australia New Zealand Academy for Eating Disorders Annual Conference, Melbourne, Australia, Proceedings, August 2018.
- 150. Lebow, J., Gewirtz O'Brien, J., Mattke, A., Narr, C., Geske, J., Billings, M., Clark, M., Jacobson, R., Phelan, S., **Le Grange, D.,** & Sim, L. A pilot project: the preliminary efficacy of a primary care-based treatment for adolescent restrictive eating disorders. International Conference on Eating Disorders, New York, NY, Proceedings, March 2019.
- 151. Gorrell, S., Hail, L., Kinasz, K., Forsberg, S., Bruett, L., Delucchi, K., Lock, J., & **Le Grange, D.** A test of the DSM-5 severity specifier for bulimia nervosa in adolescents: can we anticipate clinical treatment outcomes? International Conference on Eating Disorders, New York, NY, Proceedings, March 2019.
- 152. Hail, L., Gorrell, S., Kinasz, K., Trainor, C., Hughes, E., Sawyer, S., **Le Grange, D.,** & Loeb, K. Fear of weight gain in restrictive eating disorders among adolescents: does current weight status matter? International Conference on Eating Disorders, New York, NY, Proceedings, March 2019.
- 153. Garber, A., Machen, V., Golden, N., Kreiter, A., Kapphahn, Sy, A., **Le Grange, D.,** Buckelew, S., Wilson, L., Cheng, J., Adams, S., Accurso, E., & Moscicki, A. Rate of weight loss predicts degree of bradycardia in patients with restrictive eating disorders. International Conference on Eating Disorders, New York, NY, Proceedings, March 2019.
- 155. Lacey, H., Hay, P., Touyz, S., & **Le Grange, D.** Severe and enduring anorexia nervosa: From adolescence to adulthood. London Eating Disorders Conference 2019, London, UK, Proceedings, March 2019.

# **FUNDING (Grants/Contracts)**

#### Completed

"Family therapy for adolescent bulimia nervosa: A controlled comparison"

NIMH (K23 MH01923). USD 730,000; 04/01/2001 - 03/31/2006.

Role: Principal Investigator.

"Family treatment for adolescent anorexia nervosa"

NIMH (R01 MH070620). USD 1,250,000; 03/01/2004 - 02/28/2009.

Role: Principal Investigator.

"Treatment of adolescent anorexia nervosa"

NIMH (R01 MH070620S – Diversity Supplement). Recipient Renee Hoste. USD 209,068; 06/05/2005 – 05/31/2008.

Role: Principal Investigator.

"Ecological Momentary Assessment of anorexia nervosa"

NIMH (R01 MH059674). USD 507,663; 01/01/2006 - 12/31/2010.

Role: Co-Investigator (Subcontract PI: S. Wonderlich).

"Does inpatient weight restoration prior to outpatient family therapy improve outcomes in adolescent anorexia nervosa?"

NHMRC (Project Grant 457235). AUD 528,000; 01/01/2007 - 12/31/2009.

Role: Co-Principal Investigator (Co-Pls: S. Touyz, J. Lock).

"A randomized controlled trial of non-specific clinical management versus CBT in chronic anorexia nervosa"

NHMRC (Project Grant 457419). AUD 505,563; 01/01/2007 - 12/31/2009.

Role: Co-Principal Investigator (Co-Pls: S. Touyz, H. Lacey).

"A family system approach to weight restoration in young adults with anorexia nervosa" University of Sydney, International Research Fellowship. AUD 20,500; 03/01/2008 - 05/31/2008. Role: Principal Investigator.

"Intake surveys of alli™ use among eating disorder patients" GlaxoSmithKline Consumer Healthcare. USD 5,016.00; 07/01/2008 – 06/30/2009. Role: Site PI (Subcontract PI J. Mitchell).

"Latinos, Culture, and Obesity"

NCI (R21-CA131433). USD 375,000; 07/01/2008 - 06/30/2010.

Role: Co-Investigator (PI: L. Sanchez-Johnsen).

"Parent-Based Treatment of Pediatric Overweight"

NICHD (R21-HD057394). USD 375,000; 07/01/2008 - 06/30/2011.

Role: Co-Investigator (Subcontract PI: K. Loeb).

"Family-based treatment for young adults with anorexia nervosa"

NIMH (R34 MH083914). USD 350,000; 07/01/2010-06/30/2012.

Role: MPIs: E. Chen and D. Le Grange.

"Cultural Factors Underlying Obesity in Latino Men"

NCI (R21CA143636-01). USD 250,000.00; 7/1/2010-6/31/2012.

Role: Co-Investigator (PI: Sánchez-Johnsen).

"Treatment of adolescent bulimics"

NIMH (R01 MH079979). USD1,500,000; 07/01/2008 – 10/31/2014.

Role: Principal Investigator.

"Treatment of adolescent bulimics"

NIMH (R01 MH079979 - Administrative Supplement). USD 208,662; 06/01/2009 - 02/28/2014.

Role: Principal Investigator.

"Regional postdoctoral training grant in eating disorders research"

NRSA T32 MH 082761. USD1,824,771; 07/01/2009 - 10/30/2015.

Role: Site Director (Program Director and PI: S. Crow).

"SSRIs and Self-harm in Borderline Personality Disorder"

NIMH (RO1 MH084904). USD 1,800,000.00; 08/25/2010 - 08/31/2014.

Role: Co-Investigator (PI: E. Coccaro).

"Child and adolescent eating disorders"

Baker Foundation, Melbourne, Victoria. AUD2,500,000; 06/01/2009 - 05/31/2015.

Role: S. Sawyer and D. Le Grange (MPI) (Subcontract: University of Melbourne).

"Adaptive Family Treatment for Adolescent Anorexia"

NIMH (R34-MH093768). USD 718,747.00; 09/01/2011 - 02/29/2016.

Role: Principal Investigator.

"Refining family-based treatment for adolescent anorexia nervosa"

Insight Behavioral Health. USD 191,000; 01/1/2013 - 12/31/2015.

Role: Principal Investigator.

"Novel Family Based Intervention for Transition Age Youth and their Families: A Two-Phase

Feasibility Study."

Ontario Mental Health Foundation. CAD 111,060; 04/01/2013-03/31/2015.

Role: Collaborator (PI: G. Dimitropoulos).

"Eating Disorders at University of California, San Francisco."

UCSF Presidential Chair Award 2013-2014. USD 150,000; 9/01/13-08/31/14.

Role: Principal Investigator.

"Family-Based Treatment Without Borders: Utilizing Telemedicine to Deliver Family-Based Therapy (FBT)".

National Eating Disorders Association. USD 200,000; 01/01/14-12/31/2015.

Role: Pls K. Anderson and D. Le Grange

"Optimizing Fidelity to Family-Based Treatment for Adolescent Anorexia Nervosa"

NIMH (R21/R33-MH096779-01) USD 1,429,760: 07/1/2012 - 05/31-2018.

Role: Subcontract PI (PI: J. Lock).

"Reconnecting for Recovery: A Relational/Motivational Multifamily Therapy Group for Young Adults with Anorexia Nervosa."

Hilda and Preston Davis Foundation, USD 70,000; 06/01/15-05/31/18.

Role: Consultant (PI: M. Tantillo).

### Current

"The effectiveness of CBT-E and FBT for adolescent anorexia nervosa".

Children's Hospital and Clinics of Minnesota, USD109,500; 11/01/2014-10/31/19.

Role: Research Consultant/MPI.

"Multi-center Randomized Controlled Trial of Refeeding in Anorexia Nervosa".

NICHD (R01HD082166) USD 1,500,000; 07/01/2015- 06/30/2020.

Role: Co-Investigator (PI: A. Garber).

"Stepped-Care for Adolescent Anorexia Nervosa".

Royal Children's Hospital, Melbourne, Australia, USD14,400; 07/01/2016-06/30/2019.

Role: Research Lead (MPI).

"Calgary Eating Disorder Program of Research".

Alberta Children's Hospital Foundation, Alberta, Canada, CAD200,000; 04/01/2017-03/31/2019.

Role: Co-Investigator (PI: G. Dimitropoulos).

"Confirming the Efficacy/Mechanism of an Adaptive Treatment for Adolescent Anorexia Nervosa".

NIMH (RO1 MH 110538), 05/01/2017 - 04/30/2022.

Role: Co-Investigator (Site PI) (PI: J. Lock).

"Alterations in fronto-striatal circuits underlying compulsivity associated with anorexia nervosa".

University of Calgary, Department of Pediatrics, 02/01/2018-01/31/2020.

Role: Co-Investigator, (PI: A. Elliot).

"Emotion coaching skills as an augmentation to family-based therapy for adolescents with anorexia nervosa: A pilot study".

NIMH (R34 MH 0528675), 05/01/2019 – 04/30/2022.

Role: Co-Investigator, (PI: C. Peterson).

"Treatment Outcomes in Eating Disorders Across Higher Levels of Care".

Eating Recovery Center, 04/01/2019 – 03/31/2022.

Role: Pl.

#### Mentored Projects

"Novel group parent training program for anorexia nervosa".

NIMH (K23). 03/01/2005 - 06/30/2010.

Role: Mentor, Principal Investigator: N. Zucker (Duke University).

"Early identification and treatment for anorexia nervosa".

NIMH (K23). 09/01/2005 - 08/31/2010.

Role: Mentor, Principal Investigator: K. Loeb (Mount Sinai School of Medicine).

"Cognitive Behavioral Therapy for Intermittent Explosive Disorder".

NIMH (K23). 08/01/2006 - 07/31/2009.

Role: Mentor, Principal Investigator: M. McCloskey (The University of Chicago).

"Neurocognitive understanding of loss of control eating in overweight adolescents".

CSTA/NIH (K12). 06/01/2013 - 05/31/2015.

Role: Primary Mentor, Principal Investigator: A. Goldschmidt (The University of Chicago).

"Neurocognitive understanding of loss of control eating in overweight adolescents".

NIH (K23). 06/01/2015 – 05/31/2019.

Role: Consultant, Principal Investigator: A. Goldschmidt (The University of Chicago).

"Personalizing a Transdiagnostic Approach to Young Adult Mental Health Assessment via Technology".

UCSF Digital Health Research, 01/01/2016 – 12/31/2016.

Role: Primary Mentor, Principal Investigator: S. Darrow (University of California, San Francisco).

"Fear Conditioning and Fear Extinction in Anorexia Nervosa".

NIMH (K23), 10/01/2017 – 09/30/2022.

Role: Primary Mentor, Principal Investigator: S. Murray (University of California, San Francisco).

"The Integration of Exposure Sessions into Family-Based Treatment for Anorexia Nervosa". NIMH (F31), 07/01/2018 – 06/30/2020.

Role: Mentor, Principal Investigator: C. Byrne (George Mason University, Fairfax, VA).

#### Pending

"Atypical and Typical Anorexia Nervosa: What is the Role of Dietary Intake and Appetite Regulating Hormones in the Development, Remission and Relapse?"

NUTRICA Research Foundation, 08/01/2018 - 08/01/2020.

Role: External Collaborator, (PI: P. Pedram).

"Compulsivity in Adolescents with Anorexia Nervosa: Defining a Potential Marker of Severity and Treatment Response".

University of Calgary Maternal Newborn Child & Youth Strategic Clinical Network™ 2018 Seed Grant, 03/01/2018 - 02/28/2020.

Role: Co-Investigator, (PI: P. Arnold).

"Anorexia Nervosa in adolescents: A multi-modal imaging study of epigenetic mechanisms". Canadian Institutes of Health Research, 10/01/2019-09/30/2024.

Role: Co-Investigator, (PI: L. Booij, P. Arnold, G. Dimitropoulos)

# **HONORS AND AWARDS**

1978-1980 1980	Anglo American Academic Merit Award, South Africa. Free Press Award, Best Student in Sociology, Johannesburg University, South
1000	Africa.
1981	BA (Hons) Cum Laude, Honors Grant, Human Sciences Research Council, South Africa.
1982-1983	MA Cum Laude, Masters Grant, Human Sciences Research Council, South Africa.
1983	Doctoral Grant, Human Sciences Research Council, South Africa.
1986-1989	Overseas Research Student Award, Committee of Vice–Chancellors and Principals of the Universities of the United Kingdom (UK).
1987	Tregaskis Bequest Award, University of London, UK.
1988	Top rated abstracts, Academy for Eating Disorders, New York, NY.
1993	Bremner Bequest Award, University of Cape Town, South Africa.
2002	Elected Fellow of the Academy for Eating Disorders.
2005-2006	Chair's Award for Most Outstanding Teaching, The University of Chicago, Department of Psychiatry.
2006-2007	Chair's Award for Outstanding Scholarship, The University of Chicago, Department of Psychiatry.
2007-2008	Chair's Award for Outstanding Scholarship, The University of Chicago, Department of Psychiatry.
2008-2009	Chair's Award for Outstanding Scholarship, The University of Chicago, Department of Psychiatry.
2010-2011	Chair's Award for Outstanding Scholarship, The University of Chicago, Department of Psychiatry.
2011-2012	Chair's Award for Outstanding Scholarship, The University of Chicago, Department of Psychiatry.
2013-2014	Presidential Chair, University of California, San Francisco, CA.
2014	American Academy of Child & Adolescent Psychiatry, Outstanding Mentor Award (Kathryn Kinasz).
2014	Academy for Eating Disorders Leadership in Research Award.
2017	Eating Disorder Recovery Support Hall of Fame Research Award.
2018	Journal of Eating Disorders Best Research Paper – senior author of PMID:30358513

# **INVITED PLENARIES, LECTURES OR WORKSHOPS**

- 1989 Assessing change in anorexic families. Department of Child Psychiatry, Warneford Hospital, University of Oxford. Oxford, England. Invited Lecture, September.
- 1990 Eating disorders: An update. Department of Psychiatry, University of the Witwatersrand Medical School. Johannesburg, South Africa. Invited Lecture, March.

The in-patient management of severe anorexia nervosa. Department of Pediatrics, University of the Witwatersrand Medical School. Johannesburg, South Africa. Invited Lecture, April.

1992 Eating Disorders and its treatment. Department of Psychology, University of Natal. Durban, South Africa. Invited Lecture, February.

Family therapy for anorexia and bulimia nervosa. Department of Exercise Physiology, University of Cape Town Medical School. Cape Town, South Africa. Invited Lecture, February.

Family Therapy Trials at the Maudsley Hospital, 1986-1991. Natal Psychiatric Association. Durban, South Africa. Invited Lecture, May.

The management of Eating Disorders. Department of Clinical Psychology, University of Natal. Pietermaritzburg, South Africa. Invited Workshop, July.

Eating disorders and The Maudsley Family Therapy Trials. Department of Child Psychiatry, University of Stellenbosch Medical School. Stellenbosch, South Africa. Invited Lecture, October.

1993 Family therapy with adolescent anorexia nervosa. Department of Child Psychiatry, University of Cape Town Medical School. Cape Town, South Africa. Invited Lecture, March.

The etiology of eating disorders; Typical behaviors of patients with eating disorders; and Dealing with the difficult patient. Eli Lilly (SA) Eating Disorders Forum. Johannesburg, South Africa. Invited Presentations, May.

The etiology and treatment of eating disorders. Department of Clinical Psychology, University of the Western Cape. Cape Town, South Africa. Invited seminar, June.

Cognitive-Behavioral treatment for bulimia nervosa. Department of Psychiatry, University of Stellenbosch Medical School. Stellenbosch, South Africa. Invited Lecture, July.

The treatment of eating disorders. Huntersgraig Hospital. Port Elizabeth, South Africa. Invited seminar, August.

Controlled treatment trials in eating disorders. Department of Psychiatry, University of Cape Town Medical School. Cape Town, South Africa. Invited lecture, August.

Family treatments in adolescent anorexia nervosa. 9th National Congress of Child & Adolescent Psychiatry and Allied Professions. Cape Town, South Africa, September.

Cognitive Behavior Therapy for bulimia nervosa. Child and Family Unit, Lentegeur Hospital. Cape Town, South Africa, South Africa. Invited lecture, October.

1994 Redefining the psychosomatic family: A study of 26 eating disorder families. Department of Psychiatry, The Toronto Hospital, Toronto, Canada. Invited lecture, January.

Cognitive Behavior Therapy: Principles and value in the treatment of eating disorders. Second Eli Lilly Forum on Eating Disorders. Johannesburg, South Africa. Invited lecture, July.

- 1995 Eating and general psychopathology in Caucasian and minority subjects. Eating Disorders Action Group, Western Cape, Cape Town, South Africa. Invited lecture, December.
- 1998 Controlled treatment studies in eating disorders. A view of the past 10 years.

  Department of Psychiatry, School of Medicine, SUNY at Stony Brook, NY. Grand Rounds, February.

The culture specificity of eating disorders. 10<sup>th</sup> Biennial Congress of the Society of Psychiatrist, Johannesburg, South Africa. Invited Lecture, September.

1999 Anorexia nervosa: An update on treatment. Department of Psychiatry, La Grange Hospital, Chicago, IL. Grand Rounds, January.

Manualized family therapy for adolescents with anorexia nervosa. Department of Psychiatry, University of British Columbia, Vancouver, Canada. Workshop, July.

Eating disorder pathology in South African Caucasian and non-Caucasian students. 11<sup>th</sup> World Congress of Psychiatry, Hamburg, Germany. Paper, August.

Is there a gold-standard treatment for adolescents with anorexia nervosa? Department of Pediatrics, The University of Chicago Hospitals, Chicago, IL. Grand Rounds, August.

Controlled treatment trials for adolescent anorexia nervosa. Department of Psychology, University of Illinois at Chicago, Chicago, IL. Seminar, December.

2001 Controlled treatment studies for adolescent eating disorders. Department of Psychiatry, The University of Chicago, Chicago, IL. Grand Rounds, February.

Manualized family therapy for adolescents with anorexia nervosa. Castlewood Treatment Center for Eating Disorders, St Louis, MO. Workshop with James Lock, MD, February.

How helpful are parents in the treatment of adolescent eating disorders? Food: Friend and Foe, ANAD Conference on Eating Disorders. La Grange, IL. Paper, March.

Manualized family therapy for adolescents with anorexia nervosa. Mary Bridge Children's Hospital and Health Center, Tacoma, WA. Workshop with James Lock, MD, March.

Manualized family therapy for adolescents with anorexia nervosa. Kaiser Permanente Group, Stanford, CA. Workshop with James Lock, MD, April.

Family therapy for eating disorders. Eating Disorders Conference and Meeting of the Iowa Psychiatric Society, Iowa City, IA. Paper, June.

Family therapy for eating disorders. Eating Disorders Program, Department of Psychiatry, Columbia University, New York, NY. Seminar, August.

Family therapy for adolescent eating disorders: An update. Department of Pediatrics, The University of Chicago, Chicago, IL. Grand Rounds, September.

Treatment of adolescent bulimia nervosa. Eating Disorders Program, Department of Psychiatry, Northwestern University, Chicago. Seminar, October.

Manualized family therapy for adolescents with anorexia nervosa. Eastern Ontario Children's Hospital, Ottawa, Canada. Workshop with James Lock, MD, October.

Manualized family therapy for adolescents with anorexia nervosa. Academy for Eating Disorders Regional Training Workshops, Atlanta and Chicago. Workshop, October.

Family treatment for eating disorders. Department of Neuroscience, University of North Dakota, Fargo, ND. Grand Rounds, April 2002.

Manualized family therapy for adolescents with anorexia nervosa. Neuropsychiatric Research Institute, Fargo, ND. Workshop with James Lock, MD, April.

Family-based treatment for adolescent eating disorders. Department of Psychology, RUSH St. Luke's Presbyterian Medical Center, Chicago, IL. Colloquium, May.

Manualized family therapy for adolescents with anorexia nervosa. Department of Psychiatry, Halifax, Nova Scotia. Workshop with James Lock, June.

Evidence-based treatments for adolescent eating disorders. Department of Psychiatry, Douglas Hospital/McGill University, Montreal, Quebec. Grand Rounds, June.

Manualized family therapy for adolescents with anorexia nervosa. The Emily Program, Minneapolis, Minnesota. Workshop with James Lock, MD, September.

Recruitment and retention challenges in treatment trials. Research priorities for anorexia nervosa: A two-day workshop. NIMH, Rockville, Maryland. Invited Paper, September.

Family-based treatment for adolescent eating disorders. Invited Paper. Highland Park Hospital Eating Disorders Program, Highland Park, IL. Invited Lecture, December.

2003 Manualized family therapy for adolescents with anorexia nervosa. Department of Psychiatry, Westmead Children's Hospital, Sydney, Australia. Workshop with James Lock, MD, February 2003

Anorexia nervosa: A therapeutic approach directed at the family. International Symposium on Advances in the Pathophysiology and Treatment of Obesity, Bulimia and Anorexia Nervosa. Madrid, Spain. Invited Paper, May.

A controlled trial of family-based treatment for adolescent bulimia nervosa: An update. Department of Psychiatry, The University of Chicago Hospitals, Chicago, IL. Grand Rounds, May.

Evidence-based treatments for adolescent eating disorders. Department of Psychiatry, Northwestern University, Evanston Hospital, Evanston, IL. Grand Rounds, May.

Manualized family therapy for adolescents with anorexia nervosa. Eating Disorders Program, Duke University, Durham, NC. Workshop with James Lock, MD, June.

Family-based treatment for adolescent anorexia nervosa: The Maudsley approach. National Eating Disorders Association Annual Meeting, St Charles, IL. Paper, October.

Family-based treatment for adolescent bulimia nervosa: A controlled comparison. The University of Iowa, Iowa City, IA. Research Seminar, November.

Parental involvement in anorexia nervosa post hospitalization: Help or hindrance? The University of Iowa, Iowa City, IA. Grand Rounds, November.

Family-based treatment for adolescent eating disorders. Eating Disorders Program, Edward Hospital, Naperville, IL. Invited Lecture, February.

Manualized family-based treatment for adolescent anorexia nervosa: A case series. Department of Psychiatry, Royal Prince Alfred Hospital, University of Sydney, Australia. Invited Lecture, March.

Family-based treatment for adolescent bulimia nervosa: A controlled comparison. Academy for Eating Disorders Annual Meeting. Orlando, FL. Invited Plenary Presentation, May.

Manualized family therapy for adolescents with anorexia nervosa. Department of Psychiatry, St. John's, Newfoundland, Canada. Workshop with James Lock, MD, May.

Manualized family therapy for adolescents with eating disorders. Unity Health Care, University of Rochester, Rochester, NY. One-day seminar, June.

Manualized family therapy for adolescents with anorexia nervosa. Department of Psychology, Boston University, Boston, MA. workshop with James Lock, MD, July.

Family-based treatment for adolescent eating disorders. Department of Psychiatry, Northwestern University, Chicago, IL. The Warren Wright Lecture, December.

The paucity of randomized controlled treatment trials in adolescent eating disorders. Department of Psychiatry, The University of Chicago, Chicago, IL. Grand Rounds, January.

Family-based treatment for adolescent eating disorders. Department of Psychiatry, Children's Memorial Hospital, Chicago, IL. Seminar, February.

Parents of eating disorder adolescents: Help or hindrance? Sydney, Australia. The Second Peter Beumont Memorial Lecture, March.

Eating Disorders in Adolescents: Psychopathology, Behaviors and Treatment. South Suburban Hospital, Hazel Crest, IL. Lecture, April.

The progress of ethnic minority adolescents in family-based treatment. 11<sup>th</sup> International Conference on Eating Disorders. Montreal, Canada. Paper, April.

Helping families help their adolescent with anorexia nervosa: A clinician's perspective. Department of Psychiatry, Advocate Lutheran General Hospital, Park Ridge, IL. Grand Rounds, May.

Evidenced-based treatment for adolescent eating disorders: The role of the family. University of Iowa Family Conference. Cedar Rapids, IA. Lecture, May.

Eating disorders and the University of Chicago Program. Department of Pediatrics, The University of Chicago, Chicago, IL. Grand Rounds, June.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Suburban Center for Eating Disorders, Bethesda, MD. Workshop with James Lock, MD, July.

Family approaches to eating disorders. Second Hispano Latin American Conference on Eating Disorders. Monterrey, Mexico. Invited Plenary Presentation, October.

Evidenced-based treatment for adolescent eating disorders: The role of the family. University of Barcelona, Barcelona, Spain. Invited Plenary Lecture, November.

2006 Evidenced-based treatment for adolescent eating disorders: The role of the family. Timberline Knolls Eating Disorders Program, La Mont, IL. Lecture, January.

The Maudsley approach to outpatient treatment for adolescent eating disorders Park House Infant, Child and Adolescent Mental Health Service, Liverpool, Sydney, Australia. Seminar, March.

Family-based treatment for adolescent anorexia nervosa: A manualized approach Princeton Medical Center, Princeton, NJ. Workshop with James Lock, MD, April.

Family-based treatment and individual therapy for adolescents with bulimia: A controlled comparison. Department of Psychiatry, University of Minnesota, MN. Grand Rounds, May.

Family-based treatment for adolescent anorexia nervosa: A manualized approach Eating Disorders Institute, Methodist Hospital, St Louis Park, MN. Workshop with James Lock, MD, May.

Family-based treatment and individual therapy for adolescents with bulimia: A controlled comparison. Department of Psychiatry and Psychology, Mayo Clinic, Rochester, MN. Grand Rounds, June.

The case for early intervention in eating disorders: Are adolescents really easier to treat than adults? Eating Disorders Research Society Annual Meeting, Port Douglas, Queensland, Australia. Plenary Address, August.

Family-based treatment and individual therapy for adolescents with bulimia: A controlled comparison. Department of Psychiatry, University of Melbourne, Melbourne, Australia. Colloquium, September.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Center for Effective Interventions, Denver, CO. Workshop with James Lock, MD, Nov.

2007 Advances in family-based treatment for anorexia and bulimia nervosa. Northern California Kaiser Permanente, Berkeley, CA. Workshop, Jan.

Advances in family-based treatment for adolescent eating disorders. The Victoria Centre of Excellence in Eating Disorders, The Royal Melbourne Hospital, Melbourne, Australia. Seminar, March.

Recent developments in the treatment of adolescents with eating disorders. Royal Prince Alfred Hospital, University of Sydney, Sydney, Australia. Seminar, March.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Eating Disorders Program, Rogers Memorial Hospital, Oconomawoc, WI. Workshop with James Lock, MD, April.

Family-based treatment for adolescent bulimia nervosa. Swedish Anorexia and Bulimia Society, Stockholm, Sweden. Invited Plenary, May.

Family-based treatment for adolescent eating disorder. Eating Disorders Program, North York General Hospital, Toronto, Canada. Seminar, June.

Family-based treatment for adolescent eating disorders. Center for Excellence for Eating Disorders, Melbourne, Australia. Seminar, July.

The Maudsley Method (clinical practicum on eating disorders). American Academy of Child and Adolescent Psychiatry, Boston, MA. Symposium, October.

A controlled comparison of family-based treatment and supportive psychotherapy for adolescent bulimia nervosa. Eating Disorder Research Society Annual Meeting, Pittsburgh, PA. Plenary Address, October.

Family-based treatment for adolescent eating disorders. South West Healthcare Child & Adolescent Mental Health Service, Warrnambool, Australia. Workshop, November.

Case discussion of family-based treatment for adolescent eating disorders. Center for Excellence for Eating Disorders, Melbourne, Australia. Workshop, November 2007.

Treatment model for adolescents with eating disorders. Eating Disorders Forum, Department of Health Services, Melbourne, Australia. Lecture November.

2008 Family-based treatment and supportive psychotherapy for adolescent bulimia nervosa: A controlled comparison. Department of Psychiatry, Mt Sinai School of Medicine, New York, NY. Grand Rounds, February.

Family-based treatment for adolescent anorexia nervosa. Center for Excellence for Eating Disorders, Melbourne, Australia. Workshop, April.

The Maudsley approach to treating eating disorders. Sydney Children's Hospital, University of New South Wales, Department of Pediatrics, Sydney, Australia. One-day seminar, May.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Eating Disorders Unit, British Columbia Children's Hospital, Vanvouver, Canada, Workshop with James Lock, MD, June.

Family-based treatment for adolescent bulimia nervosa. Cleveland Center for Eating Disorders, Cleveland, OH. One-day seminar, July.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Sydney Children's Hospital, University of New South Wales, Department of Pediatrics, Sydney, Australia. Workshop, September.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Eating Disorders Unit, Mainely Girls, Portland, Maine. Workshop with James Lock, MD, September.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Baystate Health Eating Disorders Program, Western MA. Workshop with James Lock, MD, October.

Research in Australia: Where do we fit in the world picture? Butterfly Foundation: Facilitating Research into Eating Disorders, Sydney, Australia. Plenary Address, November.

Clinical Case Forum with Center for Excellence in Eating Disorders (CEED). Videoconference with CEED, Melbourne, Australia. December.

2009 Family-based treatment for adolescent anorexia nervosa: A manualized approach. Institute for Child and Adolescent Eating Disorders. Palo Alto, CA. Workshop with James Lock, MD, February.

Why parents are not to blame for anorexia nervosa. The 75<sup>th</sup> William Beattie Smith Lecture. Dean's Lecture Series. University of Melbourne, Melbourne, Australia. March.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Institute of Advanced Studies. University of Western Australia, Perth, Australia. March.

Application of latent profile analysis for the empirical identification of eating disorder Phenotypes in a clinical sample of adolescents. Eating disorders: Diagnosis and Classification Meeting, Washington DC. March.

Family-based treatment for adolescent anorexia nervosa: A manualized approach. Center for Excellence in Eating Disorders, Victoria. Melbourne, Australia. April.

Another look at family-based treatment for adolescent eating disorders. South West Healthcare Child & Adolescent Mental Health Service, Warrnambool, Australia. April.

Family-based treatment for adolescent eating disorders. International Conference on Eating Disorders. Cancun, Mexico. April (meeting cancelled due to H1N1).

Evidence for treating adolescent eating disorders. American Psychological Association Annual Convention. Toronto, Canada. August.

Individual and family therapy for adolescent anorexia nervosa: A controlled comparison. Annual meeting of the Eating Disorders Research Society. Brooklyn, NY. September.

Family-based treatment for anorexia and bulimia nervosa: The Maudsley Approach. National Capitol Area Half-day Conference on Family-Based Treatment. Bethesda, MD. October.

Family-based treatments for adolescent eating disorders: Recent Advances. Eating Disorders Awareness Coalition of Waterloo Region, Kitchener, Canada. October.

A multisite comparison of FBT and AFT for adolescent anorexia nervosa. American Academy for Child and Adolescent Psychiatry Annual Meeting, Honolulu, Hawaii. October.

Evidence-Based Psychosocial Treatments for Child and Adolescent Eating Disorders. American Academy for Child and Adolescent Psychiatry Annual Meeting, Honolulu, Hawaii. October.

Outpatient Treatments for Children and Adolescent Eating Disorders. American Academy for Child and Adolescent Psychiatry Annual Meeting, Honolulu, Hawaii. October.

2010 A multisite comparison of FBT and AFT for adolescent anorexia nervosa. Department of Psychiatry, Feinberg School of Medicine, Northwestern University, Chicago, IL, Grand Rounds, January.

A multisite comparison of FBT and AFT for adolescent anorexia nervosa. SickKids Psychiatry Rounds, University of Toronto, Toronto, Canada, Grand Rounds, February.

Family-based treatment for adolescent eating disorders. Eating Disorders Program, SickKids, University of Toronto, Toronto, Canada, Workshop, February.

Randomized controlled trials for adolescents with eating disorders. Department of Pediatrics, The University of Chicago, Chicago, IL, Grand Rounds (with Catherine Glunz, MD), March.

Family-based treatment for eating disorders: The Maudsley Approach. Working together for recovery: Families and professionals as partners in eating disorders treatment. Chicago, IL, One-day conference at the Quadrangle Club, April.

A multicenter comparison of adolescent focused therapy and family-based treatment for adolescent anorexia nervosa: Implications for families. Eating Disorders: Meeting the challenge. Sydney, Australia, Plenary Address, May.

A multicenter comparison of adolescent focused therapy and family-based treatment for adolescent anorexia nervosa. Department of Pediatrics, University of Melbourne, Melbourne, Australia, Grand Rounds, August.

Outcomes and implementation of family-based treatment for adolescent anorexia and bulimia nervosa. Eating disorders: New Insight. One-day conference at Sheppard Pratt Hospital, Baltimore, MD, Plenary Address, September.

Why are families necessary for fighting eating disorders? Harper Lecture Series, The University of Chicago Alumni Association, Greenwich, CT, Lecture, September.

Family-based treatment for adolescent eating disorders. Department of Psychiatry, University of the Witwatersrand, Johannesburg, South Africa, Two-Day Seminar, November.

Treatment studies of bulimia nervosa in children and adolescents. Developing Evidence-Based Services for Child and Adolescent Eating Disorders. Two-Day Conference, Institute of Psychiatry, King's College, The University of London, London, Plenary Address, December.

Manualized family-based treatment for adolescent bulimia nervosa. Developing Evidence-Based Services for Child and Adolescent Eating Disorders. Two-Day Conference, Institute of Psychiatry, King's College, The University of London, London, Workshop, December.

2011 Family-based treatment for adolescent eating disorders: The Maudsley Approach. From Research To Recovery, One-day MaudsleyParents.org Conference, La Jolla, California, Plenary Address, January.

Family-based treatment: New applications, Clinical Questions and Controversies. From Research To Recovery, One-day MaudsleyParents.org Conference, La Jolla, California, Seminar with Renee Hoste, PhD., January.

Family-based treatment for adolescent eating disorders: The Maudsley Approach. Department of Pediatrics Northshore Long Island Jewish Hospital, Manhasset, NY, Grand Rounds, February.

Family-based treatment for adolescent eating disorders: The Maudsley Approach. Department of Psychiatry, University of Illinois at Chicago, Chicago, IL, Grand Rounds, March.

Family-based treatment for adolescent anorexia nervosa. Department of Pediatrics, Children's Hospital, Vancouver, BC, Canada. Two-day workshop, March.

Family-based treatment – what dietitians can do to support the model. The Dietitians Association of Australia. Eating Disorders Update for Adolescents and Adults. Melbourne, Australia, Plenary Address, April.

Family-Based Treatment for Adolescent Eating Disorders: "Real World" Practice Implementation, Beyond the Randomized Controlled Trial. 2011 International Conference on Eating Disorders. Miami, FL, Workshop with K. Loeb, J. Jones, N. Zucker, April.

Family-Based Treatment for Adolescent Eating Disorders: From the Maudsley to Chicago. Uniformed Services University of the Health Sciences, Department of Medical Psychology, Bethesda, MD, Seminar, May.

Application of Latent Profile Analysis for the Empirical Identification of Eating Disorder Phenotypes in a Clinical Sample of Adolescents. Eating Disorders Research Society Annual Meeting, Edinburgh, Scotland, Symposium, September.

Evidenced-Based Treatment for Adolescent Anorexia and Bulimia Nervosa. American Psychological Society Division 53, Florida International University, Miami, FL, Plenary, October.

Family-Based Treatment for Adolescent Eating Disorders: From the Maudsley to Chicago. University of Pennsylvania, Department of Psychiatry, Philadelphia, PA, Lecture, November.

Family-Based Treatment for Adolescent Eating Disorders: The Maudsley Approach. The 21<sup>st</sup> Annual Renfrew Foundation Eating Disorders Conference for Eating Disorders, Philadelphia, PA, Workshop with Harriet Brown, November.

2012 Adolescent Eating Disorders: Working with Families. Annual MaudsleyParents One-Day Conference, Pearl River, NY, *Invited Presentation*, February.

Family-Based Treatment for Adolescent Anorexia Nervosa. Westmead Children's Hospital, Sydney, Australia, *Invited Master Workshop*, March.

Advances in Treatment of Adolescent Anorexia Nervosa. Department of Psychiatry, Dartmouth-Hitchcock Medical Center, Lebanon, NH. *Grand Rounds*, April.

An introduction to family-based treatment for adolescent eating disorders. Clinical Teaching Day, The International Conference on Eating Disorders, Austin, TX, *Workshop* with Jim Lock, MD, PhD, May.

Family-based treatment of pediatric overweight and obesity: An innovative application of the "Maudsley Method". The International Conference on Eating Disorders, Austin, TX, *Workshop* with Katharine Loeb, PhD, Angela Celio-Doyle, PhD, Kristen Anderson, MA, and Tom Hildebrandt, PsyD, May.

Family-based treatment for adolescent anorexia nervosa. APA 53 Workshop at Florida International University, Miami, FL. *Workshop* with James Lock, MD, PhD, May.

The Prevalence and Treatment of Eating Disorders in Adolescence: Public Health Impact. Clinical and Public Health Research Seminar, University of Melbourne, Australia, *Lecture*, May.

Experimental methods: Psychotherapy & Behavior Intervention Trials. 9<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Bocca Di Magra, Italy, *Lecture*, June.

Syndromal Studies: Eating Disorders. 9<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Bocca Di Magra, Italy, *Lecture*, June.

A multi-center comparison of CBT and SSCM for chronic anorexia nervosa. Eating Disorders Research Society, Porto, Portugal, *Plenary* with Stephen Touyz, PhD, September.

Helping families cope with family-based treatment. One-Day Maudsley Parents Meeting, Waltham, MA, *Plenary*, September.

The prevalence and treatment of child and adolescent eating disorders: Pediatricians as our first line defense. Department of Pediatrics, Feinberg School of Medicine, Northwestern University, Chicago, IL, *Grand Rounds*, January.

New Developments in Family-Based Treatment for Adolescent Eating Disorders. Two-Day Conference on Learning and Applying New Skills to Treat the Most Difficult Eating Disorders, San Diego, CA. *Plenary*, February.

The prevalence and treatment of child and adolescent eating disorders. Department of Psychiatry, University of Illinois at Chicago, Chicago, IL. *Lecture*, March.

The Prevalence and Treatment of Adolescent Eating Disorders. Eating Disorders Symposium Series, Purdue University, West Lafayette, IN, *Plenary*, April.

Engaging Resistant Families. Chicago Symposium for Treatment of Ivy Plus College Students with Eating Disorders, Chicago, IL. *Plenary*, April.

Helping Parents Help Their Kids: Understanding Family-based Treatment. Madison Conference on Adolescent Eating Disorders, Madison, Wisconsin, WI. *Plenary*, April.

Family-Based Treatment for Adolescent Anorexia Nervosa: Two-Day Training. University Medical Center at Princeton, Princeton, NJ. *Workshop* with Jim Lock, MD, April.

New Evidence and Approaches in the Psychological Treatment of Severe and Enduring Anorexia Nervosa. International Conference on Eating Disorders, Montreal, Canada. *Workshop* with Stephen Touyz, PhD, Hubert Lacey, MD, and Phillipa Hay, MD, May.

Evidence-based Interventions for Eating Disorders. 2013 Spring Pediatric Update Promoting healthy weight in children and adolescents: Addressing the spectrum from obesity to eating disorders. Minneapolis, MN, Plenary, April.

Advanced Training Workshop for Family-Based Treatment. ANZED *Workshop* for At Home with Eating Disorders, Brisbane, Australia, May.

Helping Parents Help Their Kids: Understanding Family-Based Treatment. At Home with Eating Disorders, Brisbane, Australia, *Key Note Address*, May.

From the Laboratory to the Bedside: Insights from Empirical Science, New Randomized Controlled Trials and Health Services Research. Royal Australian and New Zealand College of Psychiatrists Annual Meeting, Sydney, Australia. *Symposium* with Phillipa Hay, Stephen Touyz, and Sarah Maguire, May.

Experimental methods: Psychotherapy & Behavior Intervention Trials. 10<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Bocca Di Magra, Italy, *Lecture*, June.

Syndromal Studies: Eating Disorders. 10<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Bocca Di Magra, Italy, *Lecture*, June.

To eat or not to Eat? With or without parents? Centre Hospitalier Universitaire Vaudois, Unité Multidisciplinaire De Santé des Adolescents, Lausanne, Switzerland, *Lecture*, July.

Family-based treatment for adolescent eating disorders. Department of Social Work, Queensland University of Technology, Brisbane, Australia, *Two-Day Workshop*, August.

An RCT of Parent-Focused and Family-Based Treatment for Adolescent Anorexia Nervosa. Eating Disorders Research Society Annual Meeting, Bethesda, MD. *Symposium*, September.

To eat or not to Eat - With or without parents? Division of Adolescent and Young Adult Medicine, Department of Pediatrics, University of California, San Francisco, San Francisco, *Lecture*, September.

Family-based treatment for adolescent anorexia nervosa. The Emily Program, Minneapolis, Minnesota, *One-Day Workshop*, October.

Family-based treatment for adolescent eating disorders: Overvalued or undervalued? Department of Psychiatry, University of California, San Francisco, San Francisco, Grand Rounds - Distinguished Visiting Lecturer Series, November.

Family-based treatment for adolescent eating disorders: Progress over the past 20 years. Department of Psychiatry, University of Toronto, Toronto, Canada, *Grand Rounds*, November.

2014 Evidence-based treatment for adolescent eating disorders. Department of Psychiatry, Rush University, Chicago, IL. *Colloquium*, February.

Eating Disorders in children and adolescents. Conversation of Children's Health, University of California, San Francisco, San Francisco, CA. *Lecture*, February.

Family-based treatment for adolescent eating disorders. Deutsche Gesellschaft fur Essstorungen, Leipzig, Germany. *Plenary Lecture*, March.

Family-based treatment for adolescent anorexia nervosa. International Conference on Eating Disorders, New York, New York, Workshop with James Lock, MD, March.

A Comprehensive and Measured Critique and Discussion of Maudsley and Family Based Therapy: The Civilizing Influence of Rigorous and Impartial Debate. International Conference on Eating Disorders, New York, New York, Workshop with Michael Strober, PhD, March.

Therapies for Patients with Eating Disorders and Substance Use Disorders. International Conference on Eating Disorders, New York, New York, Workshop with Amy Baker Dennis, PhD, Therese Killeen, PhD, Lucene Wisniewski, PhD, Kristin von Ranson, PhD, and Timothy Brewerton, MD, March.

Challenges for Clinicians Providing Evidence-Based Treatment for Adolescents and Children with Eating Disorders. International Conference on Eating Disorders, New York, New York, Presented by the Child & Adolescent, Family Based Treatment and Nutrition SIGs, with Rebecka Peebles, MD, Scott E. Moseman, MD, Kortney M. Parman, RD, RN, March.

Atypical Anorexia, Anorexia: Where Do We Draw the Line? Diagnostic, Clinical and Research Implications. International Conference on Eating Disorders, New York, New York, Presented by the Medical Care and Assessment & Diagnosis SIGs, with Carol B. Peterson, PhD, Joanna Marino, PhD, Richard E. Kreipe, MD, and Rebecka Peebles, MD, March.

Challenges in implementing family-based treatment. Illinois IAEDP Chapter, Schaumburg, IL. *Plenary Lecture*, March.

The prevalence and treatment of adolescent eating disorders: Pediatricians as first line of defense. Department of Pediatrics, University of California, San Francisco, San Francisco, CA. *Grand Rounds*, April.

Clinical Research: The prevalence and treatment of adolescent eating disorders. 11<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Camposampiero, Venice, Italy, *Lecture*, May.

Syndromal Studies: Eating Disorders. 11<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Camposampiero, Venice, Italy, *Workshop*, May.

Current best practice in the treatment of adolescents with eating disorders. First UCSF Eating Disorders Summit. University of California, San Francisco, San Francisco, CA. *Plenary Lecture*, June.

Adolescent eating disorders: Recent advances in treatments. 47<sup>th</sup> Annual Advances & Controversies in Clinical Pediatrics. University of California, San Francisco, San Francisco, CA. *Invited Lecture*, June.

Adolescent eating disorders: Recent treatment developments. Convegno Internazionale: Il ruolo della famiglia nel trattamento dei disturbi alimentary Misano Atriatico, Italy. *Workshop and Plenary Lecture*, June.

2015 Evidence-based approach to hospital and outpatient management of eating disorders.

Department of Pediatrics, Division of Adolescent Medicine, KK Hospital for Women and Children, Singapore, *Lecture*, January.

Implementation of different care models and Challenges of FBT for Eating Disorders in a Tertiary Setting. Department of Pediatrics, Division of Adolescent Medicine, KK Hospital for Women and Children, Singapore, *Lecture*, January.

Evidence-based approach to hospital and outpatient management of eating disorders. Institute of Mental Health, Singapore, *Lecture*, January.

Challenges in family-based treatment for adolescents with eating disorders. Eating Disorders Program, Singapore General Hospital, Singapore, *Lecture*, January.

Treatment Advances in Adolescent Eating Disorders: An Update for Adolescent Medicine and Psychiatry. Department of Pediatrics Grand Rounds, University of Michigan, Ann Arbor, MI. Second David Rosen Lectureship Presentation, March.

Eating Disorders in Adolescence: An Update. Eating Disorders Program, Children's Hospitals and Clinics of Minnesota, Minneapolis, MN. *Lecture*, March.

Treatment Advances in Adolescent Eating Disorders: An Update for Adolescent Medicine and Psychiatry. Department of Pediatrics Grand Rounds, San Francisco General Hospital, San Francisco, CA. *Grand Rounds*, March.

Eating Disorders. American Academy for Child and Adolescent Psychiatry Annual Review, San Francisco, CA. *Lecture*, March.

Family-Based Therapy for the Treatment of Anorexia Nervosa. 2015 Eating Disorders Conference Meeting the Challenge Across the Lifespan, Johns Hopkins University, Baltimore, MD. *Plenary Lecture*, May.

Parent Training: An Introduction to Family Based Treatment of Eating Disorders. 2015 Eating Disorders Conference Meeting the Challenge Across the Lifespan, Johns Hopkins University, Baltimore, MD. *Workshop*, May.

Treatment effectiveness and optimal treatment targets for individuals with severe and enduring anorexia nervosa (SE-AN). Eating Disorders Research Society, Catania, Italy. *Symposium* (Lead by Touyz et al), September.

Evidence-Based Treatments for Adolescent Eating Disorders. Department of Psychiatry, University of Stellenbosch, Tygerberg, South Africa. *Invited Lecture*, September.

The Elusive Etiology of Anorexia Nervosa: Finding Answers in an Integrative Biopsychosocial Approach. Biological Psychiatry Congress, Somerset West, South Africa. *Plenary Lecture*, September.

What is Support? Guidance and best practices for supporting a loved one struggling with an eating disorder. National Association for Eating Disorders Annual Conference, San Diego, CA. *Invited Panel Presentation*, October.

Family-Based Treatment Across Boarders: Developing a Telemedicine Approach for FBT. National Association for Eating Disorders Annual Conference, San Diego, CA. *Invited Plenary Presentation*, October.

Family-based treatment for adolescent anorexia nervosa. Developmental Psychopathology Class – John Weisz, PhD, Department of Psychology, Harvard, Cambridge, MA. *Invited commentary*, October.

Family-Based Treatment for Adolescent Anorexia Nervosa. Sala Teatro Santo Spirito, Rome, Italy. *Invited Workshop*, November.

Adolescents and Eating Disorders - An Overview. Youth Health Conference 2015, Melbourne, Australia. *Invited Workshop*, With Martin Pradel, Michele Yo, and Andrew Court, November.

2016 Treatment of adolescent bulimia nervosa vs. anorexia nervosa: Which is ahead? Department of Psychiatry, Division of Child and Adolescent Psychiatry, University of California, San Francisco, San Francisco, CA. *Grand Rounds*, February.

Family Therapy for Adolescent Anorexia Nervosa: Past, Present and Future. International Conference on Eating Disorders, San Francisco, CA. *SIG Panel Presentation with Ivan Eisler*, May.

Closing the Eating Disorder Treatment Gap with Technology and Innovations. International Conference on Eating Disorders, San Francisco, CA. *SIG Panel Presentation with Kristen Anderson*, May.

Clinical Trails and Level of Evidence. 12<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Fondazione Child, Bertinoro, Italy, *Lecture*, June.

Family-based treatment for adolescent eating disorders. Department of Health, Contra Costa County, Hercules, CA, *Two-Day Workshop*, September.

What have we learned in the 30 years since the first randomized clinical trial in adolescent eating disorders? Eating Disorders Program, University Medical Center of Princeton, Princeton, NJ, *Invited Plenary Lecture*, October.

What to do when FBT does not work? Webinar for the Australia New Zealand Academy for Eating Disorders, *Invited Lecture*, October.

Family therapy for adolescents with eating disorders: A Master Class. Eating Disorders Program, University of California, San Diego, San Diego, CA, *Two-day Master Class with Ivan Eisler*, PhD, October.

Family-based treatment for adolescent eating disorders. Calgary Eating Disorders Program, Alberta Health Services, Calgary, AB, Canada, *Two-day workshop with Gina Dimitropoulos, PhD.* October.

Do the Past Trials and Tribulations in the Treatment of Adolescents with Eating Disorders tell us where to go from here? Department of Psychiatry, University of Calgary, Calgary, AB, Canada. *Grand Rounds*, October.

The fundamentals of family-based treatment. Two-day workshop for ARFID. Eating Disorders program, Children's Hospital and Clinics of Minnesota, Minneapolis, MN, *Invited Lecture*, November.

Past Trials and Tribulations in the Treatment of Adolescents with Eating Disorders: Where do we go from here? The Department of Psychiatry, Massachusetts General Hospital, Boston, MA. *The 6<sup>th</sup> Annual Jack Green, MD, Endowed Grand Rounds Lecture*, November.

The Elusive Etiology of Anorexia Nervosa: Finding Answers in an Integrative Biopsychosocial Approach. World Psychiatric Association, Cape Town, South Africa. *Symposium Speaker*, November.

2017 Understanding Levels of Evidence: Their Role in Clinical Research Design. 13<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Fondazione Child, Bertinoro, Italy, *Lecture*, March.

Past Trials and Tribulations in the Treatment of Adolescents with Eating Disorders: Where do we go from here? Department of Psychiatry, Loyolla University Medical Center, Chicago, IL. *Grand Rounds*, April.

This Time it's "Personal": Adapting Empirically Based Therapies in the Era of Personalized Medicine. International Conference on Eating Disorders, Prague, Czech Republic, *Invited Plenary Presentation*, June.

Family-Based Treatment: From the Ivory Tower to the Real World, at All Levels of Care. International Conference on Eating Disorders, Prague, Czech Republic, *Workshop with Ellen Fletcher, PhD, and Erin Accurso, PhD*, June.

Weight, Health, and the Growing Brain: Contemporary Considerations in Treatment Goal Weight Determination for Children and Adolescents with Restrictive Eating Disorders. International Conference on Eating Disorders, Prague, Czech Republic, Workshop with Debra Katzman, MD, Rebecka, Peebles, MD, and Andrea Garber, PhD, June.

Treatment of Eating Disorders and Evidence Behind it. Treating Eating Disorders One Meal at a Time: Family-Based Treatment for Youth and Adolescents. Baystate Department of Pediatrics, Baystate Department of Child Behavioral Health and Baystate Continuing Interprofessional Education, Hadley, MA, *Workshop*, September.

Family-based treatment for adolescent anorexia nervosa: A Master Class. Baystate Department of Pediatrics, Baystate Department of Child Behavioral Health and Baystate Continuing Interprofessional Education, Hadley, MA, *Workshop*, September.

This Time it's "Personal": Adapting Empirically Based Therapies in the Era of Personalized Medicine. Department of Adolescent Medicine, University of Melbourne, Melbourne, Australia, *Invited Lecture*, September.

Family-based treatment for adolescent anorexia nervosa. Center for Diabetes and Weight Management, Lifespan, Brown University, Providence, RI, *Workshop*, October.

2018 Family-Based Treatment for Adolescent Anorexia Nervosa: Two-Day Training. Rintveld Eating Disorders Program, Utrecht-Zeist, The Netherlands, *Workshop*, March.

Adults Only: Parent-Focused Treatment for Restrictive Eating Disorders in Youth. International Conference on Eating Disorders, Chicago, IL, *Workshop with Katharine L. Loeb, PhD, and Martin Pradel, MA, April.* 

Early Career SIG Panel. International Conference on Eating Disorders, Chicago, IL, Special Interest Group, Early Career, Panelist, April.

Family-Based Treatment: From the Ivory Tower to the Real World. 2018 Eating Recovery Conference, Denver, CO, *Invited Plenary with Ellen Astrachan-Fletcher*, PhD., October.

E-mental health and why it is needed. Current research trials and the Eating Disorders Program in Leiden. InsideOut Institute Inaugural Lecture by Eric van Furth, PhD, Sydney, Australia, *Invited Panel Member*, October.

Family-Based Treatment for Adolescent Eating Disorders: Where are we now? Educational Seminar, Royal Children's Hospital, Melbourne, Australia. *Invited Lecture*, October.

2019 Family-Based Treatment Without Borders: Utilizing Telemedicine to Deliver FBT. National Eating Disorders Association, New York, NY. *Invited Talk*, March.

The Therapeutic Use of Humor and Irreverence in Treatment for AN: Levity in the Context of a Deadly Serious Disorder. International Conference on Eating Disorders Teaching Day, New York, NY. Workshop conducted with Nancy Zucker, PhD, Katharine Loeb, PhD, Kathryn Huryk, MA, Martin Pradel, MA, & Gina Dimitropoulos, PhD, March.

Parent-Focused Treatment for Adolescent Anorexia Nervosa. International Conference on Eating Disorders Teaching Day, New York, NY. *Invited Workshop presented by Sasha Gorrell, PhD.*, March.

Severe and enduring anorexia nervosa: From adolescence to adulthood. London Eating Disorders Conference 2019, London, UK. *Invited Workshop with Hubert Lacey, MD, Phillippa Hay, MD, & Stephen Touyz, PhD.* March.

Family-Based Treatment for Adolescent Eating Disorders, Charité – Universitätsmedizin, Berlin, Germany. *Invited Talk*, March.

Family-based treatment for adolescent eating disorders. Turin, Italy. *Invited Two-day Workshop*, March.

Understanding Levels of Evidence: Their Role in Clinical Research Design. 15<sup>th</sup> International Training Seminar in Child & Adolescent Psychiatry, Fondazione Child, Rome, Italy, *Lecture*, May.

# INVITED, ELECTED, OR APPOINTED EXTRAMURAL SERVICE

1993 Co-guest Editor: South African Journal of Continuing Medical Education (Special edition on Eating Disorders) International Journal of Eating Disorders (Editorial Board) 2006 – present 2007 - 2017European Eating Disorders Review (Editorial Board) 2010 - 2017BMC Psychiatry (Associate Editor) 2012 - present BMC Journal of Eating Disorders (Associate Editor) F.E.A.S.T. "Family Guide to Choosing Treatment for Eating Disorders". 2013 Family Guide to the Diagnosis of Eating Disorders", and "Family Guide to Eating Disorders and Nutrition" (Co-Editor) Journal of Eating Disorders Special edition on inpatient nutritional 2016 rehabilitation in adolescent anorexia nervosa (Guest Editor) 2017 - present Eating Behaviours (Editoral Board) 2018 - present European Eating Disorders Review (Associate Editor) 2019 - present The Italian Journal of Eating Disorders and Obesity (Editorial Board)

Ad Hoc Reviewer:

American Journal of Psychiatry; Australian Clinical Psychologist; Annals of Behavioral Medicine; Appetite; JAMA Psychiatry; Behavior Therapy; Biological Psychiatry; Clinical Psychology Review; Cochrane Database of Systematic Reviews; Comprehensive Psychiatry; Culture, Medicine and Psychiatry; Early Intervention in Psychiatry; Eating and Weight Disorders; International Journal of Adolescent Medicine and Health; Health Psychology; Journal of Adolescent Health; Journal of Behavioral Medicine; Psychology and Health; Journal of Behavioral Medicine; Journal of Clinical Psychology; Journal of Clinical Child and Adolescent Psychology; Journal of the American Medical Association; Journal of the American College of Nutrition; Journal of Applied Social Psychology; Journal of Psychosomatic Research; Journal of the American Academy of Child and Adolescent Psychiatry; Pediatrics; Psychological Medicine; South African Journal of Psychology; Transcultural Psychiatry.

#### MEMBERSHIP OF PROFESSIONAL & SCIENTIFIC SOCIETIES

1993-1994 Chairperson, National Eating Disorders Coordinating Committee, South Africa
 1996-present Academy for Eating Disorders (Elected Fellow 2002)
 1996-present Eating Disorders Research Society
 2007-2012 Member, Clinical and Scientific Advisory Council, National Eating Disorders Association
 2017-present Member, Clinical and Scientific Advisory Council, National Eating Disorders Association

#### **EDUCATION**

# **Undergraduate:**

University of Cape Town, Department of Psychology 1992-1994

- Psychological Assessment
- Ethics

#### Graduate:

University of London, Institute of Psychiatry 1990-1991

- Clinical teaching seminar coordinator

University of Cape Town, Department of Psychology 1992-1994

- Director for Psychotherapy Course (also part of the Psychology

Course for the Masters of Medicine in Psychiatry)

State University of New York at Stony Brook, Department of Psychiatry 1996-1998

- Coordinator of educational activities for Advanced Behavioral Medicine Research Institute

The University of Chicago, Department of Psychiatry 1998-2014

- Co-director of the Behavioral Medicine Seminar Series (1998-2000)
- Clinical and research supervision of Pre-doctoral Psychology Interns, Postdoctoral Fellows, and Child and Adolescent Psychiatry Fellows (1998-2014)
- Research Seminar for Psychiatry Residents (2009-2014)
- Professional Development Seminar for Pre-Doctoral Psychology Interns (2009-2014)

University of California, San Francisco, Department of Psychiatry 2016-present

- Mentor for Clinical Psychology Training Program
- Mentor for Clifford Attkisson Clinical Services Research Training Program

#### **PAST OR PRESENT TRAINEES**

Name Present or last Position

**Undergraduate Thesis Committee** 

Lisa Brownstone AB Student, The University of Chicago, IL

**Masters Thesis Examiner** 

Kate Godfrey University of Sydney, Sydney, Australia

# **Doctoral Students Dissertation Committee/Examiner**

Amy Gorin, PhD State University of New York, Stony Brook, NY

Peter Doyle, PhD Northwestern University, Chicago, IL Stephanie Klenotich, PhD Chair, The University of Chicago, IL

Sara La Casse, PhD Fordham University, NY

Lisa Hail, MA Fairleigh Dickinson University, NJ

Athanasia Antonakas, MSocSci University of KwaZulu-Natal, South Africa

Lauren Todd, MS Fairleigh Dickinson University, NJ

# Predoctoral Interns/Child Psychiatry Fellows/Adolescent Medicine Fellows

Trisha Meyers, MA Shannon Tassava, MA Kristy Vickers-Douglas, MA Lisa Johnsen, MA Jill Ehrenreich, MA Andrea Chronis, MA Khytam Dawood, MA Shannon Zaitsoff, MA Kamryn Eddy, MA Svlvia Herbozo, MA Kathryn Gordon, MA Daniel Munoz, PhD Sarah Fischer, PhD Angela Smvth. MD Chris Thurstone, MD

Jeremy VanDerWeele, MD

Julie Pan, MD Sarah Maguire, MA Peter Doyle, MA

David Hirsch, MD

Simone West, MD

Christopher Womack, MD

Jane Gaffrey, DO Kelly Berg, MA Kristen Culbert, MA Alissa Haedt-Matt, MA

Anna Ciao, MS

Vincente Conzaga, MD Ellen Fitzsimmons-Craft, MS

Andrea Kass, MS Megen Vo, MD Paul Elizondo, DO Lisa Hail, MA Kathryn Huryk, MA

**Postdoctoral Trainees** 

Maureen Dymek, PhD Roslyn Binford, PhD Marla Engelberg, PhD Daniel Munoz, PhD Sarah Fischer, PhD Renee Hoste, PhD

Angela Celio Doyle, PhD

Kathryn Smith, PhD

Lisa Hail, MA

Assistant Professor, University of North Dakota, ND

Mental Health Coordinator, Edina, MN

Assistant Professor, Mayo Clinic, Rochester, MN Associate Professor, University of Illinois, Chicago Associate Professor, University of Miami, FL Associate Professor, University of Maryland, MD

Assistant Professor, Pennsylvania State University, PA Assistant Professor, Simon Fraser University, Vancouver

Assistant Professor, Harvard University, MA Assistant Professor, Loma Linda University, CA Assistant Professor, University of North Dakota, ND Assistant Professor, University of Indianapolis, IN Assistant Professor, George Mason University, DC Clinical Associate, The University of Chicago Assistant Professor, University of Colorado, CO

Private Practice, Chicago

Staff Psychiatrist, Timberline Knowles, La Mont, IL Associate Professor, Vanderbilt University, TN

Staff Psychiatrist, UCLA Student Psychological Services

Service Development, NSW, Sydney, Australia Postdoctoral Fellow, The University of Chicago, IL Staff Psychiatrist, Lakeshore Hospital, Chicago, IL

Private Practice, VT

Assistant Professor, University of Minnesota, MN

Assistant Professor, University of Nevada, Las Vegas, NV Assistant Professor, Illinois Institute of Technology, IL Assistant Professor, Western Washington University, WA Staff Psychiatrist, Memorial Hospital of South Bend, IN Postdoctoral Fellow, Washington University, MO

Posdoctoral Fellow, The University of Chicago. IL Assistant Professor, Stanford University, CA Child & Adolescent Psychiatry Fellow, UCSF, CA

Assistant Professor, Department of Psychiatry, UCSF, CA

Department of Psychiatry, UCSF, CA

Associate Professor, University of North Carolina, NC Humboldt Fellow, University of Heidelberg, Germany Staff Psychologist, York Hospital, York, Canada Assistant Professor, University of Indianapolis, IN Assistant Professor, George Mason University, DC Associate Professor, Medical University of South Carolina,

Charleston, SC

Co-Director, Evidence Based Treatment Centers of

Seattle (EBTCS), WA

Postdoctoral Fellow, Neuropsychiatric Research Institute,

Fargo, ND

Clinical Assistant Professor, Department of Psychiatry,

UCSF, San Francisco, CA

NRSA	T32	Postdoctoral	Fellows
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Co-Director, Evidence Based Treatment Centers of Peter Doyle, PhD

Seattle (EBTCS), WA

Andrea Goldschmidt, PhD Associate Professor, Brown University, Providence, RI Kristen Culbert, PhD

Assistant Professor, University of Nevada, Las Vegas, NV

University, Lansing, MI

Erin Accurso, PhD Assistant Professor, University of California, San

Francisco, CA

Assistant Professor, Western Washington University, Anna Ciao, PhD

Bellingham, WA

Postdoctoral Fellow, Department of Psychiatry, UCSF, San Sasha Gorrell, PhD

Francisco, CA

# **UCSF Faculty Career/Research Mentor**

Somer Bishop, PhD Associate Professor, University of California, San

Francisco, CA

Assistant Professor, University of California, San Stuart Murray, PhD

Francisco, CA

Sabrina Darrow, PhD Assistant Professor, University of California, San

Francisco, CA

Assistant Professor, University of California, San Erin Accurso, PhD

Francisco, CA

#### UNIVERSITY AND OTHER SERVICE

# **Departmental/University**

University of Cape Town, Department of Psychology	1992-1994
- Departmental representative at Faculty of Science meetings	

- Administered departmental library

The University of Chicago. Biological Science Division

- Committee on Appointments and Promotions	2009-2011
- Judge, 64th Annual Senior Scientific Session	05/2010
- Judge, 65th Annual Senior Scientific Session	03/2011
- Judge, 66th Annual Senior Scientific Session	03/2012

The University of Chicago, Department of Psychiatry

- Grand Rounds Committee Member	2002-2014
- Mentorship Committee	2004-2014
- Committee on Appointments and Promotions	2005-2014
- Eating Disorders Task Force	2007-2008

University of California, San Francisco, Department of Psychiatry

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- Search Committe	e Member,	Chair of Child	dand Adolescent	Psychiatry	/ 2015

- Search Committee Member (Standing Committee), CAP Faculty	2015-present
- CAP Education Task Force Member	2016-present

#### Other Services

# **Grant Reviewer Activities**

#### NIMH Study Section

Child Intervention Research, October 2004.

Child Intervention Research, February 2005.

Adult Psychopathology and Disorders of Aging, October 2008.

Special Emphasis Panel, October 2008.

Special Emphasis Panel, July 2013.

Special Emphasis Panel, February 2015.

Special Emphasis Panel, February 2016.

### Swedish Research Council, Sweden

Grants for International Recruitment of Leading Researchers, March 2014.

# Fonds National de la Recherche, Luxembourg

Grant review of the CORE 2014, June 2015.

### Brain Canada Foundation, Canada

RBC Youth and Mental Health Review, July 2015.

# National Eating Disorders Association

Feeding Hope Fund Review, October 2015.

Feeding Hope Fund Review, October 2016.

Feeding Hope Fund Review, October 2017.

Feeding Hope Fund Review, October 2018.

# The Guy's & St Thomas' Charity, UK

Grant Review, June 2016.

### The HCF Research Foundation, Australia

Grant Review, August 2017.

### National Institute for Health Research, UK

Health Technology Assessment (HTA), Grant Review, February 2018.

### King's Health Partners Challenge Fund

Grant Review, June 2018.

Grant Review, November 2018.

### Book Proposal Review

Tyler & Francis, June 2017.

Oxford University Press, July 2017.

Oxford University Press, February 2019.

# Academy for Eating Disorders (AED)

Book Reviews, AED Newsletter	2000–2002
Special Interest Groups Committee Member	2002–2003
Membership Council Chair	2003-2006
Member, Scientific Program Committee	2000–2002

Co-Chair Elect, Scientific Program Committee Co-Chair, Scientific Program Committee Member, Scientific Program Committee Member, Fellows Committee Mentorship Program, ICED Austin, TX Mentorship Program, ICED Montreal, Canada Member, Nonprofit and University Residential	2002–2004 2004–2006 2006–2008 2008-2011 2012 2013
Treatment Centers Committee	2018-
National Eating Disorders Association  Member, Clinical and Scientific Advisory Council	2007-2012 2017-present
Family Empowered and Supporting Treatment of Eating Disorders Member, Professional Advisory Panel	2008-present
Center for Excellence in Eating Disorders, Victoria, Australia Consultant	2008-2010
f1000medicine.com Faculty Contributor	2008-2013
Training Institute for Child and Adolescent Eating Disorders, LLC  www.train2treat4ed.com  Co-Founder and Co-Director	2009-present
Maudsley Parents  www.maudsleyparents.org Clinical Advisor	2009-2015
Advance Medical, Inc. Expert Medical Opinion	2012-2013
Commonwealth Department of Health, Australia Consultant to Expert Advisory Group	2016
Optum Eating Disorders Expert Panel Expert Panel Member	2018
Patient-Centered Outcomes Research Institute (PCORI)  Comparative Effectiveness of Outpatient Treatments for Adolescents and Young Adults with Eating Disorders Consultation	2018